MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Company limited by guarantee

Company Registration Number:
12640887 (England and Wales)

Unaudited statutory accounts for the year ended 30 June 2024

Period of accounts

Start date: 1 July 2023

End date: 30 June 2024

MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Contents of the Financial Statements

for the Period Ended 30 June 2024

MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Profit And Loss Account

for the Period Ended 30 June 2024

	2024	*2023*
	£	*£*
Turnover:	**10,134**	5,983
Cost of sales:	**0**	0
Gross profit(or loss):	**10,134**	5,983
Administrative expenses:	**(7,285)**	(6,951)
Operating profit(or loss):	**2,849**	(968)
Profit(or loss) before tax:	**2,849**	(968)
Tax:	**(550)**	69
Profit(or loss) for the financial year:	**2,299**	(899)

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Balance sheet

As at 30 June 2024

	Notes	*2024*	*2023*
		£	**£**
Fixed assets			
Tangible assets:	3	**164**	366
Total fixed assets:		**164**	366
Current assets			
Debtors:	4	**4,506**	374
Cash at bank and in hand:		**8,779**	717
Total current assets:		**13,285**	1,091
Creditors: amounts falling due within one year:	5	**(10,855)**	(1,162)
Net current assets (liabilities):		**2,430**	(71)
Total assets less current liabilities:		**2,594**	295
Total net assets (liabilities):		**2,594**	295
Members' funds			
Profit and loss account:		**2,594**	295
Total members' funds:		**2,594**	295

The notes form part of these financial statements

MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Balance sheet statements

For the year ending 30 June 2024 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on 1 August 2024
and signed on behalf of the board by:

Name: A Bishop
Status: Director

The notes form part of these financial statements

MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Notes to the Financial Statements

for the Period Ended 30 June 2024

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

Turnover policy

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes. Turnover from the sale of goods is recognised when goods have been delivered to customers such that risks and rewards of ownership have transferred to them. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Tangible fixed assets depreciation policy

Tangible assets are included at cost less depreciation and impairment. Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:
Plant & machinery25% straight line
Fixtures & fittings25% straight line
Computer equipment25% straight line

MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Notes to the Financial Statements

for the Period Ended 30 June 2024

2. Employees

	2024	*2023*
Average number of employees during the period	**0**	0

MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Notes to the Financial Statements

for the Period Ended 30 June 2024

3. Tangible assets

	Land & buildings	Plant & machinery	Fixtures & fittings	Office equipment	Motor vehicles	Total
Cost	£	£	£	£	£	£
At 1 July 2023			**382**	**987**		**1,369**
Additions				**160**		**160**
Disposals						
Revaluations						
Transfers						
At 30 June 2024			**382**	**1,147**		**1,529**
Depreciation						
At 1 July 2023			**262**	**741**		**1,003**
Charge for year			**96**	**266**		**362**
On disposals						
Other adjustments						
At 30 June 2024			**358**	**1,007**		**1,365**
Net book value						
At 30 June 2024			**24**	**140**		**164**
At 30 June 2023			**120**	**246**		**366**

4. Debtors

	2024	*2023*
	£	*£*
Other debtors	**4,506**	374
Total	**4,506**	374

Notes to the Financial Statements

for the Period Ended 30 June 2024

5. Creditors: amounts falling due within one year note

	2024	*2023*
	£	**£**
Accruals and deferred income	**10,855**	1,162
Total	**10,855**	1,162

COMMUNITY INTEREST ANNUAL REPORT

MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Company Number: 12640887 (England and Wales)

Year Ending: 30 June 2024

Company activities and impact

Mangang are the network of men who believe that it's not weak to speak. We provide a platform for men across Hampshire who struggle with the pressures of modern day life.
We break down the stigma surrounding mental health.

Mangang host meetings for Men, these have helped remove the negativity around men talking about their issues and show how vital a simple conversation can be.

In September 2023 Mangang hosted the 'Back into the light' night walk to raise funds and awareness of suicide prevention.

In December 2023 we hosted an end of year celebration where members of the ManGang showcased their journeys to wellbeing via speaking, poetry, music and magoc

We host weekly meetings in person and online.

At the end of the year Mangang had 372 members, held 244 in person meetings and 50 walking meetings.

Consultation with stakeholders

The stakeholders are:

-The men that attend the meetings, these are members of the community.
After every meeting we undertake a consulting triage to ascertain the members needs (such as counselling). We issue a quarterly questionnaire that is anonymised to receive feedback.
The only negative feedback that has been received is that some meeting dates do not suit all the members availability. We work to offer alternative solutions for them.
- Construction industry- we work closely with this industry as a 'Beacon of hope' for construction workers.
-We use our experience to support other organisations who have a similar purpose.
- family of the members that we support, we seek to engage them to get involved with various projects and organised walks.

Directors' remuneration

No remuneration was received

Transfer of assets

No transfer of assets other than for full consideration

This report was approved by the board of directors on
1 August 2024

And signed on behalf of the board by:
Name: A Bishop
Status: Director