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THE BREASTFEEDING NETWORK

REPORT OF THE DIRECTORS AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2017

Company Number: SC330639

Scottish Charity Number: SC027007

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THE BREASTFEEDING NETWORK

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FOR THE YEAR ENDED 31 MARCH 2017

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The Directors for the purpose of company law and trustees for the purpose of charity law present their report and financial statements for the year ended 31 March 2017. The financial statements comply with the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended), the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

OBJECTS AND ACTIVITIES

The Breastfeeding Network's (BfN) charitable objectives are to:

1. Promote breastfeeding and a greater understanding of breastfeeding in the United Kingdom;
2. Collect and disseminate information on breastfeeding and baby and infant nutrition;
3. Provide information and support to parents on the feeding of babies and infants;
4. Set, and to encourage the acceptance of, quality standards for breastfeeding support; and
5. Establish and publish codes of practice for such support.

Purpose

How an infant is fed and nurtured strongly influences a child's future life chances. Independent, practical, evidence-based information and support on breastfeeding is essential for women, parents and their families and should be available at every stage of a woman's breastfeeding journey. The UK has some of the lowest breastfeeding rates in the world and support for women, parents and families falls short of what is wanted and needed. See Vision & Aims of the Breastfeeding Network.

Our Approach

BfN trains peer supporters via a comprehensive approach underpinned by a sound theoretical basis. Peer supporters then offer support to parents and families through helplines, social media and face to face support in different settings. The approach makes an impact because our volunteers and staff are trained to a high standard, are able to benefit from the supervision of their activities and have personal experience of breastfeeding. They understand the issues affecting choices in infant feeding and work alongside parents to help them fulfil their wishes. This supports the parental confidence needed to nurture their children's development.

Volunteers

Volunteers have been integral to our work with women, parents and families. Today, our network of committed regular volunteers plays a vital role in supporting women with infant feeding on the National Breastfeeding Helpline (NBH), in hospitals, homes and in the community. Volunteers also support the charity's mission in other ways, including as directors on the Board and on committees, as local ambassadors and fundraisers.

- In the year 2016-17 over 600 BfN volunteers gave their time and skills to provide direct support to families in their communities and across our helplines.
- The contribution of volunteers was celebrated in publications and at key events including at the charity's Annual Conference where NBH volunteer recognition badges were awarded to volunteers who have provided significant support to helpline callers. 10 year certificates were awarded to a number of long-serving and committed volunteers.

- The charity places significant importance on volunteers having the right skills and support to carry out their work with families. This year, we have been pleased to offer volunteers adapted online training, supervision, online support through social media and a dedicated Handbook for Volunteers.
- The charity has also received ad-hoc support from individuals giving their time in other ways such as fundraising.

We thank all our volunteers for everything they have done to sustain and develop BfN and the women, parents and communities we support.

ACHIEVEMENTS AND PERFORMANCE

Our Work with Parents, Families and Communities

In the past year, BfN has supported over 30,000 women and their families through its peer support schemes and helplines and its network of 647 volunteers and 139 staff. Our peer support projects are typically rooted in communities where breastfeeding rates are low. We acknowledge that many families come to BfN for help in difficult circumstances. We are delighted that BfN has risen to this challenge and delivered transformative change.

National Breastfeeding Helpline (NBH)

The NBH continues to be a popular and necessary source of independent and confidential support for women and their families. This year, across all the lines, we received over 45,000 calls. Calls are answered by trained supporters from BfN and ABM (Association of Breastfeeding Mothers) and operations are supported by a small number of paid staff. Given the extensive opening hours (9.30am-9.30pm every day of the year) and use of volunteers, we continue to be challenged on answering all calls to the helpline. As a result, our main focus has been to increase the number of calls we answer, ensure quality support for callers, rationalise the number of language lines available and engage volunteers.

Volunteers are the backbone of the NBH along with the families we support. To this end, we have adapted our training to better support new volunteers by developing online training. A Volunteer Survey carried out in February 2017 has been a basis for some key recommendations to develop NBH working with funders. We have trained more volunteers to support mums and families who contact the NBH through the web chat function; in this year alone, volunteers received approximately 1,800 chat requests. This year, we introduced specific social media support for volunteers on the helpline to improve communication and facilitate group support. In addition, the NBH newsletter, which is sent out on a quarterly basis, is a lively, upbeat and useful communique for volunteers.

Thanks to our volunteers, we continue to maintain language lines in Welsh, Bengali and Sylheti. This year the Tamil line unfortunately closed, but we did have volunteer support to launch a dedicated Polish channel.

Funding from Scottish Government was renewed this year and funds a dedicated post to promote, support and coordinate the volunteers in Scotland linked to the helpline. It also supports the training of a specific cohort of Scottish volunteers to answer calls on NBH.

Drugs in Breastmilk Information Service (DIBM)

Since 1997, BfN has been running a service offering independent, evidence-based information and support to parents on the safety of medication in breastmilk. The service is run by a pharmacist and trained breastfeeding supporter with over 30 years' experience. The service received in excess of 10,000 enquires with a substantial number of enquiries relating to mental health. The charity continues to prioritise securing this service, putting extra effort into establishing long term funding and succession planning. In October 2016, BfN undertook a large user survey of the service to inform future planning. Key findings included the need for early expert support for breastfeeding mothers that are both sensitive and informed about maternal health and other support services. The survey also highlighted a need to train peer supporters in basic knowledge of medication and maternal health awareness to improve support and signposting.

Peer Support Projects (Commissioned Services)

England

In the year, the charity had 14 peer support project areas across England, ranging from Blackpool to Portsmouth. Within these project areas, BfN co-ordinate a range of services from peer support training and supervision, placing volunteers in community settings to running large scale peer support schemes. Over 16,000 individual mothers/families have been supported during the antenatal and postnatal period via a combination of staff and volunteers in hospitals, home visiting, telephone support and regular weekly drop-in groups. Many projects offer a targeted 1-1 breastfeeding peer support service to families from areas of socio-economic deprivation and low breastfeeding rates, alongside offering a universal support service.

