Registered Number SC404303

IN AND OUT FITNESS AUCHTERARDER LTD

Abbreviated Accounts

31 July 2012

IN AND OUT FITNESS AUCHTERARDER LTD **Registered Number SC404303**

Abbreviated Balance Sheet as at 31 July 2012

	Notes	*2012*
		£
Fixed assets		
Tangible assets	2	10,195
		10,195
Current assets		
Cash at bank and in hand		2,798
		2,798
Net current assets (liabilities)		2,798
Total assets less current liabilities		12,993
Creditors: amounts falling due after more than one year		(17,520)
Total net assets (liabilities)		(4,527)
Capital and reserves		
Called up share capital		1
Profit and loss account		(4,528)
Shareholders' funds		(4,527)

- For the year ending 31 July 2012 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 16 April 2013

And signed on their behalf by:
MR O JESSOP, Director

Notes to the Abbreviated Accounts for the period ended 31 July 2012

1 Accounting Policies

Basis of measurement and preparation of accounts
The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

2 Tangible fixed assets

	£
Cost	
Additions	10,195
Disposals	-
Revaluations	-
Transfers	-
At 31 July 2012	10,195
Depreciation	
Charge for the year	-
On disposals	-
At 31 July 2012	-
Net book values	
At 31 July 2012	10,195

Fixtures &Fittings

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.