REGISTERED NUMBER: SC505321 (Scotland)

Unaudited Financial Statements for the Year Ended 31 May 2023

for

GUTSY HEALTH LIMITED

GUTSY HEALTH LIMITED (REGISTERED NUMBER: SC505321)

Contents of the Financial Statements
for the Year Ended 31 May 2023

	Page
Company Information	1
Balance Sheet	2
Notes to the Financial Statements	4

GUTSY HEALTH LIMITED

Company Information
for the Year Ended 31 May 2023

DIRECTOR:	G V E Stuart
REGISTERED OFFICE:	Basement 53a Manor Place Edinburgh EH3 7EG
REGISTERED NUMBER:	SC505321 (Scotland)

GUTSY HEALTH LIMITED (REGISTERED NUMBER: SC505321)

Balance Sheet
31 May 2023

	Notes	2023 £	£	2022 £	£
FIXED ASSETS					
Tangible assets	4		-		320
CURRENT ASSETS					
Stocks		11,000		20,000	
Debtors	5	83		5,730	
Cash at bank		3,586		717	
		14,669		26,447	
CREDITORS					
Amounts falling due within one year	6	58,381		42,080	
NET CURRENT LIABILITIES			(43,712)		(15,633)
TOTAL ASSETS LESS CURRENT LIABILITIES			(43,712)		(15,313)
PROVISIONS FOR LIABILITIES			207		207
NET LIABILITIES			(43,919)		(15,520)
CAPITAL AND RESERVES					
Called up share capital			1		1
Retained earnings			(43,920)		(15,521)
SHAREHOLDERS' FUNDS			(43,919)		(15,520)

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 May 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2023 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The notes form part of these financial statements

Balance Sheet - continued
31 May 2023

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the director and authorised for issue on 17 October 2023 and were signed by:

G V E Stuart - Director

1. STATUTORY INFORMATION

Gutsy Health Limited is a private company, limited by shares , registered in Scotland. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements
These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover
Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.
Fixtures and fittings - 20% on cost

Stocks
Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation
Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Going concern
Although the going concern basis has been adopted in these accounts, its continued appropriateness is dependent upon future trading performance and the continued support of the director.

3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was NIL (2022 - NIL).

4. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 June 2022 and 31 May 2023	2,714
DEPRECIATION	
At 1 June 2022	2,394
Charge for year	320
At 31 May 2023	2,714
NET BOOK VALUE	
At 31 May 2023	-
At 31 May 2022	320

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Other debtors	83	5,730

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade creditors	269	-
Other creditors	58,112	42,080
	58,381	42,080

7. ULTIMATE CONTROLLING PARTY

The ultimate controlling party is G V E Stuart.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.