

Registered Number SC249821

BODY MATTERS FITNESS STUDIO LIMITED

Abbreviated Accounts

31 August 2014

Abbreviated Balance Sheet as at 31 August 2014

	Notes	2014	2013
		£	£
Called up share capital not paid		-	-
Fixed assets			
Intangible assets		-	-
Tangible assets	2	1,316	473
		<u>1,316</u>	<u>473</u>
Current assets			
Stocks		216	232
Cash at bank and in hand		6,054	4,125
		<u>6,270</u>	<u>4,357</u>
Creditors: amounts falling due within one year		(4,166)	(4,158)
Net current assets (liabilities)		<u>2,104</u>	<u>199</u>
Total assets less current liabilities		<u>3,420</u>	<u>672</u>
Total net assets (liabilities)		<u>3,420</u>	<u>672</u>
Capital and reserves			
Called up share capital	3	2	2
Profit and loss account		3,418	670
Shareholders' funds		<u>3,420</u>	<u>672</u>

- For the year ending 31 August 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 9 April 2015

And signed on their behalf by:

Jack Thomson, Director

Notes to the Abbreviated Accounts for the period ended 31 August 2014

1 Accounting Policies

Turnover policy

Turnover represents the total invoice value, excluding value added tax, of sales made during the year.

Tangible assets depreciation policy

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows: Fixtures, fittings and equipment - 20% straight line

2 Tangible fixed assets

	£
Cost	
At 1 September 2013	25,325
Additions	1,180
Disposals	-
Revaluations	-
Transfers	-
At 31 August 2014	<u>26,505</u>
Depreciation	
At 1 September 2013	24,852
Charge for the year	337
On disposals	-
At 31 August 2014	<u>25,189</u>
Net book values	
At 31 August 2014	<u>1,316</u>
At 31 August 2013	<u>473</u>

3 Called Up Share Capital

Allotted, called up and fully paid:

	2014	2013
	£	£
2 Ordinary shares of £1 each	2	2

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