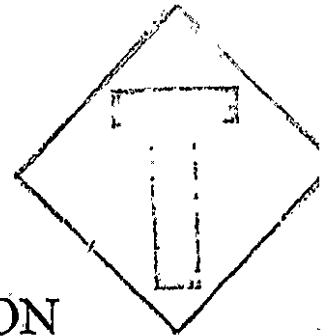


24409/92



THE THISTLE FOUNDATION

*a charity providing accommodation
and care for disabled people*

Annual Report—1982

Report by the Council to the Thirty-eighth
Annual General Meeting

Accounts
for the Year to
30th September 1982

Review of 1981-82

Administrative Office
27A WALKER STREET
EDINBURGH EH3 7HX
(031-225 7282)

Craigmillar Office
NIDDRIE MAINS ROAD
EDINBURGH EH16 4EA
(031-661 3366)

Registered in Edinburgh No. 24409

MN

THE THISTLE FOUNDATION

Patron

HER MAJESTY QUEEN ELIZABETH THE QUEEN MOTHER

Visitor

THE MOST HON. THE MARQUESS OF LINLITHGOW, M.C., T.D.

Honorary President

THE RT. HON. THE EARL OF WEMYSS AND MARCH, K.T., LL.D.

President and Chairman of Council

BRYCE K. MCCOSH, Esq.

Vice-Chairman of Council

COLIN D. DONALD, Esq., B.A., LL.B.

Members of Council

THE MOST HON. THE MARQUESS OF AILSA, O.B.E.

IAN F. BAILLIE, Esq., C.M.G., O.B.E., M.A.

WILLIAM BERRY, Esq., W.S.

COUNCILLOR MRS WINNIE BLACK

HIS GRACE THE DUKE OF BUCCLEUCH, K.T., V.R.D.

JAMES CRAIG BUCHANAN, Esq.

COMMODORE SIR JOHN CLERK OF PENICUIK, Bt., C.B.E., V.R.D., F.R.S.E., R.N.R.

THE RT. HON. LORD CLYDESMUIR, K.T., C.B., M.B.E., T.D., LL.D.

MR PHILLIP HARRIS, F.R.C.S.E., F.R.C.P.E.

THE RT. HON. THE COUNTESS OF ROSEBERY

R. J. M. SUTHERLAND, Esq.

R. F. TUDSBERY, Esq.

AIR MARSHAL SIR RICHARD WAKEFORD, K.C.B., M.V.O., O.B.E., A.F.C.

Founder Members

BRIGADIER THE RT. HON. LORD LOVAT, D.S.O., M.C., T.D., LL.D.

THE LADY VICTORIA WEMYSS, C.V.O.

Director

PHILIP CROFT, Esq.

27A Walker Street, Edinburgh EH3 7HX

Secretaries and Registered Office

DELOITTE HASKINS & SELLS, Chartered Accountants

25 Abercromby Place, Edinburgh EH3 6QS

Solicitors

MESSRS MCGRIGOR, DONALD & CO.

224 Ingram Street, Glasgow G1 1JP

Auditor

GORDON G. RUFFLE, Esq., C.A.

6 St Colme Street, Edinburgh EH3 6AD

Bankers

THE ROYAL BANK OF SCOTLAND plc

14 George Street, Edinburgh EH2 2YF

THE THISTLE FOUNDATION

The Thistle Foundation, a major Scottish charity, maintains an estate of over one hundred houses and a hostel set in pleasant surroundings at Craigmillar, which is on the south-eastern outskirts of Edinburgh and easily accessible from the city centre. It is an unusual village and is devoted to the needs of the severely physically handicapped.

The role of The Foundation has traditionally been to provide purpose-built housing and care so that the disabled member of a family may live as normal a home life as possible within the family unit, rather than remain in a hospital ward. Each house is linked by covered way to the central clinic, physiotherapy and occupational therapy departments, gymnasium, swimming pool, chapel and recreation hall. The medical and recreational facilities, both indoors and outside, are of the highest standard.

The family unit usually consists of a disabled man, his wife and children. The responsibility for looking after her husband falls primarily on the wife but the nursing staff are always available to give assistance. The houses are designed to allow wheelchairs to move freely about the rooms on the ground floor which include sitting-room, disabled person's bedroom, bathroom, kitchen and laundry. Upstairs there are either two or three bedrooms and a toilet. The Foundation is responsible for the upkeep of the houses, but residents are expected to furnish them and pay for their own living expenses, including heat and light.

A medical specialist and an orthopaedic specialist visit The Foundation once a week, and a general practitioner is in attendance for a period every day. Qualified nurses and care assistants provide a 24-hour service. The well-equipped Physiotherapy Department is staffed by two full-time physiotherapists who also give treatment in the houses when necessary.

