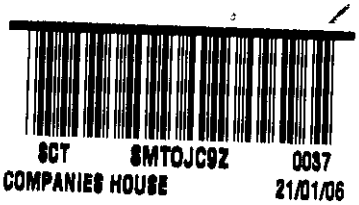
REGISTERED NUMBER: 133921 (Scotland)

Unaudited Abbreviated Accounts

for the Year Ended 31 March 2005

for

West End Wholefoods Limited
Trading as Grassroots



West End Wholefoods Limited
Trading as Grassroots

Contents of the Abbreviated Accounts
for the Year Ended 31 March 2005

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West End Wholefoods Limited
Trading as Grassroots

Company Information
for the Year Ended 31 March 2005

DIRECTORS:	Ms. L C Duncan A McGeachy
SECRETARY:	Ms. L C Duncan
REGISTERED OFFICE:	Radleigh House 1 Golf Road Clarkston Glasgow G76 7HU
REGISTERED NUMBER:	133921 (Scotland)
ACCOUNTANTS:	O'Haras Chartered Accountants Radleigh House 1 Golf Road Clarkston Glasgow G76 7HU

West End Wholefoods Limited
Trading as Grassroots

Abbreviated Balance Sheet
31 March 2005

	Notes	31/3/05 £	£	31/3/04 £	£
FIXED ASSETS					
Tangible assets	2		16,083		18,774
Investments	3		100		100
			16,183		18,874
CURRENT ASSETS					
Stocks		60,619		39,162	
Debtors	4	101,923		93,061	
Cash at bank and in hand		23,404		43,284	
		185,946		175,507	
CREDITORS					
Amounts falling due within one year		32,096		51,140	
NET CURRENT ASSETS			153,850		124,367
TOTAL ASSETS LESS CURRENT LIABILITIES			170,033		143,241
CREDITORS					
Amounts falling due after more than one year			-		(1,731)
PROVISIONS FOR LIABILITIES AND CHARGES			(182)		-
			169,851		141,510
CAPITAL AND RESERVES					
Called up share capital	5		2		2
Other reserves			4		4
Profit and loss account			169,845		141,504
SHAREHOLDERS' FUNDS			169,851		141,510

The company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the year ended 31 March 2005.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2005 in accordance with Section 249B(2) of the Companies Act 1985.

The directors acknowledge their responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company.

The notes form part of these abbreviated accounts

continued...

Abbreviated Balance Sheet - continued
31 March 2005

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective June 2002).

ON BEHALF OF THE BOARD:

Ms. L C Duncan - Director

A McGeachy - Director

Approved by the Board on 23 December 2005

The notes form part of these abbreviated accounts

Notes to the Abbreviated Accounts for the Year Ended 31 March 2005

1. ACCOUNTING POLICIES

Accounting convention
The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective June 2002).

Turnover
Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property	- 15% on reducing balance
Fixtures and fittings	- 20% on cost
Computer equipment	- 33% on cost

Stocks
Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Deferred tax
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 April 2004	96,391
Additions	4,546
At 31 March 2005	100,937
DEPRECIATION	
At 1 April 2004	77,617
Charge for year	7,237
At 31 March 2005	84,854
NET BOOK VALUE	
At 31 March 2005	16,083
At 31 March 2004	18,774

continued...

Notes to the Abbreviated Accounts - continued for the Year Ended 31 March 2005

3. FIXED ASSET INVESTMENTS

	Unlisted investments £
COST	
At 1 April 2004 and 31 March 2005	100
NET BOOK VALUE	
At 31 March 2005	100
At 31 March 2004	100

The company's investments at the balance sheet date in the share capital of companies include the following:

West End Wholefoods Catering Limited
Nature of business: Café bar

Class of shares:	% holding
Ordinary	100.00

	31/3/05 £	31/3/04 £
Aggregate capital and reserves	(55,760)	(81,082)
Profit/(Loss) for the year	25,322	(1,792)

4. DEBTORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	31/3/05 £	31/3/04 £
Westend wholefoods catering Ltd	88,163	88,163

5. CALLED UP SHARE CAPITAL

Authorised:

Number:	Class:	Nominal value:	31/3/05 £	31/3/04 £
500	Ordinary	£1	500	500

Allotted and issued:

Number:	Class:	Nominal value:	31/3/05 £	31/3/04 £
2	Share capital 1	£1	2	2