

MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Company limited by guarantee

**Company Registration Number:
12640887 (England and Wales)**

Unaudited statutory accounts for the year ended 30 June 2023

Period of accounts

Start date: 1 July 2022

End date: 30 June 2023

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MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Directors' report period ended 30 June 2023

The directors present their report with the financial statements of the company for the period ended 30 June 2023

Principal activities of the company

We provide a platform for men across Hampshire who struggle with the pressures of modern day life. The aim of Mangang is to show that no matter your background, you are not alone in suffering from poor mental health and you definitely do not have to feel alone when dealing with it.

Directors

The directors shown below have held office during the whole of the period from
1 July 2022 to 30 June 2023

A Bishop
N Sparks

The director shown below has held office during the period of
1 July 2022 to 2 May 2023

O Martin

The director shown below has held office during the period of
2 May 2023 to 30 June 2023

A Cuffley

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on
4 December 2023

And signed on behalf of the board by:

Name: A Bishop
Status: Director

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Profit And Loss Account for the Period Ended 30 June 2023

	2023	2022
	£	£
Turnover:	0	861
Cost of sales:		(5,673)
Gross profit(or loss):	0	(4,812)
Administrative expenses:	(7,099)	(7,451)
Other operating income:	5,983	13,016
Operating profit(or loss):	(1,116)	753
Profit(or loss) before tax:	(1,116)	753
Tax:	69	(186)
Profit(or loss) for the financial year:	(1,047)	567

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Balance sheet

As at 30 June 2023

	<i>Notes</i>	<i>2023</i>	<i>2022</i>
		<i>£</i>	<i>£</i>
Fixed assets			
Tangible assets:	3	366	708
Total fixed assets:		<u>366</u>	<u>708</u>
Current assets			
Debtors:	4	374	367
Cash at bank and in hand:		716	1,057
Total current assets:		<u>1,090</u>	<u>1,424</u>
Creditors: amounts falling due within one year:	5	(1,162)	(791)
Net current assets (liabilities):		<u>(72)</u>	<u>633</u>
Total assets less current liabilities:		<u>294</u>	<u>1,341</u>
Total net assets (liabilities):		<u>294</u>	<u>1,341</u>
Members' funds			
Profit and loss account:		294	1,341
Total members' funds:		<u>294</u>	<u>1,341</u>

The notes form part of these financial statements

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Balance sheet statements

For the year ending 30 June 2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

**This report was approved by the board of directors on 4 December 2023
and signed on behalf of the board by:**

Name: A Bishop
Status: Director

The notes form part of these financial statements

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Notes to the Financial Statements

for the Period Ended 30 June 2023

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

Turnover policy

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes. Turnover from the sale of goods is recognised when goods have been delivered to customers such that risks and rewards of ownership have transferred to them. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Tangible fixed assets depreciation policy

Plant & machinery 25% straight line
Fixtures & fittings 25% straight line
Computer equipment 25% straight line

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Notes to the Financial Statements for the Period Ended 30 June 2023

2. Employees

	2023	2022
Average number of employees during the period	0	0

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Notes to the Financial Statements

for the Period Ended 30 June 2023

3. Tangible assets

	Land & buildings	Plant & machinery	Fixtures & fittings	Office equipment	Motor vehicles	Total
Cost	£	£	£	£	£	£
At 1 July 2022			382	987		1,369
Additions						
Disposals						
Revaluations						
Transfers						
At 30 June 2023			382	987		1,369
Depreciation						
At 1 July 2022			167	494		661
Charge for year			95	247		342
On disposals						
Other adjustments						
At 30 June 2023			262	741		1,003
Net book value						
At 30 June 2023			120	246		366
At 30 June 2022			215	493		708

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Notes to the Financial Statements for the Period Ended 30 June 2023

4. Debtors

	2023	2022
	£	£
Trade debtors	374	367
Total	<u>374</u>	<u>367</u>

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Notes to the Financial Statements

for the Period Ended 30 June 2023

5. Creditors: amounts falling due within one year note

	2023	2022
	£	£
Taxation and social security		186
Accruals and deferred income	1,152	605
Other creditors	10	
Total	<u>1,162</u>	<u>791</u>

COMMUNITY INTEREST ANNUAL REPORT

MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Company Number: 12640887 (England and Wales)

Year Ending: 30 June 2023

Company activities and impact

Mangang are the network of men who believe that it's not weak to speak. We provide a platform for men across Hampshire who struggle with the pressures of modern day life. We break down the stigma surrounding mental health. Mangang host meetings for Men, these have helped remove the negativity around men talking about their issues and show how vital a simple conversation can be. In September 2022 Mangang hosted the 'Back into the light' night walk to raise funds and awareness of suicide prevention. In December 2022 we hosted an end of year celebration where members of the ManGang showcased their journeys to wellbeing via speaking, poetry, music and magic. We host weekly meetings in person and online. At the end of the year Mangang had 372 members, held 244 in person meetings and 50 walking meetings.

Consultation with stakeholders

The stakeholders are: The men that attend the meetings, these are members of the community. After every meeting we undertake a consulting triage to ascertain the members needs (such as counselling). We issue a quarterly questionnaire that is anonymised to receive feedback. The only negative feedback that has been received is that some meeting dates do not suit all the members availability. We work to offer alternative solutions for them. Construction industry- we work closely with this industry as a 'Beacon of hope' for construction workers. We use our experience to support other organisations who have a similar purpose. Family of the members that we support, we seek to engage them to get involved with various projects and organised walks.

Directors' remuneration

No remuneration was received

Transfer of assets

No transfer of assets other than for full consideration

This report was approved by the board of directors on
4 December 2023

And signed on behalf of the board by:

Name: A Bishop

Status: Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.