Many of the residents go out to work each day while others find employment in the Occupational Therapy Department. Instruction is given in a variety of crafts and the articles produced are sold for the benefit of those who made them. The standard of workmanship is high, so that the demand for soft toys and furnishings, basketry, leather goods and the other products continues to outstrip the capacity to make them. An attractive illustrated catalogue is available.

Sport and recreation are by no means overlooked. In addition to the gymnasium, swimming pool and recreation hall, there is a bowling green and a games court in the grounds as well as open spaces for archery and field events. Indoors, there is a well-stocked library and a billiard room.

The hostel, known as Wighton House, represents something of a departure from The Foundation's traditional role since it is for the single disabled. It has accommodation for sixteen men and women and is linked, in the same way as the houses, by covered way to the central medical and other facilities. Designed from the outset so that its capacity can be virtually doubled, it provides a comfortable home with privacy in the bed-sitting rooms and companionship in the common room, reading room and dining room. The decision to build the hostel arose from the realisation of the great need in Scotland for home-like accommodation for the single disabled, those who either have no families or whose families are no longer able to care for them. In assuming this additional role The Foundation seeks to give the

opportunity for a fuller life to some single disabled who might otherwise remain long-term hospital patients.

Historical note: The Foundation was established in 1944 with the object of making better provision for the care and treatment of severely disabled ex-service men in Scotland than was available after the First World War. Thanks to the vision, determination and generosity of its Founder, Sir Francis Tudsbury, C.B.E., who not only conceived the project but inspired its execution, The Foundation eminently succeeded in fulfilling its purpose. At the opening ceremony in 1950 Her Majesty Queen Elizabeth The Queen Mother said, 'Here we can see for, I think, the first time the fusion of hospital and homes into one complete and living community'.

Admission to The Foundation

The main criterion for admission—both to houses and to the hostel—is that the applicant must be able to benefit from regular medical/paramedical treatment or from the amenities which The Foundation offers. At the same time it is necessary to maintain a balanced population both in terms of age and of extent of disability. The aim, both in the case of those who live in the houses and those accommodated in the hostel, is to maintain the process of rehabilitation and to encourage the greatest possible integration in the community through work, leisure activities and sport.

The Foundation is aware that Service personnel continue to become disabled in the execution of duty or from the onset of a crippling disease. Enquiries for accommodation from them and physically disabled people from all walks of life are welcome and should be addressed to:

The Superintendent,
The Thistle Foundation,
Niddrie Mains Road,
Edinburgh EH16 4EA
(Telephone: 031-661 3366)

Individuals and parties are very welcome to visit The Foundation.
Offers of help of any kind are always appreciated.

Please get in touch with
Mrs Muriel Kennedy,
Appeals Secretary,
The Thistle Foundation,
Niddrie Mains Road,
Edinburgh EH16 4EA
(Telephone: 031-661 9287)

**REPORT by the COUNCIL to the THIRTY-EIGHTH ANNUAL
GENERAL MEETING of MEMBERS to be held within Wighton House,
Craigmillar, Edinburgh, on Monday, 14th March 1983, at 3 p.m.**

The Council of The Thistle Foundation submits the Thirty-eighth Annual Report together with the Accounts for the year to 30th September 1982.

The Foundation is a company limited by guarantee not having a share capital, and its objects are wholly charitable. The membership of The Foundation at 30th September 1982 was as follows:

Founder Members	2
Permanent Members	67
Life Members	66
	135

The main activity of The Foundation is the provision of accommodation and care for physically disabled persons.

The Foundation's Accounting and Depreciation policies are shown in Note 1 on the Accounts. Information on the valuation of the buildings at Craigmillar included in the Fixed Assets is shown in Note 2 on the Accounts.

The Income and Expenditure Account shows a net deficit on ordinary account of £150,243. After allowing for non-recurrent items, the Council recommends that the balance of £167,301 be carried forward to the next financial year.

The Members of the Council during the year are detailed on page 2. In terms of the Articles of Association the following Members of the Council will retire at the Annual General Meeting:

The Most Hon. The Marquess of Ailsa
Mr William Berry
His Grace The Duke of Buccleuch
Mr James Craig Buchanan
Commodore Sir John Clerk of Penicuik

They are eligible for re-election.

The reappointment of Mr Gordon G. Ruffle, C.A., as Auditor will be proposed at the Annual General Meeting.

