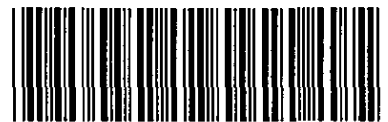


ABBREVIATED UNAUDITED ACCOUNTS
FOR THE PERIOD 27 APRIL 2009 TO 30 APRIL 2010
FOR
MINDFUL COACHING LIMITED

FRIDAY



S40DKL5J

SCT

25/06/2010

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COMPANIES HOUSE

MINDFUL COACHING LIMITED

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FOR THE PERIOD 27 APRIL 2009 TO 30 APRIL 2010**

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MINDFUL COACHING LIMITED

**COMPANY INFORMATION
FOR THE PERIOD 27 APRIL 2009 TO 30 APRIL 2010**

DIRECTOR: Mrs S E Prentice

REGISTERED OFFICE: 117 Derberth Grange
Kingswells
Aberdeen
AB15 8UD

REGISTERED NUMBER: SC358708 (Scotland)

ACCOUNTANTS: Fyfe Moir & Associates
58 Queens Road
Aberdeen
Grampian
AB15 4YE

MINDFUL COACHING LIMITED

ABBREVIATED BALANCE SHEET

30 APRIL 2010

	£
CURRENT ASSETS	
Debtors	654
Cash at bank	1,945
	<u>2,599</u>
CREDITORS	
Amounts falling due within one year	1,397
	<u>1,397</u>
NET CURRENT ASSETS	<u>1,202</u>
TOTAL ASSETS LESS CURRENT LIABILITIES	<u>1,202</u>
CAPITAL AND RESERVES	
Called up share capital	100
Profit and loss account	1,102
	<u>1,202</u>
SHAREHOLDERS' FUNDS	<u>1,202</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 30 April 2010.

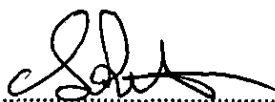
The members have not required the company to obtain an audit of its financial statements for the period ended 30 April 2010 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 22/6/10 and were signed by:



.....
Mrs S E Prentice - Director

The notes form part of these abbreviated accounts

MINDFUL COACHING LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS FOR THE PERIOD 27 APRIL 2009 TO 30 APRIL 2010

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of services, excluding value added tax.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	£
100	Ordinary	£1	<u>100</u>

100 Ordinary shares of £1 each were allotted and fully paid for cash at par during the period.