

Metastrength Holdings Limited

Annual Report and Unaudited Financial Statements
for the Year Ended 31 August 2017

Metastrength Holdings Limited

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Metastrength Holdings Limited

Company Information

Director Mrs Alison Claire Astill-Smith

Registered office 1 Rutland Square
Edinburgh
EH1 2AS

Accountants HowdenWhite LLP
Certified Chartered Accountants
Units 16-18
The Boscombe Centre
Amesbury
Wiltshire
SP4 7SD

**Chartered Certified Accountants' Report to the Director on the Preparation of the Unaudited
Statutory Accounts of
Metastrength Holdings Limited
for the Year Ended 31 August 2017**

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of Metastrength Holdings Limited for the year ended 31 August 2017 as set out on pages 3 to 4 from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://www.accaglobal.com/gb/en/discover/public-value/rulebook.html>.

This report is made solely to the Board of Directors of Metastrength Holdings Limited, as a body, in accordance with the terms of our engagement letter dated 18 June 2013. Our work has been undertaken solely to prepare for your approval the accounts of Metastrength Holdings Limited and state those matters that we have agreed to state to the Board of Directors of Metastrength Holdings Limited, as a body, in this report in accordance with the requirements of the Association of Chartered Certified Accountants as detailed at <http://www.accaglobal.com/gb/en/technical-activities/technical-resources-search/2009/october/factsheet-163-audit-exempt-companies.html>. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Metastrength Holdings Limited and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that Metastrength Holdings Limited has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profit of Metastrength Holdings Limited. You consider that Metastrength Holdings Limited is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of Metastrength Holdings Limited. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.

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HowdenWhite LLP
Certified Chartered Accountants
Units 16-18
The Boscombe Centre
Amesbury
Wiltshire
SP4 7SD

24 May 2018

Metastrength Holdings Limited
(Registration number: SC454439)
Balance Sheet as at 31 August 2017

	2017 £	2016 £
Fixed assets	151	151
Current assets	150	150
Creditors: Amounts falling due within one year	(151)	(151)
Net current liabilities	(1)	(1)
	150	150
Capital and reserves	150	150

1 General information

The company is a private company limited by share capital, incorporated in Scotland .

The address of its registered office is:

1 Rutland Square
Edinburgh
EH1 2AS

The principal place of business is:

5 Eastcott Common
Eastcott
Devizes
Wiltshire
SN10 4PL

Parent undertaking

The company is the parent company of Metabolics Ltd, Nutri-strength Ltd and A Claire Ltd of which it owns 100% of their share capital.

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime'.

These financial statements have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

For the financial year ending 31 August 2017 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

Metastrength Holdings Limited

(Registration number: SC454439)
Balance Sheet as at 31 August 2017

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

Approved and authorised by the director on 24 May 2018

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Mrs Alison Claire Astill-Smith
Director

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This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.