

Unaudited Financial Statements for the Year Ended 31 August 2025

for

Phx Gym Bh Ltd

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for the Year Ended 31 August 2025

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Phx Gym Bh Ltd

Company Information
for the Year Ended 31 August 2025

DIRECTORS:

Mr J K Marshall
Mrs H V Boyce
Mr M A W Boyce

REGISTERED OFFICE:

Asm House
103a Keymer Road
Hassocks
United Kingdom
BN6 8QL

REGISTERED NUMBER:

14279708 (England and Wales)

Balance Sheet
31 August 2025

	Notes	31.8.25 £	£	31.8.24 £	£
FIXED ASSETS					
Tangible assets	4		160,245		105,947
CURRENT ASSETS					
Stocks		8,364		7,163	
Debtors	5	39,508		43,988	
Cash at bank		<u>42,599</u>		<u>35,594</u>	
		90,471		86,745	
CREDITORS					
Amounts falling due within one year	6	<u>114,513</u>		<u>29,511</u>	
NET CURRENT (LIABILITIES)/ASSETS			<u>(24,042)</u>		<u>57,234</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			136,203		163,181
CREDITORS					
Amounts falling due after more than one year	7		<u>60</u>		<u>63,280</u>
NET ASSETS			<u>136,143</u>		<u>99,901</u>
CAPITAL AND RESERVES					
Called up share capital			101		101
Retained earnings			<u>136,042</u>		<u>99,800</u>
SHAREHOLDERS' FUNDS			<u>136,143</u>		<u>99,901</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 August 2025 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the Board of Directors and authorised for issue on 3 April 2026 and were signed on its behalf by:

Mr M A W Boyce - Director

Notes to the Financial Statements
for the Year Ended 31 August 2025

1. **STATUTORY INFORMATION**

Phx Gym Bh Ltd is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the [Company Information page](#).

2. **ACCOUNTING POLICIES**

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 25% on reducing balance

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease.

3. **EMPLOYEES AND DIRECTORS**

The average number of employees during the year was 3 (2024 - 3) .

Notes to the Financial Statements - continued
for the Year Ended 31 August 2025

4. **TANGIBLE FIXED ASSETS**

	Plant and machinery etc £
COST	
At 1 September 2024	160,182
Additions	107,713
At 31 August 2025	<u>267,895</u>
DEPRECIATION	
At 1 September 2024	54,235
Charge for year	53,415
At 31 August 2025	<u>107,650</u>
NET BOOK VALUE	
At 31 August 2025	<u>160,245</u>
At 31 August 2024	<u>105,947</u>

5. **DEBTORS**

	31.8.25 £	31.8.24 £
Amounts falling due within one year:		
Trade debtors	1,520	201
Other debtors	<u>27,988</u>	<u>43,787</u>
	<u>29,508</u>	<u>43,988</u>
Amounts falling due after more than one year:		
Other debtors	<u>10,000</u>	<u>-</u>
Aggregate amounts	<u>39,508</u>	<u>43,988</u>

6. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.8.25 £	31.8.24 £
Trade creditors	36,242	19,960
Taxation and social security	9,381	9,551
Other creditors	<u>68,890</u>	<u>-</u>
	<u>114,513</u>	<u>29,511</u>

Notes to the Financial Statements - continued
for the Year Ended 31 August 2025

7. **CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE
YEAR**

	31.8.25	31.8.24
	£	£
Other creditors	<u>60</u>	<u>63,280</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.