

HELPING HANDS SCOTLAND LIMITED
ABBREVIATED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2005

INDEX TO THE ACCOUNTS

Pages

1	Abbreviated Balance Sheet
3 to 5	Notes to the Abbreviated Accounts

The company's registered number is SC236421



HELPING HANDS SCOTLAND LIMITED
ABBREVIATED BALANCE SHEET
AT 30 SEPTEMBER 2005

	Notes	2005 £	£	2004 £
FIXED ASSETS				
Intangible assets	2		6,500	6,500
Tangible Assets	3		2,925	4,575
			9,425	11,075
CURRENT ASSETS				
Stock	1c	13,160		9,250
Debtors falling due within one year		29,304		16,864
			42,464	26,114
CREDITORS: Amounts falling due within one year				
		39,927		31,317
			2,537	(5,203)
NET CURRENT ASSETS/(LIABILITIES)				
		£ 11,962	£ 5,872	
CAPITAL AND RESERVES				
Called up share capital	4	100		100
Profit and loss account		11,862		5,772
		£ 11,962	£ 5,872	

The notes on pages 3 to 5 form part of these accounts

HELPING HANDS SCOTLAND LIMITED
ABBREVIATED BALANCE SHEET (CONTINUED)
AT 30 SEPTEMBER 2005

In approving these financial statements as directors of the company we hereby confirm that:

a) for the year in question the company was entitled to exemption from audit under section 249A(1) of the Companies Act 1985;

b) no notice has been deposited under section 249B(2) requesting that an audit be conducted for the year ended 30 September 2005; and

c) we acknowledge our responsibilities for:

- i) ensuring that the company keeps accounting records which comply with section 221, and
- ii) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit for the financial year then ended in accordance with the requirements of section 226, and which otherwise comply with the provisions of the Companies Act relating to accounts, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

These abbreviated accounts were approved by the board of directors on 21 February 2006.



Carol Thomson, Director

The notes on pages 3 to 5 form part of these accounts

HELPING HANDS SCOTLAND LIMITED
NOTES TO THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 30 SEPTEMBER 2005

1. ACCOUNTING POLICIES

1a. Basis of accounting

The accounts have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective June 2002).

1b. Tangible fixed assets

Fixed assets are shown at historical cost.

Depreciation is provided, after taking account of any grants receivable, at the following annual rates in order to write off each asset over its estimated useful life by the reducing balance method.

	2005	2004
	%	%
Plant and equipment	25	25
Motor vehicles	25	25
Fixtures and fittings	25	25
Equipment	25	25

1c. Stocks

Stocks are stated at the lower of cost and net realisable value. Cost incurred in bringing each product to its present location and condition is based on purchase cost on a first-in, first-out basis, including transport.

1d. Taxation

Corporation tax payable is provided on taxable profits at the current rate.

Advance corporation tax payable on dividends paid or provided for in the year is written off.

HELPING HANDS SCOTLAND LIMITED
NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 30 SEPTEMBER 2005

2. INTANGIBLE FIXED ASSETS	2005	2004
	£	£
Cost		
At 1 October 2004	6,500	6,500
At 30 September 2005	6,500	6,500
Depreciation		
At 30 September 2005	-	-
Net Book Amounts		
At 30 September 2005	£ 6,500	£ 6,500
3. TANGIBLE FIXED ASSETS	2005	2004
	£	£
Cost		
At 1 October 2004	8,398	6,899
Additions	599	1,499
At 30 September 2005	8,997	8,398
Depreciation		
At 1 October 2004	3,823	1,724
For the year	2,249	2,099
At 30 September 2005	6,072	3,823
Net Book Amounts		
At 30 September 2005	£ 2,925	£ 4,575

HELPING HANDS SCOTLAND LIMITED
NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 30 SEPTEMBER 2005

4. CALLED UP SHARE CAPITAL

2005

2004

£

£

Authorised:

100 Ordinary shares of £1 each

£ 100

£ 100

Allotted, issued and fully paid:

100 Ordinary shares of £1 each

£ 100

£ 100