By Order of the Council,
DELOITTE HASKINS & SELLS, Chartered Accountants,
Secretaries

THE THISTLE FOUNDATION
INCOME AND EXPENDITURE ACCOUNT
For Year to 30th September 1982

1981 £		£	£
	ORDINARY INCOME		
161,271	Dividends and Interest:		
18,996	On Quoted Investments		
	On Deposits and Loans		181,354
180,267			21,172
16,267	Contributions from Residents		
9,724	Rents and Feu Duties		202,526
700	Grant from Lothian Health Board		17,323
9,543	Miscellaneous Income		9,637
			700
216,501			9,679
			239,865
	ORDINARY EXPENDITURE		
206,943	Salaries and Wages	199,004	
75,438	Maintenance of Grounds, Buildings and Equipment	161,391	
15,786	Rates, Insurance, Heat and Light	18,067	
5,982	Office Supplies and Services	6,328	
6,472	Miscellaneous Expenditure	4,015	
700	Contribution to Welfare Fund	1,000	
4,569	Professional Fees	4,842	
	Depreciation of Buildings and Equipment	6,923	
25,036	Deficit on Hostel	26,126	
340,926		427,696	
30,963	<i>Less: Hostel Share of Joint Expenses</i>	37,588	
309,963			390,108
93,462	DEFICIT for the YEAR		150,243
98,223	Balance brought forward at 30th September 1981		141,269
	Non-recurrent Income:		
145,147	Donations		70,903
41,361	Legacies		105,372
284,731			317,544
93,462	Deficit on Ordinary Income and Expenditure		150,243
50,000	Transfer to Reserves		
143,462			150,243
141,269	Balance carried forward at 30th September 1982		167,301

As at 30th September 1982

4,193,201

The accounts were approved by the Council on 24th January 1983 and signed on their behalf by:

107,301

4,193,201

BRYCE K. McCOSH, President and Chairman

COLIN F. ...

BRYCE K. McCOSH, *President and Chairman of Council*
COLIN D. DONALD, *Vice-Chairman of Council*
DELOITTE HASKINS & SULLIVAN, *Chartered Accountants*

COLIN D. DONALD, Vice-Chairman of Council
DELOITTE HASKINS & SUTHERLAND

DELOITTE HASKINS & SELLS,
Chartered Accountants, Secretaries

Chairman of Council
of Council
Michael J. [Signature]

THE THISTLE FOUNDATION
HOSTEL INCOME AND EXPENDITURE ACCOUNT
For Year to 30th September 1982

1981		£	£
£			92,890
82,173	Board of Residents	52,425	
52,247	Salaries and Wages	7,272	
6,291	Maintenance of Fabric and Equipment	1,911	
1,757	Insurance	9,814	
8,101	Heat and Light	8,082	
6,755	Catering	579	
1,095	Miscellaneous Expenditure	37,588	
30,963	Share of Joint Expenses	1,345	
—	Depreciation		119,016
107,209			26,126
25,036	DEFICIT for the YEAR		

STATEMENT OF SOURCE AND APPLICATION OF FUNDS
For Year to 30th September 1982

1981		£
£	SOURCE OF FUNDS:	(150,243)
(93,462)	Deficit for the Year	70,903
145,147	Donations	105,372
41,361	Legacies	400
300	Michael Gibson Fund	8,268
—	Depreciation	34,700
93,346		
	APPLICATION OF FUNDS:	1,048
389	Additions to Fixed Assets	5,354
9,168	Increase in Debtors	(3,399)
5,366	Decrease/(Increase) in Creditors	466
442	Increase in Stocks	32,536
75,968	Net Purchase of Investments	(1,305)
2,013	Increase/(Reduction) in Bank Balance	34,700
93,346		

REPORT OF THE AUDITOR

I have audited the Accounts set out on pages 6 to 9 in accordance with approved auditing standards. In my opinion the Accounts give a true and fair view of the state of The Foundation's affairs at 30th September 1982, of its results and of the source and application of funds for the year ended on that date and comply with the Companies Acts 1948 to 1981.

GORDON G. RUFFLE, C.A.

30th November 1982
Edinburgh

THE THISTLE FOUNDATION NOTES ON THE ACCOUNTS

1. Accounting Policies

- The Accounts are prepared on the historical cost basis of accounting except for revaluation of certain assets.
- Valuation of Investments—quoted investments are stated at middle market value; unquoted investments and investment property are stated at the valuation of the Council.
- Stocks are valued at the lower of cost and net realisable value.
- Depreciation is provided straightline on ground and buildings at 2% per annum on valuation or subsequent cost; no depreciation is provided on investment properties; furniture and equipment is written off in year of purchase.

No depreciation was provided in previous years on ground and buildings or furniture and equipment. The balance on furniture and equipment at 1st October 1981 has been written down against the revaluation surplus as records available do not readily identify individual items of furniture and equipment at that date.

