

RCA PERFORMANCE GYM LIMITED

**Company Registration Number:
SC493721 (Scotland)**

Report of the Directors and Unaudited Micro-Entity Financial Statements

Period of accounts

Start date: 19 December 2014

End date: 30 November 2015

RCA PERFORMANCE GYM LIMITED

Contents of the Financial Statements

for the Period Ended 30 November 2015

Company Information

Report of the Directors

Profit and Loss Account

Balance sheet

Notes to the Micro-Entity Accounts

RCA PERFORMANCE GYM LIMITED

Company Information

for the Period Ended 30 November 2015

Director:

Robert Craig

Robert Craig

Registered office:

59

Stoopshill Crescent

Dalry

Ayrshire

GB-SCT

KA24 4DG

Company Registration Number:

SC493721 (Scotland)

RCA PERFORMANCE GYM LIMITED

Directors' Report Period Ended 30 November 2015

The directors present their report with the financial statements of the company for the period ended 30 November 2015

Principal activities

The principal activity of the company in the period under review was that of performance gym.

Directors

The directors shown below have held office during the whole of the period from

19 December 2014 to 30 November 2015

Robert Craig

The director(s) shown below were appointed to the company during the period

Robert Craig on 19 December 2014

Political and charitable donations

Charitable donations during the period amounted to £0 (2014: 0). No contributions to political organisations were made during the year.

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on 24 March 2016

And Signed On Behalf Of The Board By:

Name: Robert Craig

Status: Director

RCA PERFORMANCE GYM LIMITED

Micro-Entity Profit and Loss Account

for the Period Ended 30 November 2015

	<i>Notes</i>	<i>11 months to 30 Nov 2015 £</i>
Turnover:		31,366
Other Income:		0
Cost of raw materials and consumables:		(2,994)
Staff costs:		(10,092)
Depreciation and other amounts written off assets:		(4,394)
Other Charges:		(15,950)
Tax:		0
Profit or (loss):		<u>(2,064)</u>

RCA PERFORMANCE GYM LIMITED

Micro-Entity Balance sheet

As at 30 November 2015

	<i>Notes</i>	<i>11 months to 30 Nov 2015 £</i>
Fixed assets		
Tangible assets:		17,533
Total fixed assets:		<u>17,533</u>
Current assets		
Stocks:		0
Debtors:		0
Cash at bank and in hand:		277
Total current assets:		<u>277</u>
Prepayments and accrued income:		0
Creditors: amounts falling due within one year:		(19,864)
Net current assets (liabilities):		(19,587)
Total assets less current liabilities:		(2,054)
Creditors: amounts falling due after more than one year:		0
Provision for liabilities:		0
Accruals and deferred income:		0
Total net assets (liabilities):		<u>(2,054)</u>
Capital and reserves		
Called up share capital:		10
Profit and loss account:		(2,064)
Total shareholders funds:		<u>(2,054)</u>

RCA PERFORMANCE GYM LIMITED

Balance sheet continued

As at 30 November 2015

For the year ending 30 November 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions of the small companies regime applicable to micro-entities.

The financial statements were approved by the Board of Directors on 24 March 2016

SIGNED ON BEHALF OF THE BOARD BY:

Name: Robert Craig

Status: Director

RCA PERFORMANCE GYM LIMITED

Notes to the Micro-Entity Accounts

for the Period Ended 30 November 2015

1. Accounting policies

Basis of measurement and preparation of accounts

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (Effective April 2008).

Turnover policy

Turnover represents the total invoice value, excluding value added tax, of sales made during the year and derives from the provision of goods falling within the company's ordinary activities.

Tangible fixed assets depreciation policy

Depreciation is provided at the rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Plant and Machinery - 20% Straight Line Method

Furniture and Fixtures - 25% Straight Line Method

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.