

REGISTERED NUMBER: SC561721 (Scotland)

UNAUDITED FINANCIAL STATEMENTS
FOR THE PERIOD
28 MARCH 2017 TO 31 MARCH 2018
FOR
CALEDONIA HEALTH & FITNESS(SCOTLAND) LTD

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for the Period 28 March 2017 to 31 March 2018

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CALEDONIA HEALTH & FITNESS(SCOTLAND) LTD

COMPANY INFORMATION

for the Period 28 March 2017 to 31 March 2018

DIRECTOR: C Owens

REGISTERED OFFICE: Barry Business Centre
Main Street
Barry
Angus
DD7 7RP

REGISTERED NUMBER: SC561721 (Scotland)

ACCOUNTANTS: James Fraser & Co.
Barry Business Centre
Main Street
Barry
Angus
DD7 7RP

ABRIDGED BALANCE SHEET
31 March 2018

	Notes	£	£
FIXED ASSETS			
Tangible assets	4		43,745
CURRENT ASSETS			
Debtors		5,423	
Cash at bank		<u>2,150</u>	
		7,573	
CREDITORS			
Amounts falling due within one year		<u>50,244</u>	
NET CURRENT LIABILITIES			<u>(42,671)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>1,074</u>
CAPITAL AND RESERVES			
Called up share capital			100
Retained earnings			<u>974</u>
			<u>1,074</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31 March 2018.

The members have not required the company to obtain an audit of its financial statements for the period ended 31 March 2018 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The financial statements have been prepared and delivered in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

All the members have consented to the preparation of an abridged Balance Sheet for the period ended 31 March 2018 in accordance with Section 444(2A) of the Companies Act 2006.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the director on 6 December 2018 and were signed by:

C Owens - Director

NOTES TO THE FINANCIAL STATEMENTS
for the Period 28 March 2017 to 31 March 2018

1. STATUTORY INFORMATION

Caledonia Health & Fitness(Scotland) Ltd is a private company, limited by shares , registered in Scotland. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 33% on cost, 20% on cost and 10% on cost

Taxation

Taxation for the period comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease.

3. EMPLOYEES AND DIRECTORS

The average number of employees during the period was 4 .

4. TANGIBLE FIXED ASSETS

	Totals £
COST	
Additions	45,527
At 31 March 2018	<u>45,527</u>
DEPRECIATION	
Charge for period	1,782
At 31 March 2018	<u>1,782</u>
NET BOOK VALUE	
At 31 March 2018	<u>43,745</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.