Registered Number SC371040

FORREST BUSINESS CONSULTANCY LIMITED

Abbreviated Accounts

31 January 2012

FORREST BUSINESS CONSULTANCY LIMITED **Registered Number SC371040**

Balance Sheet as at 31 January 2012

	Notes	2012		2011	
		£	£	£	£
Fixed assets					
Tangible	2		221		444
Total fixed assets			221		444
Current assets					
Debtors		1,431		3,312	
Cash at bank and in hand		13,012		3,641	
Total current assets		14,443		6,953	
Creditors: amounts falling due within one year		(3,981)		(3,909)	
Net current assets			10,462		3,044
Total assets less current liabilities			10,683		3,488
Total net Assets (liabilities)			10,683		3,488
Capital and reserves					
Called up share capital	3		100		100
Profit and loss account			10,583		3,388
Shareholders funds			10,683		3,488

a. For the year ending 31 January 2012 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
c. The directors acknowledge their responsibility for:
    i. ensuring the company keeps accounting records which comply with Section 386; and
    ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 18 May 2012

And signed on their behalf by:
James Forrest, Director
Doreen M Forrest, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 31 January 2012

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover

Turnover represents the total invoice value, excluding value added tax , of sales made during the year and derives from the provision of goods falling within the company's ordinary activities.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Fixtures and Fittings	50.00% Straight Line
Computer Equipment	50.00% Straight Line

2 Tangible fixed assets

Cost	£
At 31 January 2011	889
additions	442
disposals	
revaluations	
transfers	
At 31 January 2012	1,331

Depreciation	
At 31 January 2011	445
Charge for year	665
on disposals	
At 31 January 2012	1,110

Net Book Value	
At 31 January 2011	444
At 31 January 2012	221

3 Share capital

	2012	2011
	£	£
Authorised share capital:		
1000 Ordinary of £1.00 each	1,000	1,000

	Allotted, called up and fully paid:		
	100 Ordinary of £1.00 each	100	100

4 **Transactions with directors**

None

5 **Related party disclosures**

None