BfN peer support projects offered approximately 90 regular drop-in groups, either BfN-led or within health professional settings, with over 70% being situated in areas of highest deprivation in that community. The projects have had to respond to changes in other services, for example, many projects offer support from children's centres, and with many facing closure, alternative venues have had to be found. These alternatives include maternity services, hubs and baby weigh-in clinics, always striving to offer breastfeeding support to those families that are hardest to reach. Established projects are well integrated with statutory services and close partnerships have been formed between projects and local stakeholders.

Scotland

In Scotland, BfN runs 9 projects across Ayrshire and Greater Glasgow and Clyde. There are 12 breastfeeding groups across Scotland and 11 of these are situated in areas of deprivation (Scottish Index of Multiple Deprivation Quintiles 1-2). On average, last year, approximately 300 different families were supported at groups and over 1,700 contacts with mothers were made. In 2016-2017 the service also supported almost 2,000 families on the wards at Ayrshire maternity unit and another 200 families through the 1:1 support service in East Ayrshire. BfN also worked with the NHS to promote a local Breastfeeding Welcome scheme and went into local schools to deliver information about infant feeding to around 180 children and young people. BfN work in Ayrshire received special recognition for the charity at the MAMA Conference in 2017 (the largest midwifery and maternity conference in the UK), winning an award for charity of the year.

Impact

The charity places importance on evaluating the impact of its services on supporting and sustaining breastfeeding choices. Following on from the 2016 evaluation undertaken by Blake Stevenson, the charity has prioritised sharing the evidence with stakeholders at several conferences. This year, a follow-up national evaluation survey revealed that:

Impact (cont'd)

- 65% of respondents (300 received) agreed they had the information needed to make decisions about feeding their baby before contact with BfN, rising to 95% after support from BfN;
- 48% of mums could breastfeed without pain before contacting BfN, increasing to 75% after support from us;
- Only 46% of mums felt confident about breastfeeding in public, rising to 79% after our support;
- Until they had support from BfN, only 61% of mums felt able to continue to breastfeed for as long as they chose. This increased to 90% feeling able to breastfeed for as long as they wished after peer support;
- More than half of the mums claimed BfN supported them to breastfeed for longer than they otherwise would have done. Reasons given for this included evidence-based information about medication, information about attachment, expressing milk and breastfeeding when returning to work, introducing solid foods, managing blocked ducts and mastitis, meeting other like-minded mothers and knowing what is 'normal' new born behaviour;
- Over 90% of mothers said they felt listened to, that their choices were respected, they were not pressured to do one particular thing and that the support/information they received was specific to them;
- 95% of mothers were satisfied with the support they received from BfN and 96% would recommend us to family or friends;
- While only a small number of responses were received from healthcare professionals, 100% of those who responded would recommend BfN to a friend or family member, and also noted that we also helped to increase their confidence in supporting mothers with breastfeeding and making feeding choices as well as improving their attitude towards breastfeeding.

Training (Courses)

The charity offers comprehensive and accredited peer support training to volunteers at no cost to trainees. Provision of training is subject to funding available as determined by local areas.

Accredited Courses

BfN is a recognised centre with Open College Network London (OCNL). BfN is pleased to have maintained 'Direct Claims Status' with OCNL. This award demonstrates that the charity has the skills, knowledge and robust quality systems, including internal moderation, to maintain quality without constant checks by OCNL.

BfN offers two levels of accredited training, Helpers' and Supporters' courses. The BfN's Helpers' Course comprises two units at level 2 and is delivered face to face. During the last year, BfN delivered 15 courses and 154 trainees completed the course to qualify as Helpers.

The BfN's Supporters' Course comprises two units at level 3 and can be delivered face to face, online or a combination of both. Two versions of the course can be offered - a Helpline Supporters' course and a full Supporters' course. From April 2016 to March 2017, BfN delivered a total of three Helpline Supporters' courses, resulting in 33 new Helpline Supporters.

BfN delivered 5 full Supporters' courses during the year, resulting in 14 trainees qualifying as full Supporters.

Tutor and Supervisor Training

As part of BfN's Strategic commitment to develop and train new Tutors and Supervisors, training for 2016/17 began with the aim of training ten new tutor / supervisors in areas where capacity needs to be built. Trainees are due to qualify in late 2017.

To unify our approach we also have offered opportunities for training and networking for volunteers, supporters, staff, tutors and supervisors. Key events include:

- BfN's Annual Conference and AGM
- Dedicated Tutor & Supervisor Days in Carlisle and Stevenage
- NBH Study Days & Local area hosted Study Days

Partners and Networks

We are proud of our work with others during 2016/17, especially our partner on NBH – the ABM. We were also pleased to work with colleagues through the All Party Parliamentary Group on Infant Feeding and Inequalities, UNICEF UK Baby Friendly Initiative, GP Infant Feeding Network, National Infant Feeding Network, Home-Start UK, National Childbirth Trust and First Steps Nutrition. In Scotland, we work with Scottish Government, Scottish Infant Feeding Advisors Network, Renfrewshire local area committees, NHS Ayrshire and Arran, Cattanach Trust, Volant Trust and organisers of MAMA Conference. In addition, BfN enjoys special support from being a chosen organisation on ACOSVO's Path to Impact Programme and on the Women and Girl Empowerment Programme at Hogan Lovells.

BfN is dedicated to ensuring the best evidence is available so parents can pursue real choice in infant feeding. As a result, we also collaborated on a number of research projects with universities including Southampton, Cardiff and UCLAN.

