

SHIATSU COLLEGE MANCHESTER CIC

Company limited by guarantee

**Company Registration Number:
12969607 (England and Wales)**

Unaudited statutory accounts for the year ended 31 July 2022

Period of accounts

Start date: 1 November 2021

End date: 31 July 2022

SHIATSU COLLEGE MANCHESTER CIC

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SHIATSU COLLEGE MANCHESTER CIC

Directors' report period ended 31 July 2022

The directors present their report with the financial statements of the company for the period ended 31 July 2022

Directors

The directors shown below have held office during the whole of the period from
1 November 2021 to 31 July 2022

Karey Ann Taylor
Anne Veronica Palmer
DR Hannah Clare Mackay
Rachel Clare Ecclestone

The director shown below has held office during the period of
1 November 2021 to 23 December 2021

PhilipGiles Edwin Cheshire-Neal

The director shown below has held office during the period of
1 November 2021 to 2 December 2021

Many Mary Mosley

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on
13 February 2023

And signed on behalf of the board by:
Name: Karey Ann Taylor
Status: Director

SHIATSU COLLEGE MANCHESTER CIC

Balance sheet

As at 31 July 2022

	<i>Notes</i>	<i>9 months to 31 July 2022</i>	<i>2021</i>
		£	£
Fixed assets			
Intangible assets:		0	0
Tangible assets:	3	168	224
Total fixed assets:		<u>168</u>	<u>224</u>
Current assets			
Cash at bank and in hand:		6,887	7,846
Total current assets:		<u>6,887</u>	<u>7,846</u>
Prepayments and accrued income:			750
Creditors: amounts falling due within one year:	4	(1,632)	(1,795)
Net current assets (liabilities):		<u>5,255</u>	<u>6,801</u>
Total assets less current liabilities:		<u>5,423</u>	<u>7,025</u>
Total net assets (liabilities):		<u>5,423</u>	<u>7,025</u>
Members' funds			
Profit and loss account:		5,423	7,025
Total members' funds:		<u>5,423</u>	<u>7,025</u>

The notes form part of these financial statements

SHIATSU COLLEGE MANCHESTER CIC

Balance sheet statements

For the year ending 31 July 2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The directors have chosen not to file a copy of the company's profit and loss account.

**This report was approved by the board of directors on 13 February 2023
and signed on behalf of the board by:**

Name: Karey Ann Taylor
Status: Director

The notes form part of these financial statements

SHIATSU COLLEGE MANCHESTER CIC

Notes to the Financial Statements

for the Period Ended 31 July 2022

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

SHIATSU COLLEGE MANCHESTER CIC

Notes to the Financial Statements

for the Period Ended 31 July 2022

2. Employees

	<i>9 months to 31 July 2022</i>	<i>2021</i>
Average number of employees during the period	0	0

SHIATSU COLLEGE MANCHESTER CIC

Notes to the Financial Statements

for the Period Ended 31 July 2022

3. Tangible assets

	Land & buildings	Plant & machinery	Fixtures & fittings	Office equipment	Motor vehicles	Total
Cost	£	£	£	£	£	£
At 1 November 2021		280				280
Additions						
Disposals						
Revaluations						
Transfers						
At 31 July 2022		280				280
Depreciation						
At 1 November 2021		56				56
Charge for year		56				56
On disposals						
Other adjustments						
At 31 July 2022		112				112
Net book value						
At 31 July 2022		168				168
At 31 October 2021		224				224

SHIATSU COLLEGE MANCHESTER CIC

Notes to the Financial Statements

for the Period Ended 31 July 2022

4. Creditors: amounts falling due within one year note

	<i>9 months to 31 July 2022</i>	<i>2021</i>
	£	£
Trade creditors	400	200
Taxation and social security	1,232	1,595
Total	<u>1,632</u>	<u>1,795</u>

