Registered number: SC831771

MUSCLE HUT GLASGOW LTD
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2025

SLM Accountants & Tax Advisors

Muscle Hut Glasgow Ltd
Contents

	Page
Balance Sheet	1
Notes to the Financial Statements	2—3

Muscle Hut Glasgow Ltd
Balance Sheet
As At 31 December 2025

Registered number: SC831771

	Notes	2025 £	2025 £
FIXED ASSETS			
Tangible Assets	**4**		83,022
			83,022
CURRENT ASSETS			
Debtors	**5**	39,462	
		39,462	
Creditors: Amounts Falling Due Within One Year	**6**	(94,441)	
NET CURRENT ASSETS (LIABILITIES)			(54,979)
TOTAL ASSETS LESS CURRENT LIABILITIES			28,043
NET ASSETS			28,043
CAPITAL AND RESERVES			
Called up share capital	**7**		3
Profit and Loss Account			28,040
SHAREHOLDERS' FUNDS			28,043

For the year ending 31 December 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The company has taken advantage of section 444(1) of the Companies Act 2006 and opted not to deliver to the registrar a copy of the company's Profit and Loss Account.

On behalf of the board

Mr Jamie George

Director
11/09/2026

The notes on pages 2 to 3 form part of these financial statements.

1. General Information

Muscle Hut Glasgow Ltd is a private company, limited by shares, incorporated in England & Wales, registered number SC831771 . The registered office is 70 Hillington Road South, Glasgow, G52 2AA.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared under the historical cost convention and in accordance with Financial Reporting Standard 102 section 1A Small Entities "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

2.2. Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

Sale of goods

Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods has transferred to the buyer. This is usually at the point that the customer has signed for the delivery of the goods.

Rendering of services

Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs. Turnover is only recognised to the extent of recoverable expenses when the outcome of a contract cannot be estimated reliably.

2.3. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Plant & Machinery	20% SLM
Motor Vehicles	20% SLM

3. Average Number of Employees

Average number of employees, including directors, during the year was: 2

4. Tangible Assets

	Plant & Machinery	Motor Vehicles	Total
	£	£	£
Cost			
As at 1 January 2025	89,624	15,628	105,252
As at 31 December 2025	89,624	15,628	105,252
Depreciation			
As at 1 January 2025	18,820	3,410	22,230
As at 31 December 2025	18,820	3,410	22,230
Net Book Value			
As at 31 December 2025	70,804	12,218	83,022
As at 1 January 2025	70,804	12,218	83,022

5. **Debtors**

	2025
	£
Due within one year	
Other debtors	39,462

6. **Creditors: Amounts Falling Due Within One Year**

	2025
	£
Trade creditors	79,973
Bank loans and overdrafts	14,468
	94,441

7. **Share Capital**

	2025
	£
Allotted, Called up and fully paid	3

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.