

**ALL IN FITNESS LTD
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 MAY 2023**

ALL IN FITNESS LTD
ANNUAL REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 MAY 2023

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ALL IN FITNESS LTD
COMPANY INFORMATION
FOR THE YEAR ENDED 31 MAY 2023

Director	M Murray
Company Number	SC565621 (Scotland)
Registered Office	3 Cawder Way Cumbernauld North Lanarkshire G68 0BQ
Accountants	Ambient Accounting Ltd Suite 6 Ellesmere House 1 Pennington Street Worsley Manchester M28 3LR

ALL IN FITNESS LTD
STATEMENT OF FINANCIAL POSITION
AS AT 31 MAY 2023

	2023	2022
	£	£
Fixed assets	106	529
Current assets	4,620	4,552
Creditors: amounts falling due within one year	(1,181)	(1,795)
Net current assets	3,439	2,757
Total assets less current liabilities	3,545	3,286
Creditors: amounts falling due after more than one year	(2,484)	(2,566)
Accruals and deferred income	(575)	(575)
Net assets	486	145
Capital and reserves	486	145

NOTES TO THE ACCOUNTS

1 Statutory information

All In Fitness Ltd is a private company, limited by shares, registered in Scotland, registration number SC565621. The registered office is 3 Cawder Way, Cumbernauld, North Lanarkshire, G68 0BQ.

2 Average number of employees

During the year the average number of employees was 1 (2022: 1).

For the year ending 31 May 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the board on 26 January 2024

M Murray
Director

Company Registration No. SC565621

