REGISTERED NUMBER: SC489849 (Scotland)

Abbreviated Accounts for the Year Ended 31 October 2016

for

Ftness Limited

Ftness Limited (Registered number: SC489849)

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Ftness Limited

Company Information
for the Year Ended 31 October 2016

DIRECTOR:	Mrs F Tonner
REGISTERED OFFICE:	Seascape Old Mill Road Findon Portlethen AB12 3RL
REGISTERED NUMBER:	SC489849 (Scotland)
ACCOUNTANTS:	Findlay Brown Ltd 53 Huntly Street Aberdeen AB10 1TH

Ftness Limited (Registered number: SC489849)

Abbreviated Balance Sheet
31 October 2016

	Notes	31.10.16 £	£	31.10.15 £	£
FIXED ASSETS					
Tangible assets	2		1,360		2,308
CURRENT ASSETS					
Cash at bank and in hand		1,108		4,365	
CREDITORS					
Amounts falling due within one year		2,495		2,400	
NET CURRENT (LIABILITIES)/ASSETS			(1,387)		1,965
TOTAL ASSETS LESS CURRENT LIABILITIES			(27)		4,273
CREDITORS					
Amounts falling due after more than one year			-		(2,168)
PROVISIONS FOR LIABILITIES			(96)		(462)
NET (LIABILITIES)/ASSETS			(123)		1,643
CAPITAL AND RESERVES					
Called up share capital	3		1		1
Profit and loss account			(124)		1,642
SHAREHOLDERS' FUNDS			(123)		1,643

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2016 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 22 May 2017 and were signed by:

Mrs F Tonner - Director

The notes form part of these abbreviated accounts

Notes to the Abbreviated Accounts for the Year Ended 31 October 2016

1. ACCOUNTING POLICIES

Accounting convention
The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover
Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 25% on cost, 25% on reducing balance and 20% on reducing balance

Deferred tax
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 November 2015	4,194
Additions	75
At 31 October 2016	4,269
DEPRECIATION	
At 1 November 2015	1,886
Charge for year	1,023
At 31 October 2016	2,909
NET BOOK VALUE	
At 31 October 2016	1,360
At 31 October 2015	2,308

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	31.10.16 £	31.10.15 £
1	Ordinary shares	1	1	1

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.