

MORE THAN TRAINING LIMITED
ABBREVIATED ACCOUNTS
FOR THE PERIOD TO AUGUST 31, 2009
CO. NO. 307708

WEDNESDAY



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26/05/2010

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COMPANIES HOUSE

MORE THAN TRAINING LIMITED
BALANCE SHEET AS AT AUGUST 31, 2009

			<u>2009</u>	<u>2008</u>
	<u>Notes</u>	£	£	£
FIXED ASSETS				
Tangible assets	2		89,030	<u>91,420</u>
CURRENT ASSETS				
Cash at Bank		<u>2,747</u>		<u>628</u>
		<u>2,747</u>		<u>628</u>
CREDITORS				
Amounts falling due within				
one year	3	<u>34,708</u>		<u>30,280</u>
NET CURRENT LIABILITIES			<u>(31,961)</u>	<u>(29,652)</u>
			57,069	61,768
CREDITORS				
Amounts falling due after				
one year	4		<u>(56,824)</u>	<u>(59,756)</u>
NET ASSETS			£ <u>245</u>	£ <u>2,012</u>
SHARE CAPITAL AND RESERVES				
Share Capital	5		100	100
Profit and Loss Account			<u>145</u>	<u>1,912</u>
			£ <u>245</u>	£ <u>2,012</u>

The directors:

1. confirm that for the period ending August 31, 2009, the company was entitled to the exemption under Section 477 of the Companies Act, 2006.
2. confirm that no notice requiring an audit had been deposited under Section 476 of the Companies Act, 2006, in relation to the accounts for the financial period.
3. acknowledge their responsibilities for:
 - a) ensuring that the company keeps accounting records which comply with Section 386 of the Companies Act, 2006, and,
 - b) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial period and of its profit and loss for the financial period in accordance with the requirements of Section 393, and which otherwise comply with the requirements of the Companies Act, 2006, relating to accounts so far as applicable to the company.

The accounts have been delivered in accordance with the provisions applicable to companies subject to the small company regime.

JOHN DAWSON, Director



May 24, 2010

MORE THAN TRAINING LIMITED
NOTES TO AND FORMING PART OF THE FINANCIAL
STATEMENTS FOR THE PERIOD TO AUGUST 31, 2009

1. ACCOUNTING POLICIES

Accounting basis and standards

The financial statements have been prepared under the historical cost convention, and in accordance with applicable accounting standards.

Depreciation

Depreciation is provided on fixed assets, at rates expected to write off the cost of the asset over its estimated life at the following rates: -

Heritable Property 2½% per annum

Cashflow

The accounts do not include a cashflow statement because the company, as a small reporting entity, is exempt from the requirement to prepare such a statement under Financial Reporting Standard 1.

2. FIXED ASSETS

	<u>Heritable Property</u> £	<u>Total</u> £
Cost		
At August 31, 2008	95,600	95,600
Additions	<u>-</u>	<u>-</u>
	<u>95,600</u>	<u>95,600</u>
Depreciation		
At August 31, 2008	4,180	4,180
Charge for period	<u>2,390</u>	<u>2,390</u>
	<u>6,570</u>	<u>6,570</u>
Net Book Value		
at August 31, 2009	<u>89,030</u>	<u>89,030</u>
at August 31, 2008	<u>91,420</u>	<u>91,420</u>

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	<u>2009</u>	<u>2008</u>
	£	£
3. CREDITORS		
Amounts falling due within one year		
Trade Creditors and Accruals	6,703	2,241
Directors' Loan Account	21,099	24,293
Bank Term Loan – current instalment	2,753	2,574
Corporation Tax liability	<u>4,153</u>	<u>1,172</u>
	<u>34,708</u>	<u>30,280</u>
4. CREDITORS		
Amounts falling due after one year		
Bank Term Loan	<u>56,824</u>	<u>59,756</u>
	<u>56,824</u>	<u>59,756</u>
5. SHARE CAPITAL		
Authorised		
1,000 Ordinary Shares of £1 each	<u>1,000</u>	<u>1,000</u>
Issued		
100 Ordinary Shares of £1 each	<u>100</u>	<u>100</u>