We thank our partners and supporters for their time, expertise and funding in 2016/17.

Membership and Friends Schemes

In 2016/17, the charity rationalised its categories of members following review of the existing membership database. BfN now offers one category of membership and two Friends schemes. This structure allows the charity to build and grow its supporter base while also allowing supporters to target their support.

BfN Membership is open to registered volunteers and current trainees who are up to date with supervision and have completed all mandatory training. Members enjoy insurance to volunteer and practice with BfN; qualification for reduced price entry at the Annual Conference; and an invitation to the AGM. All Members have voting rights and receive a copy of both the BfN Newsletter and Central Line.

The number of Members at the end of 2016/17 was 1,305.

The charity will continue to monitor membership rates and look to support member engagement.

- **Friends of BfN**

This is a new category implemented at the beginning of April 2017. It combines the previous categories of Friend and Subscriber (now obsolete). New Friends of BfN receive a welcome pack that includes a copy of some of our printed information (Mastitis, How safe is alcohol, How safe is smoking, Medications and Breastfeeding, Expressing and Storing breastmilk, NBH postcard) and a BfN badge. They also receive a copy of the Newsletter.

➢ **Friends of DIBM**

As at the end of March 2017 BfN had 5 organisation members and 33 individual members. Members receive the following benefits:

- A hard copy of all the DIBM information sheets (worth £10. Organisational friends will receive up to 5 copies);
- Tthe twice yearly DIBM e-newsletter;
- The latest updates to DIBM information sheets, plus any new information sheets by email as soon as they are released;
- All the latest BfN Big Tea Break event information and resources as soon as they are available; and
- An e-certificate.

Fundraising Events

2016/17 proved to be a strong year for fundraising thanks to some inspirational efforts of BfN supporters. BfN ran two successful fundraising campaigns through the period. Mums' Milk Run is now in its fourth year and raised approximately £1,400 and the Big Tea Break Challenge, in its second year raising funds for DIBM, raised approximately £3,700.

Communication, website and social media

Website

The charity has prioritised developing and updating online information to ensure that information and support is available to parents and families 24 hours a day, 365 days of the year when other sources of support may not be available. During 2016/17, 276,317 users accessed the charity website. 80% of visitors were located in the UK but the website has also been accessed by people based in the US, Ireland, Australia, India, Canada, Malaysia, Singapore, Philippines and Kenya.

BfN Newsletter and Central Line

The charity has re-designed its newsletter which is issued electronically to Members, Friends and Supporters of BfN on a quarterly basis. We distribute a dedicated e-letter for volunteers, tutors and supervisors which follows meetings of the Board to share the latest highlights on issues affecting BfN.

Social Media

We continue to maintain an active presence across social media with growing numbers of Twitter and Facebook followers for BfN, NBH and DIBM accounts. We work together with partners to share relevant information, support fundraising and highlight campaigns, such as National Breastfeeding Celebration Week and Maternal Mental Health Awareness Week. Our social media presence is popular and engaging for families, volunteers and health professionals and contributes greatly to our ability to be involved and to influence national discussions about infant feeding.

Governance

In 2016/17 the Directors oversaw the implementation of the reviewed strategic plan for 2017-2019. The Board also co-opted 6 new directors following a Board-led skills review to support succession planning and member / non-member Director balance. One Director was co-opted in December 2016 and has since resigned. The recruitment of 5 new Directors followed an advert and dedicated campaign to attract new directors carried out in April-May 2017. Potential Directors were interviewed by at least two Directors and the Chief Executive and recommendation for appointment was approved at a full meeting of the Board in July 2017. BfN is pleased to welcome new directors who bring skills in finance, regulation and strategic communication with relevant experience in infant feeding.

FINANCIAL REVIEW

In the year ended 31 March 2017 the total income was £1,161,527 (2016: £1,368,460) and the total expenditure was £1,088,095 (2016: £1,156,947). The total funds carried forward at the end of the year were £1,060,634 (2016: £987,202), of which £462,145 (2016: £552,890) were in restricted funds and £598,489 (2016: £434,312) were in unrestricted funds.

The movement in unrestricted reserves was a deficit of £37,870 (before transfers) (2016: surplus £1,983) and arose due to the one-off write back of a number of historic balances.

It is recognised that we are working in a very difficult economic climate and the Board continues to prioritise, and take steps to secure, sustainable funding for the organisation. The organisation remains committed to seeking additional funding opportunities in line with our purposes and strategic aims, and to monitoring expenditure closely.

Grant funding

In 2016/17 BfN were successful with a core grant application to Scottish Government to help improve capacity in Scotland on NBH and support peer support activity in Glasgow and Ayrshire.

Commissioned Peer Support Contracts

In 2016/17 projects in Portsmouth, Gloucester and North Lancashire were successfully re-tendered. Unfortunately, funding for schemes in Lewisham and Blackpool were not renewed. These changes were in the context of reducing public funding and responsibility for the provision of early years funding transitioning from public health to local authorities. Despite the challenges of reducing resources and greater expectations, BfN projects continue to perform well and many services have been retained which is credit to BfN's staff and volunteers and enables parents, families and communities continued access to breastfeeding peer support.

At the start of the year, confirmation of continued funding for NBH until August 2019 was received.

Reserves Policy

In the current climate where grants and contracts are increasingly difficult to obtain, the directors have undertaken a comprehensive review of the reserves of the charity. Successful management of the reserves is seen as a priority and decisions have been taken this year to create a number of designated funds to aid the development and future proofing of the organisation (Note 14).

The Board has agreed a new target to maintain reserves of unrestricted funds. The revised target is to cover the core running costs of the charity for at least nine months. The core running costs are approximately £30,000 per month. The unrestricted reserve at 31 March 2017, is approximately £237,000, which represents a reserve of 7.9 months of running costs. Further work is required in the coming year to attain the revised target level.

