INSTINCTIVELY WILD C.I.C.

Company limited by guarantee

Company Registration Number:
SC514321 (Scotland)

Unaudited statutory accounts for the year ended 31 August 2024

Period of accounts

Start date: 1 September 2023

End date: 31 August 2024

INSTINCTIVELY WILD C.I.C.

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for the Period Ended 31 August 2024

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INSTINCTIVELY WILD C.I.C.

Directors' report period ended 31 August 2024

The directors present their report with the financial statements of the company for the period ended 31 August 2024

Principal activities of the company

delivery of inspiring indoor and outdoor activities for everyone.

Directors

The directors shown below have held office during the whole of the period from
1 September 2023 to 31 August 2024

Peter Carthy
D D McAleece
G Drever

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on
26 May 2025

And signed on behalf of the board by:
Name: Peter Carthy
Status: Director

INSTINCTIVELY WILD C.I.C.

Profit And Loss Account

for the Period Ended 31 August 2024

	2024	*2023*
	£	**£**
Turnover:	**32,345**	13,337
Cost of sales:	**0**	0
Gross profit(or loss):	**32,345**	13,337
Distribution costs:	**0**	0
Administrative expenses:	**(23,972)**	(21,556)
Operating profit(or loss):	**8,373**	(8,219)
Profit(or loss) before tax:	**8,373**	(8,219)
Profit(or loss) for the financial year:	**8,373**	(8,219)

INSTINCTIVELY WILD C.I.C.

Balance sheet

As at 31 August 2024

	Notes	*2024*	*2023*
		£	**£**
Current assets			
Debtors:	3	**365**	365
Cash at bank and in hand:		**25,310**	16,937
Total current assets:		**25,675**	17,302
Creditors: amounts falling due within one year:	4	**(500)**	(500)
Net current assets (liabilities):		**25,175**	16,802
Total assets less current liabilities:		**25,175**	16,802
Total net assets (liabilities):		**25,175**	16,802
Members' funds			
Profit and loss account:		**25,175**	16,802
Total members' funds:		**25,175**	16,802

The notes form part of these financial statements

INSTINCTIVELY WILD C.I.C.

Balance sheet statements

For the year ending 31 August 2024 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on 26 May 2025
and signed on behalf of the board by:

Name: Peter Carthy
Status: Director

The notes form part of these financial statements

INSTINCTIVELY WILD C.I.C.

Notes to the Financial Statements

for the Period Ended 31 August 2024

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

Turnover policy

Turnover comprises fair value of the consideration received for goods and services.

Other accounting policies

Trade debtors are recognised at the transaction price.

2. Employees

	2024	*2023*
Average number of employees during the period	**3**	3

3. Debtors

	2024	*2023*
	£	**£**
Prepayments and accrued income	**365**	365
Total	**365**	365

Notes to the Financial Statements

for the Period Ended 31 August 2024

4. Creditors: amounts falling due within one year note

	2024	*2023*
	£	**£**
Accruals and deferred income	**500**	500
Total	**500**	500

COMMUNITY INTEREST ANNUAL REPORT

INSTINCTIVELY WILD C.I.C.

Company Number: SC514321 (Scotland)

Year Ending: 31 August 2024

Company activities and impact

Instinctively Wild CIC has successfully delivered eco-therapy programmes that promote mental well-being through immersive nature experiences. By connecting individuals with the outdoors, their sessions reduce stress, anxiety and depression. Activities like mindful walking, bushcraft and nature based art foster personal growth, resilience and social connection. Grounded in evidence based practices, their programmes support both individual and community mental health. Designed for inclusivity, they serve diverse groups including those with long term mental health conditions. With a deep respect for the healing power of nature, Instinctively Wild CIC continues to inspire sustainable change in mental health care through compassionate, nature connected interventions.

Consultation with stakeholders

Stakeholders are out volunteers and we consult with them on a regular basis

Directors' remuneration

No remuneration was received

Transfer of assets

No transfer of assets other than for full consideration

This report was approved by the board of directors on
29 May 2025

And signed on behalf of the board by:
Name: Peter Carthy
Status: Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.