

**All In Fitness Ltd FILLETED
ACCOUNTS COVER**

All In Fitness Ltd

Company No. SC565621

Unaudited Accounts

31 May 2019

All In Fitness Ltd DIRECTORS

REPORT REGISTRAR

The Director presents his report and accounts for the year ended 31 May 2019.

Principal activities

The principal activity of the company during the year under review was the provision of group and one to one fitness instruction.

Director

The Director who served during the year was as follows:

M. Murray

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006.

Signed on behalf of the board

.....
M. Murray

Director

25 February 2020

All In Fitness Ltd BALANCE SHEET
REGISTRAR
at 31 May 2019
Company No. SC565621

	2019	2018
	£	£
Fixed assets	722	1,103
Current assets	366	555
Net current assets	<u>366</u>	<u>555</u>
Total assets less current liabilities	<u>1,088</u>	<u>1,658</u>
Accruals and deferred income	<u>(540)</u>	<u>(580)</u>
	<u>548</u>	<u>1,078</u>
Capital and reserves	<u>548</u>	<u>1,078</u>

NOTES TO THE ACCOUNTS

1 Basis of preparation

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105 The Financial Reporting Standard applicable to the Micro-entities Regime (March 2018). The March 2018 edition of the FRS 105 includes amendments arising from the Financial Reporting Council's triennial review of the standard. There is no material effect on the amounts recognised in these accounts as a result of early adopting these amendments.

2 General information

Its registered number is: SC565621

Its registered office is:

3 Cawder Way

Cumbernauld

North Lanarkshire

G68 0BQ

For the year ended 31 May 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The functional and presentational currency of the company is Sterling. The accounts are rounded to the nearest pound.

These annual accounts have been delivered to the Registrar in accordance with the special provisions applicable to the companies subject to the small companies regime.

Approved by the board on 25 February 2020

And signed on its behalf by:

M. Murray

Director

25 February 2020

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.