

SHIATSU COLLEGE MANCHESTER CIC

Company limited by guarantee

**Company Registration Number:
12969607 (England and Wales)**

Unaudited statutory accounts for the year ended 31 July 2026

Period of accounts

Start date: 1 August 2025

End date: 31 July 2026

SHIATSU COLLEGE MANCHESTER CIC

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SHIATSU COLLEGE MANCHESTER CIC

Directors' report period ended 31 July 2026

The directors present their report with the financial statements of the company for the period ended 31 July 2026

Directors

The directors shown below have held office during the whole of the period from
1 August 2025 to 31 July 2026

Dr Hannah Mackay
Karey Ann Taylor
Anne Palmer
Rachel Ecclestone

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on
25 September 2026

And signed on behalf of the board by:

Name: Dr Hannah Mackay

Status: Director

SHIATSU COLLEGE MANCHESTER CIC

Profit And Loss Account for the Period Ended 31 July 2026

	2026	2025
	£	£
Turnover:	61,548	44,329
Cost of sales:	(19,215)	(19,052)
Gross profit(or loss):	42,333	25,277
Administrative expenses:	(40,544)	(22,163)
Operating profit(or loss):	1,789	3,114
Interest receivable and similar income:	213	224
Profit(or loss) before tax:	2,002	3,338
Profit(or loss) for the financial year:	2,002	3,338

SHIATSU COLLEGE MANCHESTER CIC

Balance sheet

As at 31 July 2026

	<i>Notes</i>	<i>2026</i>	<i>2025</i>
		<i>£</i>	<i>£</i>
Fixed assets			
Tangible assets:	3	120	158
Total fixed assets:		<u>120</u>	<u>158</u>
Current assets			
Cash at bank and in hand:		11,316	11,936
Total current assets:		<u>11,316</u>	<u>11,936</u>
Creditors: amounts falling due within one year:	4	(5,974)	(8,634)
Net current assets (liabilities):		<u>5,342</u>	<u>3,302</u>
Total assets less current liabilities:		<u>5,462</u>	<u>3,460</u>
Total net assets (liabilities):		<u>5,462</u>	<u>3,460</u>
Members' funds			
Profit and loss account:		5,462	3,460
Total members' funds:		<u>5,462</u>	<u>3,460</u>

The notes form part of these financial statements

SHIATSU COLLEGE MANCHESTER CIC

Balance sheet statements

For the year ending 31 July 2026 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

**This report was approved by the board of directors on 25 September 2026
and signed on behalf of the board by:**

Name: Dr Hannah Mackay
Status: Director

The notes form part of these financial statements

SHIATSU COLLEGE MANCHESTER CIC

Notes to the Financial Statements

for the Period Ended 31 July 2026

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

Tangible fixed assets depreciation policy

Tangible assets are included at cost less depreciation and impairment. Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives

SHIATSU COLLEGE MANCHESTER CIC

Notes to the Financial Statements for the Period Ended 31 July 2026

2. Employees

	2026	2025
Average number of employees during the period	0	0

SHIATSU COLLEGE MANCHESTER CIC

Notes to the Financial Statements

for the Period Ended 31 July 2026

3. Tangible assets

	Land & buildings	Plant & machinery	Fixtures & fittings	Office equipment	Motor vehicles	Total
Cost	£	£	£	£	£	£
At 1 August 2025		470				470
Additions						
Disposals						
Revaluations						
Transfers						
At 31 July 2026		470				470
Depreciation						
At 1 August 2025		312				312
Charge for year		38				38
On disposals						
Other adjustments						
At 31 July 2026		350				350
Net book value						
At 31 July 2026		120				120
At 31 July 2025		158				158

SHIATSU COLLEGE MANCHESTER CIC

Notes to the Financial Statements

for the Period Ended 31 July 2026

4. Creditors: amounts falling due within one year note

	2026	2025
	£	£
Trade creditors	445	464
Other creditors	5,529	8,170
Total	<u>5,974</u>	<u>8,634</u>

