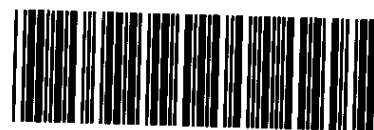


DEMENTIA FRIENDLY EAST LoTHIAN CIC
COMPANY REGISTRATION NO: SC543607
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31 MARCH 2018

THURSDAY



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DEMENTIA FRIENDLY EAST LoTHIAN CIC

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DEMENTIA FRIENDLY EAST LoTHIAN CIC

COMPANY INFORMATION

Directors	Dr. S Northrop Mr. A Northrop (resigned 24 May 2018) Miss. E Gale Mr. E Stark
Registered Number	SC543607
Registered Office	29 Williamstone Court North Berwick East Lothian EH39 4RQ
Accountant	EA Independent Ltd 1 Rosebery Place Dunbar East Lothian EH42 1AQ

DEMENTIA FRIENDLY EAST LoTHIAN CIC

DIRECTORS' REPORT

The directors present their report and the financial statements for the period ending 31 March 2018.

Status

The company was incorporated on 24th August 2016 and is a Community Interest Company (CIC) limited by guarantee without share capital. The CIC filed its first accounts for the period ended 31st August 2017, but subsequently changed year-end to 31st March to be in line with major funders for the projects it aims to deliver. These accounts are for the 7-month period ended 31st March 2018.

Principal activities

As a CIC, the main purpose is to provide services and activities to benefit people living with dementia, their friends and families. Funding has been received for several projects since the incorporation of the CIC and service delivery is underway. Focus on funding, promotion and development of the CIC remains important in these early stages. A full review of the activities for the period ended 31st March 2018 is set out in the Community Interest Company Report accompanying these financial statements.

Directors

The directors who served during the period were:

Dr. S Northrop
Mr. A Northrop (resigned 24 May 18)
Miss. E Gale
Mr. E Stark

Directors' responsibilities statement

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with applicable law (UK Generally Accepted Accounting Practice). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of the profit and loss of the Company for that period.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the Company's financial statements and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statement on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

DEMENTIA FRIENDLY EAST LoTHIAN CIC

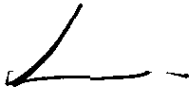
DIRECTORS' REPORT

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the Company's transactions and disclose with reasonable accuracy at any time the financial position of the Company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Micro-Entity Provisions

This report has been prepared in accordance with the micro-entity provisions for small companies.

This report was approved by the board on 1 August 2018 and signed on its behalf by:



Dr S Northrop
Director

DEMENTIA FRIENDLY EAST LoTHIAN CIC

**INCOME STATEMENT
FOR THE PERIOD ENDED 31 MARCH 2018**

	2018 (7 months) £	2017 (12 months) £
Turnover	17,998	29,012
Other income	334	6,001
Cost of raw materials and consumables	(1,598)	(2,847)
Staff costs	(5,809)	(18,142)
Depreciation and other amounts written off assets	(688)	(393)
Other charges	(9,556)	(15,128)
Taxation	-	-
Surplus/(deficit) for the period	<u>682</u>	<u>(1,497)</u>

DEMENTIA FRIENDLY EAST LoTHIAN CIC

**BALANCE SHEET
AS AT 31 MARCH 2018**

	As at 31 March 2018		At 31 August 2017	
	£	£	£	£
Fixed Assets		2,492		3,180
Current Assets	5,538		19,263	
Creditors				
Amounts falling due within one year	(8,847)		(23,940)	
Net current assets/(liabilities)		<u>(3,307)</u>		<u>(4,677)</u>
Total assets less current liabilities		<u>(815)</u>		<u>(1,497)</u>
Opening reserves		(1,497)		-
Result for the year		682		(1,497)
Closing reserves		<u>(815)</u>		<u>(1,497)</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31 March 2018.

The members have not required the company to obtain an audit of its financial statements for the period ended 31 March 2018 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the micro-entity provisions for small companies.

The financial statements were approved by the Board of Directors on 1 August 2018 and were signed on its behalf by:



Dr. S Northrop – Director

DEMENTIA FRIENDLY EAST LoTHIAN CIC

ACCOUNTANT'S REPORT

Report of the Accountants to the Directors on the unaudited financial statements of Dementia Friendly East Lothian CIC

Period ending 31 March 2018

As set out in the Directors' responsibilities statement, you are responsible for the preparation of the financial statements for the period ended 31 March 2018 set out on pages 4 and 5.

