BRIGHT LIGHT RELATIONSHIP COUNSELLING LTD

Company limited by guarantee

Company Registration Number:
SC110621 (Scotland)

Unaudited statutory accounts for the year ended 31 March 2023

Period of accounts

Start date: 1 April 2022

End date: 31 March 2023

BRIGHT LIGHT RELATIONSHIP COUNSELLING LTD

Contents of the Financial Statements

for the Period Ended 31 March 2023

Directors report

Balance sheet

Additional notes

Balance sheet notes

BRIGHT LIGHT RELATIONSHIP COUNSELLING LTD

Directors' report period ended 31 March 2023

The directors present their report with the financial statements of the company for the period ended 31 March 2023

Principal activities of the company

Bright Light Relationship Counselling (henceforth referred to as Bright Light) is committed to providing a range of high-quality professional counselling and therapeutic services for adults, children and young people and their wider families who are experiencing relationship difficulties. It provides these services regardless of race, religion, gender and ability to pay.

Directors

The directors shown below have held office during the whole of the period from
1 April 2022 to 31 March 2023

Simon Massey
Nicola Cambell
Samantha MacKinnon
Lynn Errey
Nina Taylor

The director shown below has held office during the period of
1 April 2022 to 28 July 2022

Ceit-Anna Macleod

The directors shown below have held office during the period of
1 April 2022 to 25 May 2022

James Lyall
Alistair Marquis
Elspeth Turner

The director shown below has held office during the period of
1 August 2022 to 31 March 2023

Jacqueline Thomson

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on
20 December 2023

And signed on behalf of the board by:
Name: Simon Massey
Status: Director

BRIGHT LIGHT RELATIONSHIP COUNSELLING LTD

Balance sheet

As at 31 March 2023

	Notes	*2023*	*2022*
		£	**£**
Fixed assets			
Tangible assets:	3	**4,207**	7,280
Investments:	4	**474,988**	563,659
Total fixed assets:		**479,195**	570,939
Current assets			
Debtors:	5	**3,852**	1,826
Cash at bank and in hand:		**80,024**	222,083
Total current assets:		**83,876**	223,909
Creditors: amounts falling due within one year:	6	**(72,758)**	(75,304)
Net current assets (liabilities):		**11,118**	148,605
Total assets less current liabilities:		**490,313**	719,544
Total net assets (liabilities):		**490,313**	719,544
Members' funds			
Profit and loss account:		**490,313**	719,544
Total members' funds:		**490,313**	719,544

The notes form part of these financial statements

BRIGHT LIGHT RELATIONSHIP COUNSELLING LTD

Balance sheet statements

For the year ending 31 March 2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The directors have chosen not to file a copy of the company's profit and loss account.

This report was approved by the board of directors on 20 December 2023
and signed on behalf of the board by:

Name: Simon Massey
Status: Director

The notes form part of these financial statements

BRIGHT LIGHT RELATIONSHIP COUNSELLING LTD

Notes to the Financial Statements

for the Period Ended 31 March 2023

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

Tangible fixed assets depreciation policy

All tangible fixed assets having a value to the charity greater than one year, other than those acquired for specific purposes, are capitalised. Depreciation is provided on a straight-line basis to write off the cost as initial value, less residual value, of tangible fixed assets over their estimated useful lives as follows:Office equipment – 3 years Office furniture – 3 years

Notes to the Financial Statements

for the Period Ended 31 March 2023

2. Employees

	2023	*2022*
Average number of employees during the period	**15**	18

BRIGHT LIGHT RELATIONSHIP COUNSELLING LTD

Notes to the Financial Statements

for the Period Ended 31 March 2023

3. Tangible assets

	Land & buildings	Plant & machinery	Fixtures & fittings	Office equipment	Motor vehicles	Total
Cost	£	£	£	£	£	£
At 1 April 2022			**5,462**	**12,928**		**18,390**
Additions				**718**		**718**
Disposals						
Revaluations						
Transfers						
At 31 March 2023			**5,462**	**13,646**		**19,108**
Depreciation						
At 1 April 2022			**5,370**	**5,740**		**11,110**
Charge for year			**92**	**3,699**		**3,791**
On disposals						
Other adjustments						
At 31 March 2023			**5,462**	**9,439**		**14,901**
Net book value						
At 31 March 2023			**0**	**4,207**		**4,207**
At 31 March 2022			**92**	**7,188**		**7,280**

BRIGHT LIGHT RELATIONSHIP COUNSELLING LTD

Notes to the Financial Statements

for the Period Ended 31 March 2023

4. Fixed assets investments note

All investments are carried at their fair value. Investments in direct equities and fixed interest securities are traded in quoted public markets. The basis of fair value for the investments is equivalent to the market value, generally, on the basis of the middle market price at the close of business on the valuation date, and as supplied by external information providers. For certain securities, the price may be on a different basis, e.g. last trade or bid price.

5. Debtors

	2023	*2022*
	£	**£**
Trade debtors	**3,852**	1,826
Total	**3,852**	1,826

Notes to the Financial Statements

for the Period Ended 31 March 2023

6. Creditors: amounts falling due within one year note

	2023	*2022*
	£	**£**
Taxation and social security	**830**	5,675
Accruals and deferred income	**48,200**	46,833
Other creditors	**23,728**	22,796
Total	**72,758**	75,304

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.