Investment Policy

Funds held in excess of operating requirements are held in a deposit account in order to achieve the most favourable rate of return with minimal risk.

Risk Management

The Board of Directors places a high priority on effective risk management to ensure that the charity operates within its financial capabilities and makes prudent financial decisions. In addition to finance risk management, the Directors also place a high priority on minimising exposure to risk

Risk Management (cont'd)

to women and babies who access services, staff and volunteers. Policies and procedures are in place covering standards of support, safeguarding and health and safety practices. The charity maintains a Risk Register which is reviewed on a rolling basis at each meeting of the Finance, Audit and Risk Committee meeting which reports back to the Board. The Board reviews the Risk Register in full annually. The principal risks are identified and mitigation strategies discussed and agreed. As at July 2017, the Board had identified the following as the most significant risks.

Risk Description – Financial
BfN's development is negatively impacted by the reduction in funding from commissioned income resulting in the loss of services to parents, families and volunteers.
Strategy to manage risk The approved approach has been to review and monitor performance of existing contracts ensuring best value and the recovery of all costs. In tandem, the charity is proactively pursuing alternative sources of funding including fundraising, grant income and the development of online sales and new courses to ensure we can deliver quality services, maintain support for volunteers and innovate.
Risk Description – Environmental and External
Government de-prioritises breastfeeding and neglects its role in wider health and social planning.
Strategy to manage risk The approved approach is to monitor proposed legal and regulatory changes alongside working collaboratively with external bodies (including funders and government) to ensure that breastfeeding is kept high on the agenda. This will be done via dedicating more strategic time to partnerships and press and parliamentary relations.

PLANS FOR THE FUTURE

Our plans for 2017/18 include:-

- Implementing BfN's revised strategic plan for 2017-2019, including sustaining key areas of service and voluntary effort;
- Delivering 2017 Annual Conference for Volunteers and Stakeholders and AGM;
- Implementing activities linked with Scottish Government Funding to develop capacity on NBH and peer support in Scotland;
- Embedding a comprehensive approach to evaluation;
- Providing BfN Peer Support Schemes with a funding tool kit, resources for influencing and updated policies;
- Carrying out our *"20 years supporting women, families and communities"* celebrations including two parliamentary events and pursing our fundraising and volunteering campaign using the hashtag #pledge20;
- Developing training that meets the needs of the families we support, including neonatal peer support training and antenatal training;
- Developing training that meets the needs of others including healthcare professionals and those looking to pursue a career in healthcare; and
- Social media – developing plans to ensure more strategic communications across our social media channels linking with relevant campaigns and widening the support to parents and families.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Directors (who are also the trustees of The Breastfeeding Network for the purposes of charity law) are responsible for preparing the Directors' Annual Report and the financial statements in accordance with the applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Directors to prepare financial statements for each financial year that give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Directors are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles of the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed; subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charitable company will continue on that basis.

The Directors are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities & Trustees Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The Directors are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Directors are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity Name	The Breastfeeding Network
Company registration number	SC330639
Charity number	SC027007
Registered Office	9 Ainslie Place Edinburgh EH3 6AT
Principal Office	PO Box 11126 Paisley PA2 8YB

REFERENCE AND ADMINISTRATIVE INFORMATION (cont'd)

Bankers	Bank of Scotland plc 58 Neilston Road Paisley PA2 6NE
Solicitors	Shepherd and Wedderburn 1 Exchange Crescent Conference Square Edinburgh EH3 8UL
Senior Statutory Auditor **Independent Auditors**	Kevin Cattanach Whitelaw Wells Statutory Auditors 9 Ainslie Place Edinburgh EH3 6AT
Accountant	Heather Hartman Charity Figures Hartman Figures Limited 25 Newmills Road, Balerno, Midlothian, EH14 5SU

Directors/Trustees

The Directors of the charitable company are its trustees for the purpose of charity law. The Trustees and officers serving during the year and since the year end were as follows:

Sukie Woodhouse (Chair)
Phyll Buchanan (Vice Chair to September 2017, Interim Caldicott Guardian)
Deborah Lawrence (Treasurer to 7th October 2017)
Wendy Barber (Caldicott Guardian, resigned 14th July 2017)
Kirsten Burnett
Zoe Chadderton
Madeline Lowe (resigned 23rd April 2017)
Ann Kerr (Vice Chair from September 2017)
Mary Whitmore
Deana Whalley (appointed 5th November 2016)
Dr Sophie Scott (joined December 2016, resigned 15th July 2017)
Sarah Turner (co-opted 15th July 2017)
Emma Bandey (co-opted 15th July 2017)
Adel Murray (co-opted 15th July 2017)
Caragh Gregory (co-opted 15th July 2017)
Francesca Cherubini Stoughton (co-opted 15th July 2017)

At the 2017 AGM Phyll Buchanan and Zoe Chadderton will step down and be offered for re-election by the membership.

Company Secretary	Deborah Lawrence

REFERENCE AND ADMINISTRATIVE INFORMATION (cont'd)

Key Management Personnel

Chief Executive	Shereen Fisher
Business Development	Kate Meads
NBH Manager	Felicity Lambert
Central Support Manager	Clare Farquhar
Programme Manager (North)	Nina White
Programme Manager (South)	Anthea Tenant-Eyles
Business Development / Programme Manager (Scotland)	Sarah Edwards

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

The Breastfeeding Network is a charitable company limited by guarantee incorporated on 7th September 2007. The company was incorporated under a Memorandum of Association which established the objects and powers of the company and is governed under its Articles.

Recruitment and Appointment of Board of Directors

Under the Articles, new directors are elected by members, or appointed by the current directors. The maximum number of directors is set at 12, and of these, the non-member directors should not form a majority. Directors are unremunerated.