2. Fixed Assets

Cost or valuation	Ground and Buildings £	Furniture and Equipment £	Total £
At 1st October 1981	946,490	43,374	989,864
Transfer to investments	(129,412)	—	(129,412)
Revaluation surplus	1,535,922	—	1,535,922
Additions for year	—	1,048	1,048
At 30th September 1982	2,353,000	44,422	2,397,422
Depreciation	—	—	—
At 1st October 1981	—	—	—
Revaluation surplus	7,220	43,374	43,374
Charge for year	—	1,048	8,268
At 30th September 1982	7,220	44,422	51,642
Net book value at 30th September 1982	2,345,780	—	2,345,780

All properties at Craigmillar were revalued by D. M. Hall & Son, Chartered Surveyors, on an open market basis on 5th August 1982 at £2,353,000. Property at Walker Street has been transferred to Investments. There were no capital commitments outstanding at 30th September 1982 (1981—Nil).

3. Capital Fund and General Reserves

	£
At 1st October 1981	2,392,795
Revaluation surplus	1,492,548
Surplus on realisation of investments	124,716
At 30th September 1982	4,010,059

The balance at 1st October 1981 includes Depreciation and Maintenance Reserve £850,000, and Investment Reserve £242,795, stated separately in previous years.

REVIEW OF 1981-82

It has become traditional that every five years the annual review provides statistical information on the people The Foundation seeks to serve.

While this report contains several tables, it is emphasised that The Foundation's primary concern continues to be with people rather than with statistics. As will be seen, all the tables in fact reflect aspects of the lives of those who live at The Foundation. The information given shows the position at 30th September 1982.

Perhaps the most frequent question asked is 'How many disabled people are accommodated and cared for at The Foundation?'. The answer can be given very succinctly as follows:

	Houses	Hostel	Total
Male	63	9	72
Female	15	5	20
	<u>78</u>	<u>14</u>	<u>92</u>

In the column for houses, the count is based on the 'resident', that is to say the disabled person on the strength of whose application the house was allocated. Since the aim is to maintain the integrity of the family unit despite disability, the resident may be husband, wife, parent, son or daughter. In some households there may be more than one handicapped person; for instance, both partners in a marriage may be disabled. There are at least two households where this situation exists and, other things being equal, the second disabled person would almost certainly have been accepted as a resident in his or her own right. This, of course, adds to the number of people The Foundation is able to help.

It is interesting to note that the number of female residents continues to increase and they now represent 28 per cent of the total.

Inevitably at any given point in time a few houses are vacant and others are occupied by the widows of disabled residents who have recently died. However, the reduced demand for accommodation during 1981 has been reversed and the number of new residents accepted so far this year confirms that there continues to be a need for the facilities offered by The Foundation.

In 1950 when the first houses were occupied, the primary objective was to provide accommodation for ex-Service personnel disabled in the Second World War. Predictably applications from this source have been declining over the years but in view of the troubles in Northern Ireland and more recently in the Falkland Islands, it is appropriate to reaffirm that The Foundation's facilities continue to be available to physically disabled ex-Service men and women. The following table illustrates that residents now come increasingly from all walks of life:

	Houses	Hostel	Total
Residents with service in:			
Royal Navy	4	—	4
Army	21	3	24
Royal Air Force	12	—	12
Merchant Navy	1	—	1
Residents with no Service connection	<u>40</u>	<u>11</u>	<u>51</u>
	<u>78</u>	<u>14</u>	<u>92</u>

It will be seen that some 45 per cent of present residents have a Service background.

As in any housing community there is continual change with new families taking up residence and others moving away. With the increased provision by local authorities and housing associations of purpose-built and adapted housing, it is inevitable that some families choose to move on for reasons associated with work,

family ties,
return to the
residents. A
years and r

1950-1954
1955-1959
1960-1964
1965-1969
1970-1974
1975-1979
1980
1981
1982 (part v

Another
for. The fo

Paraplegia
Hemiplegia
Tetraplegia
Cerebral Pa
Multiple Sc
Spina Bifida
Poliomyelitis
Rheumatoid
Congenital
Amputation
Spondylitis
Other War-
Others

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permit, a n
not only in
intensive n
taken, The
make little
care for the

Under 26
26-35
36-45
46-55
56-65
Over 65

family ties, or, having no further need of the support offered by The Foundation, return to their place of origin. The table below indicates the years of entry of all residents. Many have been living at The Foundation for a considerable number of years and regard it as their permanent home:

	<i>Houses</i>		<i>Hostel</i>		<i>Total</i>
	<i>Male</i>	<i>Female</i>	<i>Male</i>	<i>Female</i>	
1950-1954	11	2	—	—	13
1955-1959	4	1	—	—	5
1960-1964	12	1	—	—	13
1965-1969	8	—	—	—	8
1970-1974	9	4	4	3	20
1975-1979	12	4	3	1	20
1980	1	2	—	—	3
1981	1	—	1	1	3
1982 (part year)	5	1	1	—	7
					92

