Registered Number SC336569

Instinct4change Limited

Abbreviated Accounts

31 January 2012

Company Information

Registered Office:
24 Great King Street
Edinburgh
EH3 6QN

Reporting Accountants:
One Accounting Ltd

4 Redheughs Rigg
South Gyle
Edinburgh
Midlothian
EH12 9DQ

Instinct4change Limited **Registered Number SC336569**

Balance Sheet as at 31 January 2012

	Notes	2012		2011	
		£	£	£	£
Fixed assets					
Tangible	2		148		480
			148		480
Current assets					
Debtors		0		10,934	
Cash at bank and in hand		31,800		48,855	
Total current assets		31,800		59,789	
Creditors: amounts falling due within one year		(30,316)		(49,816)	
Net current assets (liabilities)			1,484		9,973
Total assets less current liabilities			1,632		10,453
Total net assets (liabilities)			1,632		10,453
Capital and reserves					
Called up share capital	3		10		10
Profit and loss account			1,622		10,443
Shareholders funds			1,632		10,453

a. For the year ending 31 January 2012 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
c. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 12 October 2012

And signed on their behalf by:
Ms A Ward, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the Abbreviated Accounts

For the year ending 31 January 2012

1 **Accounting policies**

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Computer equipments	33% on cost

2 **Tangible fixed assets**

	Total
Cost	**£**
At 01 February 2011	1,412
At 31 January 2012	1,412
Depreciation	
At 01 February 2011	932
Charge for year	332
At 31 January 2012	1,264
Net Book Value	
At 31 January 2012	148
At 31 January 2011	480

3 **Share capital**

	2012	2011
	£	**£**
Allotted, called up and fully paid:		
10 Ordinary shares of £1 each	10	10