The Board has made a commitment to regularly assess its effectiveness and skills-set and knowledge it requires to operate at a high level. Trustees are appointed from diverse backgrounds for their expertise, knowledge and interest in infant feeding, law, finance and HR.

The key duties and responsibilities of the Board of Trustees include making decisions on strategic, organisation and financial policy affecting the charity, including Information Governance, Health and Safety, Safeguarding, reserve policy, investment decisions and annual budget approval.

Board of Directors: Induction and Training

New directors all receive an induction pack and are invited to participate in an induction programme which includes meetings with the other Directors, Chief Executive, members of staff and volunteers. The induction pack is updated regularly, incorporating good practice guidance from the Office of the Scottish Charity Regulator (OSCR).

Director training on roles and responsibilities, information governance and infant feeding awareness is carried out as required.

Directors adhere to a Conflict of Interests policy and a Register of Interests is held and regularly reviewed. Interests are declared at the start of each board meeting.

The member directors retire from the Board by rotation. The longest serving third of the Board step down at the AGM. Board members can then stand for re-election.

Organisational and Decision Making Structure

The Board of Directors meets quarterly and is responsible for the strategic direction and key policies of the charity. The Chief Executive and Central Management Team have delegated responsibility to oversee the operational management of the charity and ensure delivery of the strategic plan.

There are currently two sub-committees that support the work of the Board in specific areas.

- Finance, Audit and Risk (FAR) Committee, a formal Board sub-committee, overseeing financial matters, compliance and the risk register;
- Quality, Standards and Training (QUeST) committee, a formal Board sub-committee overseeing quality and standards of all BfN information, support and training

During the year, the charity employed no full time members of staff, 139 part-time members of staff and over 600 volunteers who underpin the work of the charity. For each staff member, there is a staff handbook, a job description and person specification and support from a line manager. For each volunteer, there is a task description, access to a volunteers' handbook and support from a supervisor. All staff and volunteers enjoy regular support and supervision and regular appraisals.

The Board of Directors would like to thank all staff and volunteers for their valuable time, commitment and loyalty throughout the period.

Pay policy for senior staff

The Board of Directors consider the Chief Executive Officer, Business development manager, NBH Manager, Central Support Manager and the Programme Managers to be the key management personal of the charity. The pay of the senior staff is reviewed annually.

All directors give of their time freely and no director received remuneration in the year. Details of directors' expenses are disclosed in note 8 to the accounts.

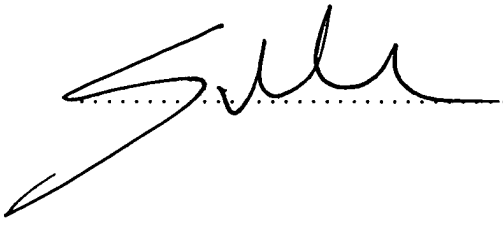
STATEMENT AS TO DISCLOSURE OF INFORMATION TO AUDITORS

So far as the Directors are aware, there is no relevant audit information (as defined by Section 418 of the Companies Act 2006) of which the company's auditors are unaware, and each Director has taken all the steps he or she ought to have taken as a Director in order to make himself or herself aware of any relevant audit information and to establish that the company's auditors are aware of that information.

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the special provisions of Part 15 Companies Act 2006 relating to small companies.

Approved by the Board of Directors on 7 October 2017 and signed on their behalf by:



Sukie Woodhouse (Chairperson)

INDEPENDENT AUDITORS' REPORT

TO THE DIRECTORS AND MEMBERS OF THE BREASTFEEDING NETWORK

We have audited the accounts of The Breastfeeding Network for the year ended 31 March 2017 which comprise the Statement of Financial Activities (incorporating the Income and Expenditure Account), the Balance Sheet, the Cash Flow Statement and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and to the charitable company's directors, as a body, in accordance with Section 44(1) (c) of the Charities and Trustees Investment (Scotland) Act 2005 and regulation 10 of the Charities Accounts (Scotland) Regulations 2006 (as amended). Our audit work has been undertaken so that we might state to the charitable company's members and directors those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective Responsibilities of Directors and Auditors
As explained more fully in the Directors' responsibilities statement set out on page 10, the Trustees are responsible for the preparation of the accounts and for being satisfied that they give a true and fair view.

We have been appointed as Auditor under section 44(1) (c) of the Charities and Trustee Investment (Scotland) Act 2005 and under the Companies Act 2006 and report in accordance with regulations made under those Acts.

Our responsibility is to audit and express an opinion on the accounts in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

Scope of the Audit of the Accounts
An audit involves obtaining evidence about the amounts and disclosures in the accounts sufficient to give reasonable assurance that the accounts are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the Directors; and the overall presentation of the accounts. In addition, we read all the accounts and non-financial information in the Directors' Report to identify material inconsistencies with the audited accounts and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

THE BREASTFEEDING NETWORK

INDEPENDENT AUDITORS' REPORT

TO THE DIRECTORS AND MEMBERS OF THE BREASTFEEDING NETWORK

Opinion on Accounts
In our opinion the accounts:-

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2017 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities; and
- have been prepared in accordance with the requirements of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended).

Opinion on Other Matters Prescribed by the Companies Act 2006
In our opinion the information given in the Directors' Report for the financial year for which the accounts are prepared is consistent with the accounts.

Matters on which we are Required to Report by Exception
We have nothing to report in respect of the following matters where the Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 (as amended) requires us to report to you if, in our opinion:-

- the charitable company has not kept proper and adequate accounting records, or returns adequate for our audit have not been received from branches not visited by us; or
- the accounts are not in agreement with the accounting records and returns; or
- certain disclosures of Directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Directors' Annual Report.