Another frequent question asked is what types of disability The Foundation caters for. The following table is self-explanatory:

	<i>Houses</i>		<i>Hostel</i>		<i>Total</i>
	<i>Male</i>	<i>Female</i>	<i>Male</i>	<i>Female</i>	
Paraplegia	8	1	2	—	11
Hemiplegia	4	—	—	—	4
Tetraplegia	6	—	1	—	7
Cerebral Palsy	—	—	—	1	1
Multiple Sclerosis	9	5	—	—	14
Spina Bifida	2	—	1	—	3
Poliomyelitis	8	6	2	1	17
Rheumatoid Arthritis	6	1	1	2	10
Congenital Defects	1	—	2	—	3
Amputation	6	—	—	—	6
Spondylitis	4	—	—	—	4
Other War-wounds	2	—	—	—	2
Others	7	2	—	1	10
					92

Where a resident suffers from more than one disability, it is the major disability which is stated.

The guiding principle of The Foundation is that the village at Craigmillar should have a balanced population which should represent, in so far as circumstances permit, a microcosm of any 'normal' community. It is desirable to achieve a balance not only in terms of disability, but also in terms of age. A community requiring intensive nursing could become too hospital orientated; similarly, unless care is taken, The Foundation could gradually become a settlement for the aged who would make little use of the extensive facilities provided yet require an increased staff to care for them. The range of residents' ages is shown below:

	<i>Houses</i>		<i>Hostel</i>		<i>Total</i>
	<i>Male</i>	<i>Female</i>	<i>Male</i>	<i>Female</i>	
Under 26	—	—	1	—	1
26-35	11	5	—	—	16
36-45	13	—	1	1	15
46-55	10	3	4	2	19
56-65	19	5	3	2	29
Over 65	10	2	—	—	12
					92

The Thistle Foundation accepts disabled people from all parts of Scotland but, due to its geographical location, it is inevitable that a greater number of residents should come from Lothian Region than from elsewhere; this is reflected in the following analysis of the places of origin of residents:

	<i>Houses</i>	<i>Hostel</i>	<i>Total</i>
Borders Region	1	2	3
Fife Region	2	1	3
Grampian Region	2	1	3
Lothian Region	60	6	66
Strathclyde Region	8	4	12
Tayside Region	3	—	3
Outside Scotland	2	—	2
	<u>78</u>	<u>14</u>	<u>92</u>

Employment is a key factor in determining the happiness and contentment of any individual, whether able-bodied or disabled. All residents who are fit to work are encouraged to do so, and close links are maintained with the Disablement Resettlement Officer at the Department of Employment who has a special responsibility to assist disabled people to obtain work. If a resident is unable to work in open or sheltered employment for any reason, the facilities in the occupational therapy department provide opportunities for skills to be developed in craft work designed to suit individual residents' abilities. The present employment position of Foundation residents is:

	<i>Houses</i>		<i>Hostel</i>		<i>Total</i>
	<i>Male</i>	<i>Female</i>	<i>Male</i>	<i>Female</i>	
Open employment outside The Foundation	12	—	—	—	12
Sheltered Workshops/Work Centres outside The Foundation	2	—	1	—	3
Occupational Therapy Department at The Foundation	8	1	3	2	14
Adult Education Courses	1	—	1	—	2
Housewives	—	11	—	—	11
Retired/Old Age Pensioners	12	2	—	—	14
Unable to work	15	—	4	1	20
Seeking employment	3	—	—	—	3
Unemployed	10	1	—	2	13
					<u>92</u>

Where a resident would fall into more than one of the above categories he or she is placed in the higher one. For the first time, two residents are currently attending adult education courses to obtain higher academic qualifications. The percentage of residents unemployed or seeking employment is 17 per cent, and it is a matter of grave concern that there would seem to be so few job opportunities for disabled people at present.

Whether for business, recreational or social purposes, suitable transport is crucial if a disabled person is to lead a full and active life. The following table sets out the forms of transport used by Foundation residents:

	<i>Houses</i>		<i>Hostel</i>		<i>Total</i>
	<i>Male</i>	<i>Female</i>	<i>Male</i>	<i>Female</i>	
Ministry or private cars (adapted as necessary)	43	7	—	—	50
Invalid tricycles	—	1	1	—	2
No vehicle but able to use public transport	11	1	—	—	12
No vehicle and not able to use public transport	9	6	8	5	28
					92

For those residents who have no means of transport of their own The Foundation's bus, driven by volunteer drivers, is especially useful. No resident, unless too ill to be moved, should have to remain within the perimeter of The Foundation for any length of time without some prospect of variety and change of scenery.

