AMENDED

Unaudited Financial Statements for the Year Ended 30 November 2023

for

Rca Performance Gym Limited

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Rca Performance Gym Limited (by shares)

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for the Year Ended 30 November 2023

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Rca Performance Gym Limited (by shares)

Company Information
for the Year Ended 30 November 2023

DIRECTOR:	R Craig
REGISTERED OFFICE:	3 Longford Avenue Kilwinning KA13 6EX
REGISTERED NUMBER:	SC493721 (Scotland)
ACCOUNTANTS:	Advantage Accounting (Scotland) Ltd Pavilion 2 Finnieston Business Park Minerva Way Glasgow G3 8AU

Rca Performance Gym Limited (by shares)

Income Statement
for the Year Ended 30 November 2023

	30.11.23 £	30.11.22 £
TURNOVER	208,024	203,517
Other income	-	2,105
Cost of raw materials and consumables	510	(5,565)
Staff costs	(72,872)	(73,579)
Depreciation and other amounts written off assets	(33,597)	(30,043)
Other charges	(22,927)	(55,332)
Taxation	(7,257)	(9,209)
PROFIT	71,881	31,894

Rca Performance Gym Limited (by shares) (Registered number: SC493721)

Balance Sheet
30 November 2023

	30.11.23		30.11.22	
	£	£	£	£
FIXED ASSETS		74,911		37,077
CURRENT ASSETS	36,130		16,427	
CREDITORS				
Amounts falling due within one year	(45,160)		(52,684)	
NET CURRENT LIABILITIES		(9,030)		(36,257)
TOTAL ASSETS LESS CURRENT LIABILITIES		65,881		820
CREDITORS				
Amounts falling due after more than one year		(13,489)		(809)
NET ASSETS		52,392		11
CAPITAL AND RESERVES		52,392		11

NOTE TO THE FINANCIAL STATEMENTS

1. **AVERAGE NUMBER OF EMPLOYEES**

The average number of employees during the year was 5 (2022 - 5).

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 November 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 November 2023 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the micro-entity provisions.

The financial statements were approved by the director and authorised for issue on 23/06/2025 and were signed by:

.....

R Craig - Director

Rca Performance Gym Limited (by shares)

Trading and Profit and Loss Account
for the Year Ended 30 November 2023

	30.11.23		30.11.22	
	£	£	£	£
Sales		208,024		203,517
Cost of sales				
Opening stock	1,500		5,800	
Purchases	2,490		1,265	
Sub contractors	7,468		4,285	
	11,458		11,350	
Closing stock	(4,500)		(1,500)	
		6,958		9,850
GROSS PROFIT		201,066		193,667
Other income				
Sundry receipts	-		2,100	
Deposit account interest	-		5	
		-		2,105
		201,066		195,772
Expenditure				
Directors' salaries	12,205		9,000	
Directors' pensions paid	9,000		12,000	
Wages	50,679		51,725	
Pensions	988		854	
Rent	12,307		11,352	
Rates and water	1,942		1,115	
Insurance	4,735		2,369	
Light and heat	7,391		6,103	
Equipment leasing	5,790		7,197	
Telephone	344		639	
Post and stationery	2,681		242	
Advertising	203		2,048	
Motor expenses	2,641		1,812	
Repairs and renewals	7,267		8,366	
Household and cleaning	8,417		2,883	
IT costs	174		42	
Sundry expenses	446		458	
Staff training	7		(357)	
Accountancy	4,763		3,954	
Subscriptions	868		826	
Legal and professional fees	105		35	
Donations	-		237	
Entertainment	738		65	
Exceptional items	(52,121)		-	
		81,570		122,965
Carried forward		119,496		72,807

Rca Performance Gym Limited (by shares)

Trading and Profit and Loss Account
for the Year Ended 30 November 2023

	30.11.23		30.11.22	
	£	£	£	£
Brought forward		119,496		72,807
Finance costs				
Bank charges	434		454	
Credit card	468		348	
HMRC interest	3,488		-	
Bank loan interest	662		859	
Hire purchase	1,709		-	
		6,761		1,661
		112,735		71,146
Depreciation				
Plant and machinery	31,164		27,219	
Fixtures and fittings	644		391	
Motor vehicles	-		1,072	
Computer equipment	1,136		1,361	
		32,944		30,043
		79,791		41,103
Loss on disposal of fixed assets				
Motor vehicles		653		-
NET PROFIT		79,138		41,103

Rca Performance Gym Limited (by shares)

Detailed Balance Sheet
for the Year Ended 30 November 2023

	30.11.23 £	30.11.22 £
FIXED ASSETS		
Plant and machinery	73,993	33,309
Fixtures and fittings	918	1,562
Motor vehicles	-	1,070
Computer equipment	-	1,136
	74,911	37,077
CURRENT ASSETS		
Stocks	4,500	1,500
Prepayments	238	-
Directors' loan accounts	21,313	10,025
Bank account no. 1	10,079	4,902
	36,130	16,427
CREDITORS		
Amounts falling due within one year		
VAT	(3,608)	(2,410)
Trade creditors	(10,401)	(1,087)
Tax	(16,462)	(14,150)
Social security and other taxes	(5,938)	(5,241)
Other creditors	(651)	(894)
Bank loans	(8,100)	(28,743)
Amounts owed to associates	-	(159)
	(45,160)	(52,684)
NET CURRENT LIABILITIES	(9,030)	(36,257)
TOTAL ASSETS LESS CURRENT LIABILITIES	65,881	820
CREDITORS		
Amounts falling due after more than one year		
Bank loans - 1-2 years	(8,100)	-
Bank loans - 2-5 years	(4,580)	-
Hire purchase	(809)	(809)
	(13,489)	(809)
NET ASSETS	52,392	11

Rca Performance Gym Limited (by shares)

Detailed Balance Sheet
for the Year Ended 30 November 2023

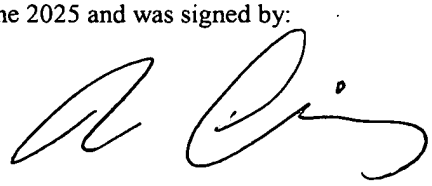
	30.11.23 £	30.11.22 £
CAPITAL AND RESERVES		
Called up share capital	10	10
Retained earnings	52,382	1
	52,392	11

Rca Performance Gym Limited (by shares)

Supplementary Note to the Original Financial Statements
for the Year Ended 30 November 2023

They
- replace the original financial statements;
- are now the statutory financial statements;
- are prepared as they were at the date of the original financial statements and not as at the date of revision and accordingly do not deal with events between those dates.

This supplementary note was approved by the director and authorised for issue with the original financial statements on 23 June 2025 and was signed by:



R Craig - Director