

Knot & Co.Ltd

Previously known as
Health Connect Insights Ltd

Unaudited Financial Statements

for the Period 23 May 2024 to 31 May 2025

Maxwells
Chartered Accountants
4 King Square
Bridgwater
Somerset
TA6 3YF

Knot & Co.Ltd (Registered number: 15737708)
previously known as Health Connect Insights Ltd

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for the Period 23 May 2024 to 31 May 2025

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Knot & Co.Ltd
previously known as Health Connect Insights Ltd

Company Information
for the Period 23 May 2024 to 31 May 2025

DIRECTOR:

Miss L J King

REGISTERED OFFICE:

4 King Square
Bridgwater
Somerset
TA6 3YF

REGISTERED NUMBER:

15737708 (England and Wales)

ACCOUNTANTS:

Maxwells
Chartered Accountants
4 King Square
Bridgwater
Somerset
TA6 3YF

BANKERS:

Monzo
38 Finsbury Square
London
EC2A 1PX

Abridged Statement of Financial Position
31 May 2025

	Notes	£	£
FIXED ASSETS			
Tangible assets	5		281
CURRENT ASSETS			
Debtors		155	
Cash at bank and in hand		<u>62</u>	
		217	
CREDITORS			
Amounts falling due within one year		<u>2,574</u>	
NET CURRENT LIABILITIES			<u>(2,357)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			(2,076)
PROVISIONS FOR LIABILITIES	6		<u>53</u>
NET LIABILITIES			<u>(2,129)</u>
CAPITAL AND RESERVES			
Called up share capital	7		1
Retained earnings			<u>(2,130)</u>
SHAREHOLDERS' FUNDS			<u>(2,129)</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31 May 2025.

The members have not required the company to obtain an audit of its financial statements for the period ended 31 May 2025 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

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Abridged Statement of Financial Position - continued
31 May 2025

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

All the members have consented to the preparation of an abridged Statement of Financial Position for the period ended 31 May 2025 in accordance with Section 444(2A) of the Companies Act 2006.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the director and authorised for issue on 13 January 2026 and were signed by:

Miss L J King - Director

1. **STATUTORY INFORMATION**

Knot & Co.Ltd is a private company, limited by shares , registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. **STATEMENT OF COMPLIANCE**

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006.

3. **ACCOUNTING POLICIES**

Basis of preparing the financial statements

The financial statements have been prepared under the historical cost convention.

The financial statements have been prepared in accordance with applicable accounting standards and estimation techniques.

The financial statements have been prepared on a going concern basis which assumes the continued support of the company's directors.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 15% on reducing balance

Taxation

Taxation for the period comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the statement of financial position date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the statement of financial position date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the period end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

4. **EMPLOYEES AND DIRECTORS**

The average number of employees during the period was 1 .

Notes to the Financial Statements - continued
for the Period 23 May 2024 to 31 May 2025

5. **TANGIBLE FIXED ASSETS**

COST

At 23 May 2024
and 31 May 2025

DEPRECIATION

Charge for period

At 31 May 2025

NET BOOK VALUE

At 31 May 2025

At 22 May 2024

Totals
£

332

51

51

281

332

6. **PROVISIONS FOR LIABILITIES**

Deferred tax

£

53

Deferred
tax

£

Charge to Income Statement during period

Balance at 31 May 2025

53

53

7. **CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

Number: Class:

Nominal

value:

£

1 Ordinary

£1

1

1 Ordinary share of £1 was issued during the period for cash of £ 1 .

8. **ULTIMATE CONTROLLING PARTY**

The controlling party is Miss L J King.

The company was controlled throughout the period by it's director Lucy Jane King by virtue of the fact that she owns all of the issued share capital.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.