Company Registration No. 12969607 (England and Wales)

SHIATSU COLLEGE MANCHESTER CIC
UNAUDITED AMENDED ACCOUNTS
FOR THE PERIOD FROM 22 OCTOBER 2020 TO 31 OCTOBER 2021

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SHIATSU COLLEGE MANCHESTER CIC
UNAUDITED AMENDED ACCOUNTS
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SHIATSU COLLEGE MANCHESTER CIC
COMPANY INFORMATION
FOR THE PERIOD FROM 22 OCTOBER 2020 TO 31 OCTOBER 2021

Directors	Karey Ann Taylor Anne Veronica Palmer Dr Hannah Clare Mackay Rachel Clare Ecclestone Philip Giles Edwin CHESHIRE-NEAL Mandy Mary Mosley
Company Number	12969607 (England and Wales)
Registered Office	111 Nicolas Road Chorlton Cum Hardy Manchester M21 9LS
Accountants	Michelle Williams 91 Northen Grove Manchester Greater Manchester M20 2JL

SHIATSU COLLEGE MANCHESTER CIC
STATEMENT OF FINANCIAL POSITION
AS AT 31 OCTOBER 2021

	Notes	2021 £
Fixed assets		
Tangible assets	4	224
Current assets		
Debtors	5	750
Cash at bank and in hand		7,846
		8,596
Creditors: amounts falling due within one year	6	(1,795)
Net current assets		6,801
Net assets		7,025
Capital and reserves		
Capital contribution reserve		280
Profit and loss account		6,745
Shareholders' funds		7,025

For the period ending 31 October 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

The financial statements were approved by the Board of Directors and authorised for issue on 21 October 2022 and were signed on its behalf by

Karey Ann Taylor
Director

21/10/22

Company Registration No. 12969607

SHIATSU COLLEGE MANCHESTER CIC
NOTES TO THE ACCOUNTS
FOR THE PERIOD FROM 22 OCTOBER 2020 TO 31 OCTOBER 2021

1 Statutory information

Shiatsu College Manchester CIC is a private company, limited by shares, registered in England and Wales, registration number 12969607. The registered office is 111 Nicolas Road, Chorlton Cum Hardy, Manchester, M21 9LS.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

Tangible fixed assets and depreciation

Tangible assets are included at cost less depreciation and impairment. Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:

4 Tangible fixed assets

	Plant & machinery £
Cost or valuation	At cost
At 22 October 2020	280
At 31 October 2021	280
Depreciation	
Charge for the period	56
At 31 October 2021	56
Net book value	
At 31 October 2021	224

5 Debtors

	2021 £
Amounts falling due within one year	
Accrued income and prepayments	750

6 Creditors: amounts falling due within one year

	2021 £
Trade creditors	200
Taxes and social security	1,595
	1,795

7 Average number of employees

During the period the average number of employees was 0.

~~579728/15~~ NM

CIC 34

Community Interest Company Report

For official use *(Please leave blank)*	

Please complete in typescript, or in bold black capitals.

Company Name in full	Shiatsu College Manchester CIC
Company Number	**12969607**
Year Ending	31/10/2021

(The date format is required in full)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

Shiatsu College Manchester CIC provides training in shiatsu to people in the area around Manchester (Northwest England and North Wales), to become professional practitioners, to treat friends and family, and/or to support their own health and wellbeing. The following activities were provided this year:

1. Provision of online support to students who were registered with Shiatsu College Manchester before the pandemic – 4 day-long sessions (January to May 2021). Helping to keep students connected with shiatsu while not able to meet in person. Also help to support their own health and wellbeing during this time.
2. Completion of in-person training for students who were registered with Shiatsu College Manchester before the pandemic. 2 students successfully completed the Holistic Acupressure Certificate and 2 students completed the Shiatsu Diploma. In total, the classes necessary to complete the year were achieved by 3 students in Year 1, 4 students in Year 2 and 3 students in Year 3 (by July 2021).
3. Registration and beginning of the new academic year. The new academic year began in September with 4 students in Year 3, 3 students in Year 2 and 7 students in Year 1.
4. Student and practitioner support – a. 'Refresher Day' one-day workshop was offered in September 2021 to support students and practitioners in their practice. 5 people attended the workshop and said they found it helpful to help them restart their practice post-pandemic. b. reconnecting with former students to help them to complete their training in the future, so they are able to practice shiatsu (6 students).
5. Booking and organising for the Shiatsu College Residential 2022. Preparation to provide networking opportunities and support for students and practitioners in their shiatsu practice. Residential to run in April 2022.
6. Opening up to new students. Online Q&A session with 4 participants (May 2021). Open weekend for new students (September 2021). Newsletters to connect with potential students. Creating opportunities for people to find out about shiatsu.
7. Connection with the Shiatsu Society - Ratification process for Shiatsu College Manchester to remain ratified with the Shiatsu Society (online and administrative). Assessors' meeting.
8. Facebook raising awareness of shiatsu. a. profile project – 14 students, graduates and practitioners from Shiatsu College Manchester were profiled on facebook to increase awareness of shiatsu. b. short videos and posts were shared on facebook via the Shiatsu College Manchester page, to resource people and signpost about how shiatsu might help their health and wellbeing.
9. Support for people using shiatsu training to support their mental health. At least 3 of our students have ongoing long-term mental health issues, and we have been able to support them to access our classes (flexibility about re-joining years they have already attended, individual discussions about meeting their needs).
10. Using shiatsu to support our own health and wellbeing. This was an ongoing aspect of the training we offered, both online and in-person, for all our students, participants and assistants. Receiving shiatsu from other students supports our health and wellbeing, as well as learning techniques to help ourselves, and benefitting from exercises and meditation.

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

The community in whose interest we operate are: people in the North of England and North Wales who want to learn shiatsu and people in the North of England and North Wales who want to support their health and wellbeing holistically with shiatsu.
Our stakeholders - those in our geographical area who are:
Current Shiatsu College Manchester students
Potential shiatsu students/people with an interest in training in shiatsu
Shiatsu graduates, practitioners and former students
People who would like to receive shiatsu to support their health and wellbeing
People who would like to learn a basic level of shiatsu to support their health and wellbeing
Shiatsu College Manchester teachers
Shiatsu College Manchester teaching assistants

In April 2021 we contacted former Shiatsu College Manchester students and graduates to find out whether they would find it useful for us to organise a Residential shiatsu event in the north of England. Their responses encouraged us to arrange this event for April 2022.

There has been no consultation with other stakeholders during this year.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

No remuneration was received by the Directors for their roles in running the CIC.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.
No transfer of assets other than for full consideration has been made.

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY (Please note this must be a live signature)

The original report must be signed by a director or secretary of the company

Signed H C Mackay Date 27/05/2022 *(DD/MM/YY)*

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Applications will be rejected if this is information is incorrect.

Office held (delete as appropriate) Director/~~Secretary~~

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

HANNAH MACKAY
111 NICOLAS ROAD
CHORLTON, MANCHESTER
M21 9LS Tel
DX Number DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)