REGISTERED NUMBER: SC587313 (Scotland)

Unaudited Financial Statements

for the Period

31 January 2018 to 31 January 2019

for

COACHING 4 CONFIDENCE LTD

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for the Period 31 January 2018 to 31 January 2019

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COACHING 4 CONFIDENCE LTD

Company Information
for the Period 31 January 2018 to 31 January 2019

DIRECTOR:	Mrs J W Kerr
REGISTERED OFFICE:	Suite 411 Baltic Chambers 50 Wellington Street Glasgow Strathclyde G2 6HJ
REGISTERED NUMBER:	SC587313 (Scotland)
ACCOUNTANTS:	SD Business Management Suite 411 Baltic Chambers 50 Wellington Street Glasgow Strathclyde G2 6HJ

Abridged Balance Sheet
31 January 2019

	£
CURRENT ASSETS	
Stocks	**527**
Cash at bank and in hand	**484**
	1,011
CREDITORS	
Amounts falling due within one year	**674**
NET CURRENT ASSETS	**337**
TOTAL ASSETS LESS CURRENT LIABILITIES	**337**
CAPITAL AND RESERVES	
Called up share capital	**100**
Retained earnings	**237**
	337

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31 January 2019.

The members have not required the company to obtain an audit of its financial statements for the period ended 31 January 2019 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared and delivered in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

All the members have consented to the preparation of an abridged Balance Sheet for the period ended 31 January 2019 in accordance with Section 444(2A) of the Companies Act 2006.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the director on 22 April 2019 and were signed by:

Mrs J W Kerr - Director

Notes to the Financial Statements
for the Period 31 January 2018 to 31 January 2019

1. STATUTORY INFORMATION

Coaching 4 Confidence Ltd is a private company, limited by shares , registered in Scotland. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements
These financial statements have been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

In accordance with her responsibility as director, the director have considered the appropriateness of the going concern basis for the preparation of the financial statements.

The company relies on support from Mrs Kerr who owns 100% of the company's shares. The director will continue to support the company for the foreseeable future.

Turnover
Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Stocks
Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation
Taxation for the period comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the period end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

3. EMPLOYEES AND DIRECTORS

The average number of employees during the period was 1 .

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.