Registered Number: 15311368
England and Wales

Abridged Accounts

for the period ended 31 December 2024

for

FANS TO 5K C.I.C.

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COMPANIES HOUSE

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FANS TO 5K C.I.C.
Statement of Financial Position
As at 31 December 2024

		2024
	£	£
Current assets	1	
Creditors: amount falling due within one year	(1,398)	
Net current assets		**(1,397)**
Total assets less current liabilities		**(1,397)**
Net assets		**(1,397)**
Capital and reserves		**(1,397)**

NOTES TO THE ACCOUNTS

General Information

FANS TO 5K C.I.C. is a private company, limited by guarantee, registered in England and Wales, registration number 15311368, registration address 38 Huckley Way, Bristol, BS32 8AR.

The presentation currency is £ sterling.

1. Accounting policies

Significant accounting policies

Statement of compliance

These financial statements have been prepared in compliance with FRS 105 – The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

Basis of preparation

The financial statements have been prepared under the historical cost convention as modified by the revaluation of land and buildings and certain financial instruments measured at fair value in accordance with the accounting policies.

The financial statements are prepared in sterling which is the functional currency of the company.

2. Average number of employees

Average number of employees during the period was 3.

For the period ended 31 December 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' Responsibilities:
The members have not required the company to obtain an audit of its accounts for the period in question in accordance with section 476.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions and FRS 105, the Financial Reporting Standard applicable to the micro-entities regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The income statement has not been delivered to the Registrar of Companies.

The members have agreed to the preparation of abridged accounts.

FANS TO 5K C.I.C.
Statement of Financial Position
As at 31 December 2024

The financial statements were approved by the board of directors on 08 August 2025 and were signed on its behalf by:



Grant Rees
Director

100064/15

CIC 34

Community Interest Company Report

Please complete in typescript, or in bold black capitals.	**Company Name in full**	FANS TO 5K C.I.C.
	Company Number	15311368
	Year Ending	31 December 2024

(The date format is required in full and should match the date of the accounts e.g. 31st March 2020)

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

We launched the first ever Fans to 5k initiative for which we piloted at no cost to the community.

Main community was Bristol based, however we had participants nationally and even reached a few fans living in Amsterdam, Cape Town and New South Wales, who enjoyed the programme.

The initiative reached 248 participants, of which 32% had never exercised prior to this. Out of those 32%, nearly half of them have continued to exercise after completing the programme, with 84% of those competing in local park runs.

The initiative reached an age range of 18-70+ year olds, with 67% being male and 33% female. With 42% being under 40 and 58% being 40+ year olds.

Since this we have been looking for sponsorship and funding to scale up the programme and reach wider communities, however although the feedback was positive, we are still looking for those partnerships to materialise.

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – A "stakeholder" is any person or organisation affected by the company's activities. Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action has the company taken in response to feedback from its consultations. If there has been no consultation you must state 'There has been no stakeholder consultation held'.

Stakeholders mainly being the participants, have provided positive feedback and enjoyed the concept of the initiative and found it a great kickstart to exercising. They wish to continue with the program, however the difficulty in obtaining funds have not allowed us to push forward.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – Please indicate below any remuneration the directors have received. Alternatively if you have provided full details in your accounts then you do not need to disclose it here but you must explain in the space below where they are found within the accounts. If no remuneration was received you must state that "no remuneration was received by the directors" below.

no remuneration was received by the directors

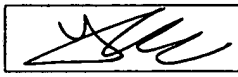
PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration to an asset locked body or for the benefit of the community. This must include the amount, or contain a fair estimate of the value, of such transfer. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

no transfer of assets other than for full consideration has been made

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY

The original report must be signed by a director of the company

Signed  Date 12-08-25

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Applications will be rejected if this information is incorrect.

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Email:	Tel:
DX Number	DX Exchange

When you have completed the form, please attach it to the accounts and send both documents to the Registrar of Companies at:

For companies registered in England, Scotland, Wales and Northern Ireland:

Companies House, Crown Way, Cardiff, CF14 3UZ

DX 33050 Cardiff

Please ensure the company name is consistent with the company name entered on the accounts. (N.B. Please enclose a cheque for £15 payable to Companies House).