Kevin Cattanach

Kevin Cattanach
Senior Statutory Auditor
for and on behalf of Whitelaw Wells, Statutory Auditor
Whitelaw Wells is eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
9 Ainslie Place
Edinburgh EH3 6AT

Date: 7th October 2017

THE BREASTFEEDING NETWORK

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 MARCH 2017

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2017 £	Total Funds 2016 £
Income and endowments from:					
Donations	(2)	14,823	1,398	16,221	23,520
Charitable activities:	(3,4)				
Peer support		-	860,519	860,519	1,093,442
Helplines		-	252,981	252,981	190,960
Training		9,047	10,028	19,075	29,197
Information dissemination		4,560	-	4,560	17,738
Other trading activities					
Fundraising		1,960	3,162	5,122	1,678
Investment income – bank interest		3,049	-	3,049	3,073
Other income		-	-	-	8,852
Total Income		33,439	1,128,088	1,161,527	1,368,460
Expenditure on:					
Raising funds:					
Fundraising & cost of sales	(5)	211	12,669	12,880	6,568
Charitable activities	(6)	71,098	1,004,117	1,075,215	1,150,379
Total expenditure		71,309	1,016,786	1,088,095	1,156,947
Net (expenditure)/income		(37,870)	111,302	73,432	211,513
Transfers between funds	(14)	202,047	(202,047)	-	-
Net movement in funds		164,177	(90,745)	73,432	211,513
Funds brought forward		434,312	552,890	987,202	775,689
Funds carried forward		598,489	462,145	1,060,634	987,202

The company has no gains or losses other than the results for the year as set out above. All activities are classed as continuing.

The notes on pages 19 to 29 form part of these financial statements.

THE BREASTFEEDING NETWORK

BALANCE SHEET

AS AT 31 MARCH 2017

	Note	£	2017 £	2016 £
FIXED ASSETS				
Tangible assets	10		134	202
			134	202
CURRENT ASSETS				
Stock		5,956		7,085
Debtors	11	131,561		302,493
Cash at bank and in hand		988,707		742,953
		1,126,224		1,052,531
CREDITORS				
Amounts falling due within one year	12	(65,724)		(65,531)
NET CURRENT ASSETS			1,060,500	987,000
NET ASSETS	15		1,060,634	987,202
FUNDS				
Unrestricted funds:	14			
General Funds		236,889		434,312
Designated Funds		361,600		-
			598,489	434,312
Restricted funds	14		462,145	552,890
			1,060,634	987,202

These financial statements are prepared in accordance with the special provision of Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard (FRS102) and are for circulation to members of the company. [Company no. SC330639]

Approved by the Board of Directors on 7th October 2017 and signed on their behalf by:

.....
Sukie Woodhouse (Chairperson)
Director

.....
Deborah Lawrence
Director

The notes on pages 19 to 29 form part of these financial statements.

THE BREASTFEEDING NETWORK

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2017

	2017	2016
	£	£
Net cash provided by operating activities (as below)	242,705	240,984
Cash flows from investing activities		
Interest income	3,049	3,073
Purchase of tangible fixed assets	-	(270)
Net cash provided by investing activities	3,049	2,803
Change in cash and cash equivalents in the year	245,754	243,787
Cash and cash equivalents at the beginning of the year	742,953	499,166
Cash and cash equivalents at the end of the year	988,707	742,953

RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2017	2016
	£	£
Income for the year (per Statement of Financial Activities)	73,432	211,513
Adjustments for:		
Add depreciation charge	68	68
Deduct interest income shown in investing activities	(3,049)	(3,073)
Decrease in stock	1,129	346
Decrease in debtors	170,932	73,703
Increase/(decrease) in creditors	193	(41,573)
Net cash flow provided by operating activities	242,705	240,984

CASH AND CASH EQUIVALENTS represented by:

	2017	2016
	£	£
Cash held in current accounts	479,433	236,429
Cash held on short term deposit	509,274	506,224
Cash in hand	-	300
Net cash flow provided by operating activities	988,707	742,953

The notes on pages 19 to 29 form part of these financial statements.

1. ACCOUNTING POLICIES

(a) Basis of preparation

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) – Charities SORP (FRS102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Companies Act 2006.

The Breastfeeding Network meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless stated in the relevant accounting policy note(s).

(b) Preparation of the accounts on a going concern basis

In spite of the uncertain economic outlook, the Directors are of the view that the charity has secured enough longer term funding for the next 12 to 18 months and on that basis the charity is a going concern.

(c) Income

Income is recognised when the charity is entitled to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants (whether capital or revenue) or contracts is recognised in the statement of financial activities when the charity has entitlement to the funds, any performance conditions attached to the grants/contracts has been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred. Where the grantor or donor has specified that the grant or donation is to be spent for a particular period, the portion which relates to a future period is treated as deferred income and included in creditors.

Donated goods, services and facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS102), volunteer time is not recognised. On receipt, donated goods, services and facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay for the equivalent item in the open market; a corresponding amount is then recognised in expenditure in the period of receipt.
Training fees, shop income and other income are accounted for when earned.
Investment income is included when receivable.

1. ACCOUNTING POLICIES (cont'd)

(d) **Expenditure and irrecoverable VAT**

All expenditure is included on an accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. The charity is registered for VAT but for expenditure which includes any VAT which cannot be fully recovered, the VAT element is reported as part of the expenditure to which it relates.

Cost of raising funds comprises costs associated with fundraising costs.

Expenditure on charitable activities comprises those costs incurred by the charity in providing activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature (administration, finance, personnel, payroll and governance costs) necessary to support them. The basis on which support costs have been allocated are set out in note 8.

(e) **Operating lease agreements**

Rentals applicable to operating leases, where substantially all of the benefits and risks of ownership remain with the lessor, are charged against income on a straight-line basis over the period of the lease.