In accordance with our terms of engagement, and in order to assist you to fulfil your statutory duties we have compiled the financial statements of the company which comprise the Profit and Loss Account and Balance Sheet from the accounting records and information and explanations you have given to us.

This report is made to the Company's Board of Directors, as a body, in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Company's Board of Directors that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's Board of Directors, as a body, for our work or for this report.

You have acknowledged on the balance sheet as at 31 March 2018 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the period.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.



Elaine Alsop
EA Independent Ltd
1 Rosebery Place
Dunbar
East Lothian
EH42 1AQ

1 August 2018

This page does not form part of the statutory financial statements

DEMENTIA FRIENDLY EAST LoTHIAN CIC

**DETAILED INCOME AND EXPENDITURE ACCOUNT & NOTES
FOR THE PERIOD ENDED 31 MARCH 2018**

	Note	2018		2017	
		(7 months)		(12 months)	
		£	£	£	£
Turnover					
Grants receivable		17,652		28,399	
Yoga Classes		346		338	
Publications and papers		-		275	
			17,998		29,012
Other income					
Donations		334		5,900	
Bank interest		-		101	
			334		6,001
Total income for period			18,332		35,013
Funded Projects' expenses	1	5,618		15,065	
Core Project expenses	2	7,303		8,243	
Administration & General expenses	3	4,730		13,202	
Total expenditure for the period			17,650		36,510
Operating deficit for the period			682		(1,497)

This page does not form part of the statutory financial statements

DETAILED INCOME AND EXPENDITURE ACCOUNT & NOTES
FOR THE PERIOD ENDED 31 MARCH 2018

	2018 (7 months)		2017 (12 months)	
	£	£	£	£
Note 1: Funded Projects				
Community Kitchen				
Project facilitation	1,049		7,919	
Training	40		300	
Facility hire, consumables & promotion	414		554	
		<u>1,503</u>		<u>8,774</u>
DEEP				
Project facilitation	2,212		2,540	
Training	-		548	
Facility hire, consumables & promotion	502		422	
		<u>2,714</u>		<u>3,510</u>
Dementia Design				
Project facilitation	869		1,315	
		<u>869</u>		<u>1,315</u>
Other projects				
Project facilitation	532		430	
Capacity building	-		1,000	
Facility hire, consumables & promotion	-		37	
		<u>532</u>		<u>1,467</u>
Total expenditure on Funded Projects		<u><u>5,618</u></u>		<u><u>15,065</u></u>

This page does not form part of the statutory financial statements

DEMENTIA FRIENDLY EAST LoTHIAN CIC

**DETAILED INCOME AND EXPENDITURE ACCOUNT & NOTES
FOR THE PERIOD ENDED 31 MARCH 2018**

	2018		2017
	(7 months)		(12 months)
	£	£	£
Note 2: Core Projects			
Dementia Friendly Communities			
Project facilitation	1,476		1,100
Capacity building	674		903
Training	-		320
Facility hire, consumables & promotion	324		852
	2,474		3,175
Memory Skills			
Project facilitation	709		800
Training	-		812
Facility hire, consumables & promotion	645		-
	1,354		1,612
Other			
Events, conferences, capacity building, policy & research	2,316		2,113
Yoga provision	1,159		1,343
	3,475		3,456
Total expenditure on Core Projects	7,303		8,243

This page does not form part of the statutory financial statements

DEMENTIA FRIENDLY EAST LoTHIAN CIC

**DETAILED INCOME AND EXPENDITURE ACCOUNT & NOTES
FOR THE PERIOD ENDED 31 MARCH 2018**

	2018		2017	
	(7 months)		(12 months)	
	£	£	£	£
Note 3: Administration & General Expenses				
Project facilitation including travel	2,263		4,253	
Website & IT costs	531		4,580	
Promotion & communications	13		1,663	
Office costs	163		527	
Insurance	-		242	
Training	34		192	
Facility hire, consumables & small equipment	215		170	
Fees & subscriptions	-		59	
Accountancy	500		1,013	
Depreciation	688		393	
Other	323		111	
Total		4,730		13,202