The village at Craigmillar exists for disabled residents, but they are in fact outnumbered by the able-bodied adults and children of disabled persons' families. A census of The Foundation would show that the population is made up as follows:

	<i>Residents</i>	<i>Other Adults</i>	<i>Children</i>	<i>Total</i>
Houses	78	98	—	217
Hostel	14	—	41	14
Staff Accommodation	—	7	2	9
	92	105	43	240

The facilities at Craigmillar and the support provided by staff enable many residents to continue to live at home with their families when they might otherwise be confined to hospital for long periods. The final table indicates the wide variety of staff required to provide these supporting services:

	<i>Full-time</i>	<i>Part-time</i>	<i>Total</i>
Office	3	—	3
Nursing and Care	7	8	15
Physiotherapy	2	—	2
Occupational Therapy	1	2	3
Social Work	—	1	1
Maintenance	6	—	6
Kitchen	2	—	2
Cleaning	—	11	11
	21	22	43

Many staff are required to work unsocial hours. Many undertake tasks beyond the normal course of duty to ensure the happiness and well-being of the residents. To them all, including the staff at Walker Street, is due a very special word of gratitude for their loyalty, devotion and hard work.

This year the Annual Report has been produced on paper of a much lighter weight. The decision, which was taken with great reluctance, will ensure that postal charges are kept to a minimum. The opportunity has been taken to incorporate the donation slip and details of Deeds of Covenant at the back of the report.

DONATIONS, GRANTS, COVENANTS and LEGACIES

The following substantial donations, grants, covenants and legacies received during 1981/82 are acknowledged with gratitude, as indeed are the many other contributions to the work of The Foundation too numerous to mention here.

From INDIVIDUALS

H.M. Queen Elizabeth II
(Opening of Grounds at Balmoral)
Mr Gordon Aien, Edinburgh
(Proceeds of Sponsored Marathon)
Mrs M. M. Armstrong, Edinburgh
Mr R. C. Armstrong, Edinburgh
(Proceeds of Sponsored Marathon)
Miss E. M. Ballantyne, Peebles
Miss K. T. L. Brownlie, Glasgow
Mr and Mrs S. J. Collins, Jersey
Mr Eric W. Cuthbert, Wembley
Mr Geoffrey E. Fletcher, Bewdley
Miss E. G. Galbraith, Elderslie
Mr Douglas G. Gunn, Stranraer
Mr Derek Harmel, Leigh
Mr Richard Irvin, Aberdeen
Mrs G. M. Lee, Chaddesley Corbett
Mr M. H. Lee, Chaddesley Corbett
Miss I. McCann, Dundee
Mrs M. A. McCann, Edinburgh
Mrs A. MacLaren, Yetholm
Miss J. Meikle, Stirling
Mrs Alice J. Milne, Ilkley
Mr J. A. Murdie, Forfar
Miss E. Murray, Edinburgh
Mr C. Randalls, Grangemouth
Mrs Agnes S. B. Slidders, Carnoustie
Mr Alan R. Stewart, Sevenoaks
Mr R. J. M. Sutherland, London
Miss M. B. Tait, Edinburgh
Mr R. F. Tudsbury, Overton
Miss J. F. Walker, East Kilbride
Mrs S. J. Wellon, Abberley
Miss Jean Wright, Dunalastair, Pitlochry

From GROUPS and OTHER BODIES

Army Benevolent Fund
Employees' Charity Collection,
James Bowen & Sons Ltd.
Castlebrae High School (1st year pupils—
Sponsored Silence)
Castlebrae High School (2nd year pupils—
Sponsored Walk)
Castlebrae High School (Tom Edwards and
others—Sponsored Cycle Ride)

Employees' Hospital Fund, Clydebank District
Council
Staff Charities Fund, Clydesdale Bank PLC
Ferguslie Mills Comforts Fund, J & P Coats
(UK) Ltd.
War Relief/Homes & Infirmarys Fund/Comforts
Fund (Anchor Mills), J & P Coats (UK) Ltd.
The Evening News/Odeon Charity Appeal Fund
Fête Committee, The Thistle Foundation
King George's Fund for Sailors, London
King George's Fund for Sailors (Scottish Council)
Jordanhill Bowling Club, Ladies' Section
Employees' Charities Fund, Lothian Region
Transport
Midlothian 'B' Company Army Cadet Corps
North Merchiston Youth Fellowship
Pitlochry East Church
Portobello District Cub Scouts
Portobello & District Round Table
Portobello Thistle Boys' Club (under 16 age
Group)
The Royal Air Force Benevolent Fund
RAF Turnhouse/Pitreavie Castle Charity Fund
The Royal British Legion Scotland, Dunfermline
The Royal British Legion Scotland, Duns
The Royal British Legion Scotland, Ellon
The Royal British Legion Scotland, Fraserburgh
The Royal British Legion Scotland, Knightswood
& District
The Royal British Legion Scotland (Women's
Section), Banchory & District
The Royal British Legion Scotland (Women's
Section), Cupar
The Royal British Legion Scotland (Women's
Section), Duns
The Royal British Legion Scotland (Women's
Section), Glenrothes
The Royal British Legion Scotland (Women's
Section), Oldmeldrum
The Royal British Legion Scotland (Women's
Section), Selkirk
The Royal British Legion Scotland (Women's
Section), Stonehaven
The Royal British Legion Scotland (Women's
Section), Turriff
St Andrew's Church, Rheindahlen
St Andrew's Garrison Church, Aldershot

