REGISTERED NUMBER: SC397463 (Scotland)

Abbreviated Unaudited Accounts

for the Period 11 April 2011 to 30 April 2012

for

Informed Lifestyle Ltd

WEDNESDAY

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COMPANIES HOUSE

Informed Lifestyle Ltd (Registered number: SC397463)

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for the Period 11 April 2011 to 30 April 2012

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Informed Lifestyle Ltd

Company Information
for the Period 11 April 2011 to 30 April 2012

DIRECTORS:	R Rock Ms K Macartney
REGISTERED OFFICE:	Cowan & Partners Limited 60 Constitution Street Leith Edinburgh MIDLOTHIAN EH6 6RR
REGISTERED NUMBER:	SC397463 (Scotland)
ACCOUNTANTS:	Cowan & Partners Limited 60 Constitution Street Edinburgh EH6 6RR

Informed Lifestyle Ltd (Registered number: SC397463)

Abbreviated Balance Sheet
30 April 2012

		£
CURRENT ASSETS		
Cash at bank		760
CREDITORS		
Amounts falling due within one year		28,405
NET CURRENT LIABILITIES		(27,645)
TOTAL ASSETS LESS CURRENT LIABILITIES		(27,645)
CAPITAL AND RESERVES		
Called up share capital	2	100
Profit and loss account		(27,745)
SHAREHOLDERS' FUNDS		(27,645)

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 30 April 2012.

The members have not required the company to obtain an audit of its financial statements for the period ended 30 April 2012 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 11 January 2013 and were signed on its behalf by:

R Rock - Director

The notes form part of these abbreviated accounts

Notes to the Abbreviated Accounts
for the Period 11 April 2011 to 30 April 2012

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The accounts have been prepared on a going concern basis. However, the company can only continue to trade through the financial support of the Director. This support shall continue until such times as profits are generated and positive reserves are achieved.

Accounting convention
The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover
Turnover represents net invoiced sales of services, excluding value added tax. The company's policy is to recognise a sale when the company obtains the right to consideration.

2. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	£
100	Ordinary	£1	100

100 Ordinary shares of £1 each were allotted and fully paid for cash at par during the period.

Chartered Accountants' Report to the Board of Directors
on the Unaudited Financial Statements of
Informed Lifestyle Ltd

The following reproduces the text of the report prepared for the directors in respect of the company's annual unaudited financial statements, from which the unaudited abbreviated accounts (set out on pages two to three) have been prepared.

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of Informed Lifestyle Ltd for the period ended 30 April 2012 which comprise the Profit and Loss Account, the Balance Sheet and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants of Scotland, we are subject to its ethical and other professional requirements which are detailed at http://www.icas.org.uk/accountspreparationguidance.

This report is made solely to the Board of Directors of Informed Lifestyle Ltd, as a body, in accordance with our terms of engagement. Our work has been undertaken solely to prepare for your approval the financial statements of Informed Lifestyle Ltd and state those matters that we have agreed to state to the Board of Directors of Informed Lifestyle Ltd, as a body, in this report in accordance with the requirements of the Institute of Chartered Accountants of Scotland as detailed at http://www.icas.org.uk/accountspreparationguidance. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and its Board of Directors, as a body, for our work or for this report.

It is your duty to ensure that Informed Lifestyle Ltd has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and loss of Informed Lifestyle Ltd. You consider that Informed Lifestyle Ltd is exempt from the statutory audit requirement for the period.

We have not been instructed to carry out an audit or a review of the financial statements of Informed Lifestyle Ltd. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

Cowan & Partners Limited
60 Constitution Street
Edinburgh
EH6 6RR



11 January 2013