COMMUNITY INTEREST ANNUAL REPORT

SHIATSU COLLEGE MANCHESTER CIC

Company Number: 12969607 (England and Wales)

Year Ending: 31 July 2022

Company activities and impact

Shiatsu College Manchester CIC provides training in shiatsu to people in the area around Manchester (Northwest England and North Wales), to become professional practitioners, to treat friends and family, and/or to support their own health and wellbeing. The following activities were provided this year: 1. Completion of in-person training for students who were registered with Shiatsu College Manchester. 1 student successfully completed the Holistic Acupressure Certificate. Due to a change in our accounting period, most students had not completed all the course requirements by the end of this year (July 22). In total, the classes necessary to complete the year were achieved by 4 students in Year 1, 1 student in Year 2 and 4 students in Year 3 (by July 2022). 2. Due to the change in our accounting period, we did not have a new intake of students during this year (1st Nov 2021 – 31st July 2022). 3. Student and practitioner support – a. Shiatsu College Manchester day workshops open to graduates and former students – pregnancy (March - 1 additional participant); seated treatments (March - 1 additional participant); Ethics workshop (May - no-one took this one up.) b. continuing connection with former students to help them to complete their training in the future, so they are able to practice shiatsu (6 students). 4. Organising and running the Shiatsu College Residential 2022. Providing networking opportunities and support for students and practitioners in their shiatsu practice (April 2022). 54 participants came to the Residential at Rydal Hall in the Lake District. Participants came from various areas of the UK and abroad, but many were from Northwest England. Feedback was overwhelmingly positive. 5. Student clinics provided low cost shiatsu to 14 different clients (38 sessions offered in total, over four clinic dates). This gave a range of people the opportunity to experience shiatsu, including some who had not had shiatsu before. It also gave students confidence in working in a clinical setting. Feedback from the clients was overwhelmingly positive. 6. Free shiatsu session for a pregnant person as part of our teaching on pregnancy. 7. Opening up to new students. Newsletters and social media posts to engage people with shiatsu. 8. Connection with the Shiatsu Society - Ratification process for Shiatsu College Manchester to remain ratified with the Shiatsu Society, including a visit to Bristol School of Shiatsu to assess their training, and hosting Nik Kyriacou to assess our processes. Assessors' meeting. 9. Working with other branches of the Shiatsu College to ensure our teaching systems are working well, including Internal Verification process focusing on the marking of case studies; quality assurance for those learning shiatsu with us. 10. Facebook raising awareness of shiatsu - short videos and posts were shared on facebook via the Shiatsu College Manchester page, to resource people and signpost about how shiatsu might help their health and wellbeing. 11. Support for people using shiatsu training to support their mental health. At least 3 of our students have ongoing long-term mental health issues, and we have been able to support them to access our classes (flexibility about re-joining years they have already attended, individual discussions about meeting their needs). 12. Using shiatsu to support our own health and wellbeing. This was an ongoing aspect of the training we offered, both online and in-person, for all our students, participants and assistants. Receiving shiatsu from other students supports our health and wellbeing, as well as learning techniques to help ourselves, and benefitting from exercises and meditation.

Consultation with stakeholders

The community in whose interest we operate are: people in the North of England and North Wales who want to learn shiatsu and people in the North of England and North Wales who want to support their health and wellbeing holistically with shiatsu. Our stakeholders - those in our geographical area who are: Current Shiatsu College Manchester students Potential shiatsu students/people with an interest in training in shiatsu Shiatsu graduates, practitioners and former students People who would like to receive shiatsu to support their health and wellbeing People who would like to learn a basic level of shiatsu to support their health and wellbeing Shiatsu College Manchester teachers Shiatsu College Manchester teaching assistants There has been no consultation with stakeholders during this year.

Directors' remuneration

No remuneration was received

Transfer of assets

No transfer of assets other than for full consideration

This report was approved by the board of directors on
13 February 2023

And signed on behalf of the board by:

Name: Karey Taylor

Status: Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.