St Fillan's Church, Aberdour
 The Scottish Association for Wallington,
 Carshalton & District
 Staff of the Scottish Design Centre, Glasgow
 Scottish Rugby Union (Proceeds of Programme
 Sales)
 Employees' Charity Contributions, Shanks & Co
 Ltd.
 United Kingdom Federation of Business &
 Professional Women, Edinburgh
 Wagering Club, Edinburgh
 Watford & West Herts Scottish Society

From TRUSTS and FOUNDATIONS

Miss M. E. Bell's Charitable Trust
 The C & A Charitable Trust
 The W. A. Cargill Charitable Trust
 Peter Coats Trust
 Craigmyle Charitable Trust
 Debenhams Charity Trust
 Miss Rachel E. Duncan's Charitable Trust
 Mr W. J. and Mrs C. G. Dunnachie's Charitable
 Trust
 The Gannochy Trust
 Eleanor, Lady Hamilton Educational Trust
 Miss I. F. Harvey's Charitable Trust
 Eda, Lady Jardine Charitable Trust
 The Beatrice Laing Trust
 The Andrew & Mary Elizabeth Little Charitable
 Trust
 The Low & Bonar Charitable Fund
 Macdonald-Euchanan Charitable Trusts
 The MacRobert Trusts
 The Marun Trust
 The Mickel Fund
 The Sir James Miller Edinburgh Trust
 Alexander Moncur's Trust
 The Moorgate Trust Fund
 Thomas Wharrie Morrison Bequest Fund
 North British Trust Hotels Ltd.
 P. F. Charitable Trust
 P. H. C. Benevolent Fund
 A. M. Pilkington's Charitable Trust
 The Royal Scots Dragoon Guards Regimental
 Trust
 The St Katharine's Fund
 Tay Charitable Trust
 The Mrs Gladys Tompson Settlement
 Truth Research Foundation Ltd.
 Hiram Walker & Sons (Scotland) P.L.C.
 Charitable Trust

Wylie Charitable Bequest Fund
 Zeta Trust

From COMPANIES and FIRMS

Abbey National Building Society
 Advance Services (Scotland) Ltd.
 Anderson Strathclyde PLC
 Barclays Bank International Ltd.
 The British Petroleum PLC
 Jenifer Browning (Proceeds of Fashion Show)
 The Burton Group PLC
 Calor Gas Ltd.
 Century Power and Light Ltd.
 Chevron Petroleum (UK) Ltd.
 Conoco (U.K.) Ltd.
 Cox Tudsbery & Wills Ltd.
 Craig & Rose Ltd.
 Danton Properties Ltd.
 The Distillers Company Ltd.
 English Drilling Equipment Co. Ltd.
 Esso Petroleum Co. Ltd.
 James Finlay PLC
 Robert Fleming Holdings Ltd.
 General Accident Fire & Life Assurance
 Corporation Ltd.
 The Glenlivet Distillers Ltd.
 Hays Oils & Chemicals Ltd.
 Hongkong & Shanghai Banking Corporation
 IBM United Kingdom Ltd.
 Imperial Chemical Industries PLC
 Lloyds Bank Ltd.
 The Corporation and Members of Lloyd's and
 Lloyd's Brokers
 Long John International Ltd.
 John Menzies (Holdings) Ltd.
 National Westminster Bank Ltd.
 Occidental International Oil Inc.
 Phillips in Scotland
 The Prudential Assurance Company Ltd.
 The Royal Bank of Scotland PLC
 St Joe Petroleum (U.K.) Corporation
 Christian Salvesen Ltd.
 Scotnord Ltd.
 Scottish Agricultural Industries PLC
 Scottish & Newcastle Breweries Ltd.
 Scottish Television Ltd.
 J. Smart & Co. (Contractors) Ltd.
 Southern-Evans Ltd.
 Tennent Caledonian Breweries Ltd.
 Whitbread & Co. Ltd.
 W. D. & H. O. Wills

