Company Registration No. 13112607 (England and Wales)

ESSEX MUSCLE THERAPY LTD
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 JANUARY 2026

CONTENTS	PAGE
Company information	3
Statement of financial position	4

ESSEX MUSCLE THERAPY LTD
COMPANY INFORMATION
FOR THE YEAR ENDED 31 JANUARY 2026

Directors	Glen John Warren Lucy Ann Warren
Company Number	13112607 (England and Wales)
Registered Office	75 St. Nicholas Road Witham Essex CM8 2JE
Accountants	Advanced Tax Solutions Ltd t/a Tax Made Easy Unit 24, King Street Buildings Enderby Leicester Leicestershire LE19 4NT

ESSEX MUSCLE THERAPY LTD
STATEMENT OF FINANCIAL POSITION
AS AT 31 JANUARY 2026

		2026		2025
		£		£
Fixed assets		183		461
Current assets	49		122	
Creditors: amounts falling due within one year	(2,467)		(1,055)	
Net current liabilities		(2,418)		(933)
Total assets less current liabilities		(2,235)		(472)
Accruals and deferred income		(650)		(650)
Net liabilities		(2,885)		(1,122)
Capital and reserves		(2,885)		(1,122)

NOTES TO THE ACCOUNTS

1 Statutory information

Essex Muscle Therapy Ltd is a private company, limited by shares, registered in England and Wales, registration number 13112607. The registered office is 75 St. Nicholas Road, Witham, Essex, CM8 2JE.

2 Average number of employees

During the year the average number of employees was 2 (2025: 2).

For the year ending 31 January 2026 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the board on 12 March 2026

Glen John Warren
Director

Company Registration No. 13112607

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.