Registered Number SC307708

MORE THAN TRAINING LIMITED

Abbreviated Accounts

31 August 2012

MORE THAN TRAINING LIMITED **Registered Number SC307708**

Abbreviated Balance Sheet as at 31 August 2012

	Notes	2012	2011
		£	£
Fixed assets			
Tangible assets	2	81,860	84,250
		81,860	84,250
Current assets			
Cash at bank and in hand		421	204
		421	204
Creditors: amounts falling due within one year		(31,804)	(32,190)
Net current assets (liabilities)		(31,383)	(31,986)
Total assets less current liabilities		50,477	52,264
Creditors: amounts falling due after more than one year		(46,760)	(49,967)
Total net assets (liabilities)		3,717	2,297
Capital and reserves			
Called up share capital		100	100
Profit and loss account		3,617	2,197
Shareholders' funds		3,717	2,297

- For the year ending 31 August 2012 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 30 May 2013

And signed on their behalf by:
Mrs Jean Dawson, Director

Notes to the Abbreviated Accounts for the period ended 31 August 2012

1 Accounting Policies

Basis of measurement and preparation of accounts
The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Tangible assets depreciation policy
Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Land and Buildings 2.50% Straight Line

2 Tangible fixed assets

	£
Cost	
At 1 September 2011	95,600
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 August 2012	95,600
Depreciation	
At 1 September 2011	11,350
Charge for the year	2,390
On disposals	-
At 31 August 2012	13,740
Net book values	
At 31 August 2012	81,860
At 31 August 2011	84,250