LEGACIES

Mrs Janet Abercrombie, per Russel & Aitken, w.s., Denny
James F. Annand, Esq., per Mackay, McIntosh & Co., Solicitors, Glasgow
Mrs Margaret K. B. Ferguson, per Corrigan Ritchie & McLean, Solicitors, Dunoon
Mrs Alison Fowler, per F. T. & D. C. Wallace, Solicitors, Leven
Miss Catherine McFarlane, per Graham & Finlayson, w.s., Crief
Miss E. H. McNair, per Menzies, Dougal & Milligan, w.s., Edinburgh
William G. Menzies, Esq., per Wright, Johnston & Mackenzie, Solicitors, Glasgow
Mrs Helen D. Muirhead, per Stewarts, Nicol, MacCormick & Co., Solicitors, Glasgow
James A. Munro, Esq., per Headrick Inglis Glen & Co., Solicitors, Glasgow
Miss Agnes I. Patullo, per Pagan, Osborne & Grace, Solicitors, St Andrews
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Lady Tudsbery, per John & W. K. Gair & Gibson, Solicitors, Falkirk
Miss I. K. Young, per Tods, Murray & Jamieson, w.s., Edinburgh

The Foundation depends on donations and legacies
which will be most gratefully acknowledged by

The Director,
The Thistle Foundation,
27A Walker Street,
Edinburgh EH3 7HX

(Recognised as a charity by the Inland Revenue)

HOW YOU CAN HELP

By Bequeathing a Legacy

For many years legacies have formed a most important part of the income of The Foundation. To those who have already included The Foundation in their Will, we acknowledge the part they are playing in ensuring the future of The Foundation. To those who have not done so we would ask, please remember The Thistle Foundation in your Will, so that the work proudly started by another generation will continue. Some of our residents, veterans from the Second World War, have been with us for over thirty years; we must ensure their future and that of our other disabled residents for as long as they need our help.

WILL YOU HELP US TO HELP THEM?

HOW YOU CAN HELP

By Deed of Covenant

For supporters of The Foundation who pay tax, entering into a Deed of Covenant is an attractive way of increasing the value of your contribution at no extra cost, since as a recognised charity The Foundation is able to re-claim from the Inland Revenue income tax you have already paid. This system of donating also gives the added satisfaction of knowing that money normally paid to the taxman will now benefit The Foundation.

At the current rates of income tax a covenant of £25 per annum for four years is worth £143 to The Foundation.

If you wish to take out a covenant, and we hope you will, please complete the top part of the form overleaf. The most convenient method of payment is by Banker's Order. Should you decide to pay by this method, the lower part of the form should be filled in. The completed covenant and Banker's Order should then be forwarded to:

THE THISTLE FOUNDATION,
27A WALKER STREET,
EDINBURGH EH3 7HX

If you would like details on Deposited and Company Covenants please tick.

☐

WILL YOU HELP?

DEED OF COVENANT

Full name and address
(in capitals)

I, ...
of.....

HEREBY COVENANT with THE THISTLE FOUNDATION, that for
a minimum period of four years from the day

Date when payments are to
start which must be on or
after the date of signing
this deed

of..... 19..... or during my life (whichever
period shall be the shorter) I will pay annually to The Thistle Foundation
out of my taxed income such a sum as will, after deduction of income tax at
the basic rate for the time being in force, amount to:

Annual sum to be paid
(in figures and words)

£..... (.....)

Signed by me this..... day

of..... 19.....

Donor's signature

.....
in the presence of:

Witnesses

Signature of 1st Witness.....

Address.....

Occupation.....

Signature of 2nd Witness.....

Address.....

Occupation.....

Please note

In Scotland under circumstances where witnesses are not readily available,
the donor must write 'Adopted as Holograph' in his/her own handwriting
above his/her signature. In all other circumstances two witnesses are
required. A wife should not witness the signature of her husband or vice
versa.

BANKER'S ORDER

Name and full address of
donor's bank (in capitals)

To
of.....

Please pay to THE ROYAL BANK OF SCOTLAND plc, 14 George
Street, Edinburgh EH2 2YF for the account of THE THISTLE
FOUNDATION (A/c No. 270 180)

Annual sum to be paid in
figures and words
(as in Deed of Covenant)

the sum of £..... (.....)

or the..... day of..... 19.....

and a like sum ANNUALLY on the..... day

of..... in each of the following

three years making four payments in all and debit my account

No. accordingly.

Signature

.....

Date..... 19.....

Address.....

.....

HOW YOU CAN HELP

By Donation

Donation Form

To: The Thistle Foundation,
27A Walker Street,
Edinburgh
EH3 7HX

Date.....

I/We enclose the sum of £..... as a donation to the funds of
The Thistle Foundation.

BLOCK
CAPITALS
PLEASE

Name (Mr/Mrs/Miss)

Address

Post Code

Please tick if you do NOT require an acknowledgement

☐

... and accept our very sincere thanks, not only for your support, but also for
enabling The Foundation to economise on postage costs.

WILL YOU HELP?