

Registration number: SC438310

# Creativity in Care CIC

(A company limited by guarantee)

Annual Report and Unaudited Financial Statements

for the Period from 1 January 2018 to 5 April 2019

Ardross Accountancy and Tax Services Limited  
Accountants and Chartered Tax Advisers  
Ardachaidh  
Ardross  
Alness  
Ross-shire  
IV17 0YD

MONDAY

COMPANIES HOUSE



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23/12/2019

#170

## **Creativity in Care CIC**

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## **Creativity in Care CIC**

### **Company Information**

|                          |                                                                                                                                                     |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Directors</b>         | Ms Karrie Marshall<br>Ms Wendy Mumford<br>Mr Keith Walker                                                                                           |
| <b>Registered office</b> | PO Box 333<br>8 Church Street<br>Inverness<br>Inverness-shire<br>IV1 1EA                                                                            |
| <b>Accountants</b>       | Ardross Accountancy and Tax Services Limited<br>Accountants and Chartered Tax Advisers<br>Ardachaidh<br>Ardross<br>Alness<br>Ross-shire<br>IV17 0YD |

## **Creativity in Care CIC**

**(Registration number: SC438310)**

### **Balance Sheet as at 5 April 2019**

|                                                | <b>2019</b><br><b>£</b> | <b>2017</b><br><b>£</b> |
|------------------------------------------------|-------------------------|-------------------------|
| Current assets                                 | 4,919                   | 6,965                   |
| Creditors: Amounts falling due within one year | <u>(7,565)</u>          | <u>(1,353)</u>          |
| Total assets less current liabilities          | (2,646)                 | 5,612                   |
| Accruals and deferred income                   | <u>(1,320)</u>          | <u>(7,041)</u>          |
|                                                | <u>(3,966)</u>          | <u>(1,429)</u>          |
| Capital and reserves                           | <u>(3,966)</u>          | <u>(1,429)</u>          |

#### **1 General information**

The company is a company limited by guarantee, incorporated in Scotland, and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding £ 1 towards the assets of the company in the event of liquidation.

The address of its registered office is:

PO Box 333  
8 Church Street  
Inverness  
Inverness-shire  
IV1 1EA

These financial statements were authorised for issue by the Board on 19 December 2019.

#### **Basis of preparation**

The financial statements have been prepared under the historical cost convention and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime'.

#### **2 Staff numbers**

The average number of persons employed by the company (including directors) during the period, was 4 (2017 - 4).

*These financial statements have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and delivered in accordance with the provisions applicable to companies subject to the small companies regime.*

For the financial period ending 5 April 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

*Directors' responsibilities:*

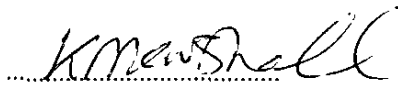
**Creativity in Care CIC**

**(Registration number: SC438310)**

**Balance Sheet as at 5 April 2019**

- *The members have not required the company to obtain an audit of its accounts for the period in question in accordance with section 476; and*
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

Approved and authorised by the Board on 19 December 2019 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'K Marshall', written over a dotted line.

Ms Karrie Marshall  
Director

000568/15

# CIC 34

## Community Interest Company Report

For official use  
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|  |
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|  |
|--|

*Please  
complete in  
typescript, or in  
bold black  
capitals.*

Company Name in  
full

CREATIVITY IN CARE COMMUNITY INTEREST  
COMPANY

Company Number

SC438310

Year Ending

2019

14/2019

## **PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

In the space provided below, please insert a general account of the company's activities in the

Creativity In Care CIC engaged with over 600 individuals through informal learning programmes and community art workshops. A further 2000+ people came to the exhibitions and public events, and many more through the Twitter on-line forum.

We began 2018 with the dissemination event for around 60 practitioners, general public, and adult learners funded by Scottish Government and ESF in partnership with High Life Highland, SEA and UHI. This was about Rural Poverty and the experience of community learning and development practitioners in engaging with people furthest from learning opportunities.

Family learning/arts programmes included Polar Bear Diaries shadow-puppet works about Climate Change at Timespan in Helmsdale and Brora Learning Zone. Hooting Owls was a creative programme that began at the request of young people recovering mental health, who care for young children. Another project (Brora Family Fun/ Making Peace) creative arts programme began to explore healthy ways of managing stress / building resilience through arts

Poetry In Motion continues as and when funding allows. The group includes people living with dementia, people recovering better mental health, published writers and novice writers.

