REGISTERED NUMBER: 134200 (Scotland)

ABBREVIATED ACCOUNTS

FOR THE YEAR ENDED 30 SEPTEMBER 2003

FOR

FOREMOST I T LIMITED



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FOREMOST I T LIMITED

COMPANY INFORMATION
FOR THE YEAR ENDED 30 SEPTEMBER 2003

DIRECTORS:	Dr J Malone Dr S McInnes
SECRETARY:	Dr J Malone
REGISTERED OFFICE:	90 Mitchell Street Glasgow G1 3NQ
REGISTERED NUMBER:	134200 (Scotland)
ACCOUNTANTS:	Sinclair Wood & Co. Chartered Accountants Gordon Chambers 90 Mitchell Street Glasgow G1 3NQ
BANKERS:	Bank of Scotland 55 Bath Street Glasgow G2 8QD

FOREMOST I T LIMITED

ABBREVIATED BALANCE SHEET
30 SEPTEMBER 2003

	Notes	2003 £	2003 £	2002 £	2002 £
FIXED ASSETS:					
Intangible assets	2		**73,385**		83,868
Tangible assets	3		**14,705**		17,430
Investments	4		**200**		200
			88,290		101,498
CURRENT ASSETS:					
Debtors		**102,651**		167,547	
Cash at bank		**10,374**		36,760	
		113,025		204,307	
CREDITORS: Amounts falling due within one year	5	**202,405**		198,521	
NET CURRENT (LIABILITIES)/ASSETS:			**(89,380)**		5,786
TOTAL ASSETS LESS CURRENT LIABILITIES:			**(1,090)**		107,284
CREDITORS: Amounts falling due after more than one year	5		**57,500**		77,853
			£(58,590)		£29,431
CAPITAL AND RESERVES:					
Called up share capital	6		**93,825**		93,825
Revaluation reserve			**36,421**		36,421
Profit and loss account			**(188,836)**		(100,815)
SHAREHOLDERS' FUNDS:			**£(58,590)**		£29,431

The company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the year ended 30 September 2003.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2003 in accordance with Section 249B(2) of the Companies Act 1985.

The directors acknowledge their responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company.

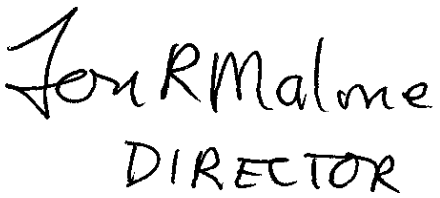
The notes form part of these abbreviated accounts

FOREMOST I T LIMITED

ABBREVIATED BALANCE SHEET
30 SEPTEMBER 2003

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

ON BEHALF OF THE BOARD:



Approved by the Board on 28 June 2004

The notes form part of these abbreviated accounts

NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2003

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements have been prepared on the going concern basis which assumes that the company will continue in operational existence for the foreseeable future. As at 30 September 2003 the company's current liabilities exceeded its current assets by £89,380. The company is thus dependent on the continued financial support of its bankers and other lenders and meets its day to day working capital requirements through a bank loan which, in common with all such facilities, is repayable on demand.

The directors have prepared cash flow projections for the period to 30 September 2004. On the basis of these projections and from discussions with the company's bankers, the directors consider that the company will be able to operate within its agreed facilities. However, the margin of facilities over requirements is not large and, inherently, there can be no certainty in relation to these matters. On this basis the directors consider it appropriate to prepare the financial statements on the going concern basis. The financial statements do not include any adjustments which would result from the withdrawal of financial support.

Accounting convention
The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective June 2002).

Turnover
Turnover represents net invoiced sales of goods, excluding value added tax.

Intangible fixed assets
Internally developed software products have been capitalised in the balance sheet and are being amortised on a straight line basis over the estimated useful economic life of ten years.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office equipment	- 20% on a reducing balance basis
Computer equipment	- 25% on a reducing balance basis

Deferred tax
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Pensions
The company operates a defined contribution pension scheme. Contributions payable for the year are charged in the profit and loss account.

Investments
Fixed asset investments are stated at cost less amounts written off for permanent diminution in value.

The company's subsidiary has not been consolidated. Group accounts have not been prepared and these financial statements present information about the company as an individual undertaking. Group accounts are not required because of the disclosure exemptions available under Section 248 of the Companies Act 1985 for small and medium-sized groups.

NOTES TO THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 30 SEPTEMBER 2003

2. INTANGIBLE FIXED ASSETS

	Total
	£
COST:	
At 1 October 2002 and 30 September 2003	**104,834**
AMORTISATION:	
At 1 October 2002	**20,966**
Charge for year	**10,483**
At 30 September 2003	**31,449**
NET BOOK VALUE:	
At 30 September 2003	**73,385**
At 30 September 2002	83,868

3. TANGIBLE FIXED ASSETS

	Total
	£
COST:	
At 1 October 2002	**263,724**
Additions	**1,468**
At 30 September 2003	**265,192**
DEPRECIATION:	
At 1 October 2002	**246,293**
Charge for year	**4,194**
At 30 September 2003	**250,487**
NET BOOK VALUE:	
At 30 September 2003	**14,705**
At 30 September 2002	17,430

4. FIXED ASSET INVESTMENTS

	£
COST:	
At 1 October 2002 and 30 September 2003	**201**
PROVISIONS:	
At 1 October 2002 and 30 September 2003	**1**
NET BOOK VALUE:	
At 30 September 2003	**200**
At 30 September 2002	200

4. **FIXED ASSET INVESTMENTS - continued**

The company's investments at the balance sheet date in the share capital of unlisted companies include the following:

Foremost Training Limited
Nature of business: Consultancy

Class of shares:	% holding
Ordinary	100.00

	2003	2002
	£	£
Aggregate capital and reserves	**101**	101
Loss for the year	**-**	(33)

Foremost Training limited was non trading for the year ended 30 September 2003.

Scotnet.Co.Uk Limited
Nature of business: Information technology

Class of shares:	% holding
Ordinary	100.00

Scotnet.Co.Uk Limited was non trading to 30 June 2003.

5. **CREDITORS**

The following secured debts are included within creditors:

	2003	2002
	£	£
Bank loans	**72,500**	75,000

6. CALLED UP SHARE CAPITAL

Authorised:

Number:	Class:	Nominal value:	**2003** £	2002 £
100,000	Ordinary	£1	**100,000**	100,000
2,500	Ordinary B	£20	**50,000**	50,000
100,000	Ordinary C	50p	**50,000**	50,000
			200,000	200,000

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	**2003** £	2002 £
63,600	Ordinary	£1	**63,600**	63,600
1,500	Ordinary B	£20	**30,000**	30,000
			93,600	93,600

Allotted and issued:

Number:	Class:	Nominal value:	**2003** £	2002 £
22,500	Ordinary C	50p	**225**	225

The ordinary C shares issued were partly paid @ 1 pence each.

7. RELATED PARTY DISCLOSURES

During the year ended 30 September 2003 the company was under the immediate and ultimate control of directors Dr J Malone and Dr S McInnes.

During the year ended 30 September 2003 the company incurred costs of £287 from Scotnet.Co.UK Limited (2002 : £nil). At 30 September 2003 the company was owed £188 from Scotnet.Co.Uk Limited (2002 creditor : (£99)), a company which Dr J Malone and Dr S McInnes had an interest.

All related party transactions are negotiated by the company on an arms' length basis.