This page does not form part of the statutory financial statements

CIC 34

Community Interest Company Report

For official use

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*Please
complete in
typescript, or
in bold black
capitals.*

Company Name in full

DEMENTIA FRIENDLY EAST LoTHIAN CIC

Company Number

SC543607

Year Ending

31 MARCH 2018

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

DEMENTIA FRIENDLY EAST Lothian CIC

CIC REPORT PERIOD ENDED 31 MARCH 2018

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

Dementia Friendly East Lothian CIC (DFEL) exists to transform the lives of people living with dementia, their families and friends. We help people stay connected and involved in daily life in their community; with people to see, things to do and places to go. We make dementia about everyone, every day.

What we do: We bring people living with dementia and carers together for friendship, fun and mutual support. We work with communities to make them more inclusive so people living with dementia, families and friends are fully involved, respected and connected. We work with services and policy makers to develop innovative approaches that empower people with dementia and carers to do the things that matter to them.

How we do it: Our Living Not Existing Programme works directly with people with dementia and carers, helping them adapt to life with dementia; to live and not just exist.

Made Here By Us helps communities to be more supportive and inclusive of people affected by dementia. Our work is underpinned by the lived experience of people with dementia and carers, research and theory and best practice in dementia and community psychology.

We are very grateful for funding from the East Lothian Health and Social Care Partnership. Our work is also supported by a kind donation from the local Health Centres. East Lothian's Area Partnerships are central to our work. They provide a way for people with dementia and carers to influence local decision making, get support for local groups and have provided direct help to local dementia friendly projects and innovative projects. We have also had great support and gifts from a range of local people and bodies including Guilds, Rotary, Clubs and arts and crafts groups. These kind donations have helped us develop innovative projects in those communities.

Living Not Existing programme focusses on working with people living with dementia, their families and friends. We provide help and support for people to help them adapt to life with dementia; create opportunities to meet with people in the same boat and make new friends and to have greater control and influence over the things that matter to them.

Memory Course - Being diagnosed with dementia is a critical time. We work with the Adult Mental Health Team to run Memory Rehabilitation Courses in community settings round East Lothian. Courses aim to help people adapt to and manage life with dementia, build friendships with people with similar experiences and stay connected to their community. We provide direct input and fund the venues and refreshments and an end of course lunch. This year we supported 8 4- week courses.

Friendship Groups - People on the Memory Rehabilitation Course told us they wanted to stay in touch. Support from the Dementia Engagement and Empowerment Project (DEEP) enabled us to set up monthly Friendship

DEMENTIA FRIENDLY EAST LoTHIAN CIC

CIC REPORT PERIOD ENDED 31 MARCH 2018

Groups in 5 community venues. Over the last year we have run 53 sessions with almost 300 attendees in total. Groups have connected with a range of local organisations and are planning new projects.

Gatherings and Events - Our learning events and gatherings bring people together and are very popular. We recently held an international conference on dementia in Haddington: Thinking about Dementia: Shifting Paradigms: The Role of Community Empowerment. It was one of 4 events we ran with Stirling and Strathclyde Universities, supported by the Scottish Universities Insight Institute.

We had a very successful creativity event at Cockenzie House and Gardens for people with dementia and carers and ran events in Dementia Awareness Week, Carers Week and the Luminate Festival. We also supported the Life Changes Trust to arrange an event by and for Carers in East Lothian

What's On

People with dementia and carers tell us they want more information on activities and events in their community. We provide 'What's On in...' for people who attend the memory course and publicise them on our Facebook page and website.

Communicating is key to our work. We have a monthly newsletter that goes to people with dementia and carers and a quarterly version for wider audiences. Over 1,000 people like our Facebook page which we use for sharing news and inspiring ideas that we hope communities will try.

Research and Policy

DFEL provides an accessible channel for people affected by dementia to influence and be informed about policy and decision making. We participate in policy and strategy forums at both local and national level and respond to consultations.

Made Here By Us helps communities be more dementia friendly and inclusive. Across East Lothian people want to know more about dementia and find ways to support people who live in their community. We help them realise their hopes and aspirations in anyway we can. By making communities more dementia friendly, we make communities better for everyone.