Poems are shared in local friendship groups (older people) and care settings.

We were commissioned by Birchwood Highland's for arts workshops in Inverness, Invergordon, Lochaber and Caithness. People supported by the mental health organisation painted in the style of Hundertwasser, Mondrian, Kandinsky & Klimt, - exhibited at Eden Court Theatre space. We curated and hung the May exhibitions for the Highland Scottish Mental Health Arts Festival. We also ran workshops with Caithness Mental Health Support Group. Creativity In Care is an active member of the Highland Adult Learning Partnership and worked on organising the Oct conference at UHI, plus running all abilities workshops.

Creativity In Care continued to visit 2 care homes, working with 6 people living with dementia towards the puppetry in dementia care film. This is all on a voluntary basis. The work was shared in Japan when a grant allowed us to visit rural areas to understand how communities support people (when health services are at full capacity).

An anonymous donor allowed us to explore the concept and practicalities of equalities, which underpins all our work. Evanton wood commissioned some creative arts workshops with families living with dementia. We were successful in a grant fund from The Alliance to begin 'Creativity At Home' in partnership with Befrienders Highland, supporting creative home visits to people stuck at home to begin early 2019. There were several other community events.

On a voluntary basis, Karrie continued to co-host an on-line Twitter chat community **#AlzChat** every Monday eve 8pm with the Hilgos Foundation (America) which attracts people living with dementia, family carers and professional carers seeking advice or support and an opportunity to share their own knowledge and experiences

Following support from being on HIE/Leadership Factory programme, Director K Marshall agreed to sell some of her personal IP courses & talks to help Creativity In Care survive financially. This included the 2-day positive dementia care course and a new programme for positive dementia care at enhanced level for care home and day care staff for 2019-20. The Care Inspectorate phoned to say the programme had already made a positive difference to staff and to the quality grades. The course and the follow-up will continue into 2019/20.

*(If applicable, please just state "A social audit report covering these points is attached").*

*(Please continue on separate continuation sheet if necessary.)*

**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

Creativity In Care's stakeholders are mainly resident in the Highlands of Scotland. They include individuals living with various support needs. Organisations include statutory care, third sector, private care, support organisations, and community groups. The CEO and board members have several year's experiences of adult education, care, arts and community work.

Our company services are in response to identified needs (e.g. reduce risks of exclusion and isolation, need to reduce stigma, need to increase understanding, awareness and care skills)

The company continued to meet or work with organisations. In 2018 we partnered with: High Life Highland Adult Learning; UHI Inverness College; Social enterprise Academy; Brora Learning Zone; Birchwood Highland; Arts In Merkinch Bike Shed;; Eden Court, Inverness; Befrienders Highland; Nairn Book and Arts Festival; NHS; Evanton Woods Community Trust; and Cafe42 (death and dying).

We also partnered with the Scottish Mental Health Arts Festival, HALP and care homes.

All our programmes are inspired by what people ask for through discussions and thought evaluation forms - as well as exhibition audience comments (sometimes verbally and/or through written questionnaires) to identify issues or desires. Feedback shows people feel more resilient, more confident about connecting / engaging with others; more empowered to make decisions about the projects; more at peace; increased personal power/autonomy; enhanced family experiences... plus better informed, compassionate and uplifting care and support staff.

*(If applicable, please just state "A social audit report covering these points is attached").*

**PART 3 – DIRECTORS' REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

Paid to Karrie Marshall: £22521.21 (Jan- 5 April 2019)

This was for gross salary, employer national insurance contributions and holiday pay accrual.

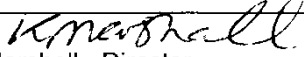
**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

*(Please continue on separate continuation sheet if necessary.)*

## PART 5 – SIGNATORY

**The original report must be signed by a director or secretary of the company**

Signed

  
K Marshall - Director

Date

18-12-19

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

|           |             |
|-----------|-------------|
|           |             |
|           |             |
|           |             |
| Tel       |             |
| DX Number | DX Exchange |

**When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

**(N.B. Please enclose a cheque for £15 payable to Companies House)**

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

**(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)**