

Unaudited Financial Statements
for the Year Ended 31 January 2020
for
Inverclyde Strength and Conditioning Ltd

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for the Year Ended 31 January 2020**

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Inverclyde Strength and Conditioning Ltd (Registered number: SC485021)

**Balance Sheet
31 January 2020**

	2020		2019
	£	£	£
FIXED ASSETS		3,795	8,589
CURRENT ASSETS	5,856		7,032
CREDITORS			
Amounts falling due within one year	<u>(21,144)</u>		<u>(28,200)</u>
NET CURRENT LIABILITIES		<u>(15,288)</u>	<u>(21,168)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		(11,493)	(12,579)
ACCRUALS AND DEFERRED INCOME		-	1,733
NET LIABILITIES		<u>(11,493)</u>	<u>(14,312)</u>
CAPITAL AND RESERVES		<u>(11,493)</u>	<u>(14,312)</u>

NOTES TO THE FINANCIAL STATEMENTS

1. STATUTORY INFORMATION

Inverclyde Strength and Conditioning Ltd is a private company, limited by shares, registered in Scotland. The company's registered number and registered office address are as below:

Registered number: SC485021

Registered office: 17 Findhorn Crescent
Inverkip
Renfrewshire
PA16 OFG

2. AVERAGE NUMBER OF EMPLOYEES

The average number of employees during the year was 1 (2019 - 1).

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 January 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 January 2020 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

Balance Sheet - continued
31 January 2020

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Directors and authorised for issue on 31 January 2021 and were signed on its behalf by:

R S Davey - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.