(f) **Tangible fixed assets**

Tangible fixed assets are originally recorded at cost. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Fixtures & Fittings, Equipment	25% straight line

The charity's policy is not to capitalise items that cost under £750.

(g) **Stock**

Stock is held at the lower of cost or net realisable value.

(h) **Debtors**

Debtors are recognised at the settlement amount.
Prepayments are valued at the amount prepaid net of any discounts due.

(i) **Cash at bank and in hand**

Cash at bank and in hand includes petty cash and bank deposits.

(j) **Creditors**

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are recognised at their settlement amount after allowing for any discounts due.

(k) Fund accounting

Unrestricted funds are available for use at the discretion of the Directors in furtherance of the general objects of the charity.

Restricted funds are subject to restrictions on their expenditure imposed by the donor/grantor.

(l) Pensions

The charity contributes to a defined contribution pension scheme for all employees who are eligible to participate. The pension cost charge represents contributions payable by the Charity to the scheme in respect of the year.

2. DONATIONS

	Unrestricted Funds £	Restricted Funds £	2017 Total £	2016 Total £
Donations	10,089	1,398	11,487	19,546
Membership subscriptions	4,734	-	4,734	3,974
Total income from donations	14,823	1,398	16,221	23,520

Income from donations was £16,221 (2016: £23,520) of which £14,823 (2016: £20,994) was unrestricted and £1,398 (2016: £2,526) was restricted.

The charity benefits greatly from the involvement and support of its many volunteers. In accordance with FRS102 and the Charities SORP (FRS102), the economic contribution of general volunteers is not recognized in the accounts.

3. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	2017 Total £	2016 Total £
Peer Support Programmes				
Grants/contracts (Note 4)	-	860,519	860,519	1,093,442
Helplines				
Grants (Note 4)	-	252,981	252,981	190,960
Training				
Training income	9,047	10,028	19,075	29,197
Information dissemination				
Other income	4,560	-	4,560	17,738
Total income from charitable activities	13,607	1,123,528	1,137,135	1,331,337

Income from charitable activities was £1,137,135 (2016: £1,331,337) of which £13,607 (2016: £28,457) was unrestricted and £1,123,528 (2016: £1,302,880) was restricted.

4. GRANT/CONTRACT INCOME

	Unrestricted Funds £	Restricted Funds £	2017 Total £	2016 Total £
Peer Support Programmes – Grant/Contract Income				
Grants				
Scottish Government	-	-	-	87,496
Contract income	-	860,519	860,519	1,005,946
	-	860,519	860,519	1,093,442
Helplines				
Grants/contracts				
Scottish Government	-	102,981	102,981	40,960
SERCO	-	150,000	150,000	150,000
	-	252,981	252,981	190,960

Included in grants is £4,983 (2016: £9,965) from Foundation Scotland.

5. EXPENDITURE ON RAISING FUNDS

	Unrestricted Funds £	Restricted Funds £	2017 Total £	2016 Total £
Staff costs (note 8)	-	12,634	12,634	6,307
Other fundraising costs	211	35	246	261
	211	12,669	12,880	6,568

Expenditure on raising funds was £12,880 (2016: £6,568) of which £211 (2016: £261) was unrestricted and £12,669 (2016: £6,307) was restricted.

6. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES

	Central Office & Develpm't	Peer Support	Helplines	Training	Information Dissemin't'n	2017 Total	2016 Total	Basis of Apportionment
	£	£	£	£	£	£	£	
Direct Costs								
Staff costs (note 8)	161,623	605,734	53,440	9,954	-	830,751	900,246	
Other staff costs	275	-	-	-	-	275	3,216	
Travel and Subsistence	8,385	24,623	1,498	6,863	-	41,369	40,343	
Goods purchased for resale	8	45	1,797	-	1,029	2,879	2,688	
Training and supervision costs	210	13,519	2,731	7,067	-	23,527	4,863	
Helper & Supporter course recharges	(18,200)	46,659	-	(28,459)	-	-	-	
Room hire costs	924	5,778	668	1,768	-	9,138	11,027	
Childcare costs	-	6,060	18	-	-	6,078	7,341	
Project materials & resources	644	1,642	25,642	539	-	28,467	49,741	
Evaluation costs	-	-	-	-	-	-	12,404	
Support Costs								
Management and Administration recharges	(202,846)	110,485	92,076	285	-	-	-	Allocated on time
Establishment costs	6,030	241	-	389	-	6,660	6,170	% utilisation of area
Office expenses	42,850	23,029	7,026	1,424	-	74,329	79,218	Invoice/headcount
Other professional fees	15,537	-	-	170	-	15,707	10,523	Invoiced costs
Audit fees	4,830	-	-	-	-	4,830	5,520	Governance
AGM and Trustee meetings	10,555	-	-	-	-	10,555	17,011	Governance
Depreciation	68	-	-	-	-	68	68	n/a
Bad debts	20,582	-	-	-	-	20,582	-	
	51,475	837,815	184,896	-	1,029	1,075,215	1,150,379	

The charity initially identifies the costs of its support functions. It then identifies those costs which relate to the governance function. Having identified its governance costs, the remaining support costs together with the governance costs are apportioned between the four main strands of charitable activity undertaken (Peer support, Helplines, Training, Information dissemination). Funding restrictions mean that it is impossible to allocate all support and governance costs to the key charitable activities. Expenditure on charitable activities was £1,075,215 (2016: £1,150,379) of which £71,098 (2016: £59,874) was unrestricted and £1,004,117 (2016: £1,090,505) was restricted.

7. SUMMARY ANALYSIS OF EXPENDITURE AND RELATED INCOME FOR CHARITABLE ACTIVITIES

This table shows the cost of the five main charitable activities and the sources of income directly to support those activities.

