

Registered Number SC307708

MORE THAN TRAINING LIMITED

Abbreviated Accounts

31 August 2010

MORE THAN TRAINING LIMITED

Registered Number SC307708

Balance Sheet as at 31 August 2010

	Notes	2010	2009
		£	£
Fixed assets			
Tangible	2	86,640	89,030
Total fixed assets		86,640	89,030
Current assets			
Cash at bank and in hand		119	2,747
Total current assets		119	2,747
Creditors: amounts falling due within one year		(31,423)	(34,708)
Net current assets		(31,304)	(31,961)
Total assets less current liabilities		55,336	57,069
Creditors: amounts falling due after one year		(53,547)	(56,824)
Total net Assets (liabilities)		1,789	245
Capital and reserves			
Called up share capital		100	100
Profit and loss account		1,689	145
Shareholders funds		1,789	245

- a. For the year ending 31 August 2010 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 386; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 27 May 2011

And signed on their behalf by:

Jean Dawson, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 31 August 2010

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective June 2002)

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Land and Buildings 2.50% Straight Line

2 Tangible fixed assets

Cost	£
At 31 August 2009	95,600
additions	0
disposals	0
revaluations	0
transfers	0
At 31 August 2010	<u>95,600</u>
Depreciation	
At 31 August 2009	6,570
Charge for year	2,390
on disposals	0
At 31 August 2010	<u>8,960</u>
Net Book Value	
At 31 August 2009	89,030
At 31 August 2010	<u>86,640</u>