Dementia Friendly Communities - We have worked with 11 communities, helping them develop Dementia Friendly business schemes; dementia inclusive groups and activities, make premises more accessible to people with dementia and connect people to local decision making. For example we worked with Longniddry Community Centre to help them set up a walking group and drop in weekly cafe. Through Designs for Life we supported Longniddry Parish Church and North Berwick Day Centre to make their premises more dementia friendly.

Collaborations and Innovations- DFEL has supported over 40 local staff, volunteers and community members to undertake free training in Dementia Awareness, Inter-generational Working, Assets Based Community Development and Playlist for Life.

DEMENTIA FRIENDLY EAST LoTHIAN CIC

CIC REPORT PERIOD ENDED 31 MARCH 2018

We are working in partnership with local organisations to develop innovative projects that transform how we think about dementia and bring people with dementia, carers and community groups of all ages together. Bringing different ages together is key to this work. We focus on projects that research suggests have great potential for transforming the lives of people with dementia and carers. By adding the community to the mix, we're creating something very special and different.

DFEL is also working in partnership with Cockenzie House and Gardens to bring people together to create a Sensory Garden for the whole community.

We are working with Dunbar Fashion School on their exciting inter-generational project that brings people with dementia, carers and school pupils together round clothing and fashion - culminating in a fashion show.

New projects are under development

Designs for Life - DFEL has worked with Alison Connell to find ways of using design thinking and skills to help people adapt their environment to become dementia friendly whilst still feeling like home. Over the next year, Alison will continue to develop the project to include workshops and consultancy on dementia friendly living and aging.

Our Community Kitchen - Elaine Gale started Our Community Kitchen in Haddington with support from the Big Lottery and Haddington and Lammermuir Area Partnership. When Haddington Bowling Club kindly gave us a home, the kitchen started up. Over the next year, the "Kitchen" plans to become independent

ReVitalise Yoga - Sue set up Revitalise Yoga to provide yoga for everyone of all ages and stages. Classes run in care homes, day centres and community venues including libraries. In the coming year we will be doing more inter-generational yoga and developing training for activity co-ordinators and people working in care.

We are also reviewing our governance in particular to get better at empowering people with dementia and care-partners to determine what we do and how.

Thank you!

DFEL works because of many people. People living with dementia, families and friends have given freely and generously of their time, experience and trust to work with us. Individuals and communities across East Lothian have seized the challenge and made things happen where they live. Staff in many organisations have given their support and encouragement. DFEL is about the work they do.

Also many thanks to the East Lothian Health and Social Care Partnership; East Lothian Council, the Area Partnership Managers; DEEP, Big Lottery and East Lothian Health Centres for funding. Many thanks to Margaret McCole from TwoDogDesign for help with communications and Elaine Alsop our accountant.

DEMENTIA FRIENDLY EAST LoTHIAN CIC

CIC REPORT PERIOD ENDED 31 MARCH 2018

And finally thanks to the many individuals and organisations that are working to make East Lothian Dementia Friendly.

Sue Northrop
Director
Dementia Friendly East Lothian

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

The stakeholders are the people in East Lothian living with dementia, and their families and friends, the wider community and the professionals and funders supporting the work we do. Our priorities are developed in consultation with people with dementia, carers and the wider community.

People living with dementia and their families and friends are at the heart of what we do and our priorities are decided by what they tell us makes their lives better. We go beyond consultation and work together to design and develop programmes through your friendship groups, learning events and projects. We use our Learning Events and Groups to decide what we do.

We are reviewing our governance to explore how we can give people affected by dementia greater influence over the work we do.

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

The aggregate amount of emoluments paid to or receivable by all directors in respect of qualifying services was £5,809.

There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed

DEMENTIA FRIENDLY EAST LoTHIAN CIC

CIC REPORT
PERIOD ENDED 31 MARCH 2018

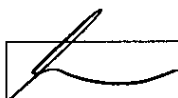
PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No transfer of assets other than for full consideration has been made

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date 1 Aug 2018

Office held - Director

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Dr. S Northrop	
29 Williamstone Court	
North Berwick	
East Lothian EH39 4RQ	Tel
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 cannot be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)