	Peer Support	Helplines	Training	Information Dissemin't'n	Central Office & Development	TOTAL
	£	£	£	£	£	£
Costs	(837,815)	(184,896)	-	(1,029)	(51,475)	(1,075,215)
Direct grant Support	860,519	252,981	-	-	-	1,113,500
Earned income Fees/training/ Sales	-	-	19,075	4,560	-	23,635
Net income/ (costs) funded from other sources	22,704	68,085	19,075	3,531	(51,475)	61,920

8. STAFF COSTS

	2017	2016
	£	£
Wages and salaries	801,940	869,418
Redundancy costs	8,821	1,417
Social security costs	26,934	29,864
Pension costs	5,690	5,854
	843,385	906,553

The policy for redundancy follows the statutory redundancy provisions.

The number of employees based on head count was as follows:

	Number	Number
Management and administration	14	10
Service provision	101	112
	115	122

8. STAFF COSTS (cont'd)

No employee earned £60,000 per annum or more (2016: Nil).

The Directors gave their services voluntarily and received no remuneration. Five directors were reimbursed travel, accommodation and subsistence expenses during the year totalling £2,378 (2016: seven directors, total expenses reimbursed £3,255). In 2017, no directors (2016: one director) received remuneration, as authorised by the management committee, for services other than as a trustee (2016: totalling £3,856).

The key management personnel of the charity comprise the Directors, Chief Executive and Business Managers as noted on page 12. The total employee benefits of the key management personnel were £137,704 (2016: £125,517).

9. NET INCOME

The net income for the year is stated after charging:-

	2017	2016
	£	£
Auditors' remuneration – audit fee	4,830	5,520
Auditors' remuneration – company secretarial fees	90	-
Operating leases – land & buildings	5,755	5,724
Depreciation	68	68

10. TANGIBLE FIXED ASSETS

	F&F & Equip	Total
	£	£
Cost		
As at 1 April 2016	12,726	12,726
As at 31 March 2017	12,726	12,726
Depreciation		
As at 1 April 2016	12,524	12,524
Charge for the year	68	68
As at 31 March 2017	12,592	12,592
Net book value		
As at 31 March 2017	134	134
As at 31 March 2016	202	202

11. DEBTORS

	2017	2016
	£	£
Grants/SLA's receivable	130,109	294,904
Prepayments	1,452	7,589
	131,561	302,493

12. CREDITORS – amounts falling due within one year

	2017	2016
	£	£
Other taxes and social security costs	15,930	12,817
Pension costs	934	924
Accruals and deferred income	46,371	50,187
Other creditors	2,489	1,603
	65,724	65,531

13. TAXATION

The company has charitable status and is therefore exempt from tax on its charitable income under the provision of section 505 of the Income and Corporation Taxes Act 1988.

14. MOVEMENT IN FUNDS

	As at 1 April 2016 £	Income £	Expenditure £	Transfers £	As at 31 March 2017 £
Restricted Funds					
National Breastfeeding Helplines	32,223	253,164	(171,336)	8,657	122,708
Peer Support Programmes	520,667	874,924	(845,450)	(210,704)	339,437
Total restricted funds	552,890	1,128,088	(1,016,786)	(202,047)	462,145
Unrestricted Funds					
General funds	434,312	33,439	(71,309)	(159,553)	236,889
Designated funds:					
Development & Innovation Fund	-	-	-	228,600	228,600
Redundancy fund	-	-	-	57,000	57,000
Capital fund	-	-	-	30,000	30,000
DIBM Support fund	-	-	-	36,000	36,000
Training fund	-	-	-	10,000	10,000
Total unrestricted funds	434,312	33,439	(71,309)	202,047	598,489
TOTAL FUNDS	**987,202**	**1,161,527**	**(1,088,095)**	**-**	**1,060,634**

Transfers Between Funds

A comprehensive review of historic balances from Peer Support contract/SLA work has been undertaken during the year and has identified £228,600 of surplus funds. These funds have been reclassified as unrestricted funds and transferred to designated funds during the year as the directors wish to fund a programme to support future sustainable Peer Support activities.
The directors have also designated unrestricted funds to support a redundancy fund, capital fund, DIBM support fund and a training fund.

Peer Support projects with deficits in the year have been supported by general funds totalling £26,553.

14. MOVEMENT IN FUNDS (cont'd)

Purpose of Funds - Restricted Funds

National Breastfeeding Helplines
Funds to support NBH.

Peer Support Programmes
Funding received for Peer Support Programmes across the country where a Service Level Agreement is in place.

Purpose of Funds – Designated Funds

Peer Support Development & Innovation Fund

The directors have designated historic surpluses from Peer Support contracts to form a development fund for future work with an emphasis on sustainable models of peer support working.

Redundancy fund
A fund to provide for the significant cost of redundancy in the unlikely event of the organisation ceasing.

Capital fund
A provision for future capital investment.

DIBM Support Fund
In the event of no external funding for this service, the directors are committed to support the future provision for the next three years at £12,000 pa.

Training Fund
Provision of funds to support the future training of volunteers under the auspices of the QUEST subcommittee.

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	Total £
Tangible fixed assets	134	-	134
Net current assets	598,355	462,145	1,060,500
	598,489	462,145	1,060,634

16. CAPITAL COMMITMENTS

At 31 March 2017 the charity had no capital commitments (2016: nil)

17. PENSIONS

The charity operates a defined contribution pension scheme, the assets of which are held separately from those of the company in an independently administered fund. Contributions made by the company to the scheme during the year amounted to £5,690 (2016: £5,854). The balance outstanding at the year-end is £934 (2016: £924).

18. RELATED PARTY TRANSACTIONS

Other than as disclosed in note 8, no director or person related to a director had any personal interest in any other contract or transaction entered into by the charity during the year or in the previous year. There were no outstanding balances with related parties as at 31 March 2017 (2016: £nil).