

ABBREVIATED UNAUDITED ACCOUNTS FOR THE YEAR ENDED 30 APRIL 2015

FOR

MINDFUL COACHING LIMITED

**CONTENTS OF THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 30 APRIL 2015**

	Page
Company Information	1
Abbreviated Balance Sheet	2
Notes to the Abbreviated Accounts	3

MINDFUL COACHING LIMITED

**COMPANY INFORMATION
FOR THE YEAR ENDED 30 APRIL 2015**

DIRECTOR: Mrs S E Prentice

REGISTERED OFFICE: 117 Derberth Grange
Kingswells
Aberdeen
AB15 8UD

REGISTERED NUMBER: SC358708 (Scotland)

ACCOUNTANTS: Fyfe Moir & Associates
58 Queens Road
Aberdeen
Grampian
AB15 4YE

ABBREVIATED BALANCE SHEET
30 APRIL 2015

	Notes	30.4.15 £	£	30.4.14 £	£
FIXED ASSETS					
Tangible assets	2		2,191		1,563
CURRENT ASSETS					
Debtors		1,130		1,596	
Cash at bank		<u>9,395</u>		<u>16,340</u>	
		10,525		17,936	
CREDITORS					
Amounts falling due within one year		<u>1,518</u>		<u>3,607</u>	
NET CURRENT ASSETS			<u>9,007</u>		<u>14,329</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			11,198		15,892
PROVISIONS FOR LIABILITIES			<u>438</u>		<u>313</u>
NET ASSETS			<u>10,760</u>		<u>15,579</u>
CAPITAL AND RESERVES					
Called up share capital	3		100		100
Profit and loss account			<u>10,660</u>		<u>15,479</u>
SHAREHOLDERS' FUNDS			<u>10,760</u>		<u>15,579</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 April 2015.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 April 2015 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 18 October 2015 and were signed by:

Mrs S E Prentice - Director

Accounting convention

Turnover

Tangible fixed assets

Fixtures and fittings	- 20% on cost
Computer equipment	- 33% on cost

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Pension costs and other post-retirement benefits

2. TANGIBLE FIXED ASSETS

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:				
Number:	Class:	Nominal value:	30.4.15 £	30.4.14 £
100	Ordinary	£1	100	100

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.