COMMUNITY INTEREST ANNUAL REPORT

SHIATSU COLLEGE MANCHESTER CIC

Company Number: 12969607 (England and Wales)

Year Ending: 31 July 2026

Company activities and impact

Shiatsu College Manchester CIC provides training in shiatsu to people in the area around Manchester (Northwest England and North Wales), to become professional practitioners, to treat friends and family, and/or to support their own health and wellbeing. The following activities were provided this year:

1. Registration and beginning of the new academic year. The new academic year began in September 2025 with 6 students in Year 3, 5 students in Year 2 and 11 students in Year 1.
2. Completion of in-person training for students who were registered with Shiatsu College Manchester. 5 students completed the Holistic Acupressure Certificate; and 4 students completed the full shiatsu training (Level 4 Diploma).
3. Opening up to new students. One open weekend for new students (September 2025). Two one-day workshops for new students (March and June 2025). Newsletters to connect with potential students. Creating opportunities for people to find out about shiatsu.
4. Student and practitioner support a. Shiatsu College Manchester days open to graduates and former students; b. offering the opportunity to work in our low-cost clinic and get feedback on their practice (3 former students).
5. Student clinics provided low cost shiatsu to 29 different clients (46 sessions offered in total, over four clinic dates). This gave a range of people the opportunity to experience shiatsu, including some who had not had shiatsu before. It also gave students confidence in working in a clinical setting. Feedback from the clients was overwhelmingly positive.
6. Shiatsu College Retreat – we ran a successful Retreat at Rydal Hall in April 2026, with our colleagues at other branches of the Shiatsu College.
7. Connection with the Shiatsu Society - Ratification process for Shiatsu College Manchester to remain ratified with the Shiatsu Society, including assessors' meeting.
8. Working with other branches of the Shiatsu College to ensure our teaching systems are working well, including Internal Verification process focusing on teaching of Chinese Medicine; quality assurance for those learning shiatsu with us.
9. Using shiatsu to support our own health and wellbeing. This was an ongoing aspect of the training we offer for all our students, participants and assistants. Receiving shiatsu from other students supports our health and wellbeing, as well as learning techniques to help ourselves, and benefitting from exercises and meditation.
10. Support for people using shiatsu training to support their mental health. At least 3 of our students have ongoing long-term mental health issues, and we have been able to support them to access our classes (flexibility about re-joining years they have already attended, individual discussions about meeting their needs, keeping in contact when they are not well enough to attend class).
11. We have a Bursary Fund for our students, including a Bursary panel to make awards. We were able to support 5 students in the year 25-26, to reduce the fees they needed to pay. We also allocated funds to support disadvantaged people to attend our student clinics.
12. Two of our long-term teaching assistants have progressed with their training to become registered teachers of shiatsu, supported by two of our teachers.
13. We had a team training day for our team in October.

Consultation with stakeholders

The community in whose interest we operate are: people in the North of England and North Wales who want to learn shiatsu and people in the North of England and North Wales who want to support their health and wellbeing holistically with shiatsu.

Our stakeholders - those in our geographical area who are:

Current Shiatsu College Manchester students

Potential shiatsu students/people with an interest in training in shiatsu

Shiatsu graduates, practitioners and former students

People who would like to receive shiatsu to support their health and wellbeing

People who would like to learn a basic level of shiatsu to support their health and wellbeing

Shiatsu College Manchester teachers

Shiatsu College Manchester teaching assistants

We did not do any formal consultation this year.

Directors' remuneration

The directors were remunerated for their work in the CIC:

Rachel Ecclestone - £5,403

Anne Palmer - £4,526

Karey Taylor - £2,748

Hannah Mackay - £11,892

Transfer of assets

No transfer of assets other than for full consideration

This report was approved by the board of directors on
25 September 2026

And signed on behalf of the board by:

Name: Hannah Mackay

Status: Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.