

MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Company limited by guarantee

**Company Registration Number:
12640887 (England and Wales)**

Unaudited statutory accounts for the year ended 30 June 2022

Period of accounts

Start date: 1 July 2021

End date: 30 June 2022

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MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Directors' report period ended 30 June 2022

The directors present their report with the financial statements of the company for the period ended 30 June 2022

Principal activities of the company

We provide a platform for men across Hampshire who struggle with the pressures of modern day life. The aim of Mangang is to show that no matter your background, you are not alone in suffering from poor mental health and you definitely do not have to feel alone when dealing with it.

Directors

The directors shown below have held office during the whole of the period from
1 July 2021 to 30 June 2022

A Bishop
O Martin
N Sparks

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on
27 March 2023

And signed on behalf of the board by:

Name: A Bishop
Status: Director

MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Profit And Loss Account for the Period Ended 30 June 2022

	2022	13 months to 30 June 2021
	£	£
Turnover:	861	1,109
Cost of sales:	(5,673)	(1,245)
Gross profit(or loss):	(4,812)	(136)
Administrative expenses:	(7,451)	(11,463)
Other operating income:	13,016	12,373
Operating profit(or loss):	753	774
Profit(or loss) before tax:	753	774
Tax:	(186)	
Profit(or loss) for the financial year:	567	774

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Balance sheet

As at 30 June 2022

	<i>Notes</i>	<i>2022</i>	<i>13 months to 30 June 2021</i>
		£	£
Fixed assets			
Tangible assets:	3	708	960
Total fixed assets:		708	960
Current assets			
Debtors:	4	367	373
Cash at bank and in hand:		1,057	604
Total current assets:		1,424	977
Creditors: amounts falling due within one year:	5	(791)	(1,163)
Net current assets (liabilities):		633	(186)
Total assets less current liabilities:		1,341	774
Total net assets (liabilities):		1,341	774
Members' funds			
Profit and loss account:		1,341	774
Total members' funds:		1,341	774

The notes form part of these financial statements

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Balance sheet statements

For the year ending 30 June 2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

**This report was approved by the board of directors on 27 March 2023
and signed on behalf of the board by:**

Name: A Bishop
Status: Director

The notes form part of these financial statements

MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Notes to the Financial Statements

for the Period Ended 30 June 2022

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

Turnover policy

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes. Turnover from the sale of goods is recognised when goods have been delivered to customers such that risks and rewards of ownership have transferred to them. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Tangible fixed assets depreciation policy

Tangible assets are included at cost less depreciation and impairment. Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives: Plant & machinery 25% straight line Fixtures & fittings 25% straight line Computer equipment 25% straight line

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Notes to the Financial Statements for the Period Ended 30 June 2022

2. Employees

	<i>2022</i>	<i>13 months to 30 June 2021</i>
Average number of employees during the period	0	1

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Notes to the Financial Statements

for the Period Ended 30 June 2022

3. Tangible assets

	Land & buildings	Plant & machinery	Fixtures & fittings	Office equipment	Motor vehicles	Total
Cost	£	£	£	£	£	£
At 1 July 2021			292	987		1,279
Additions			90			90
Disposals						
Revaluations						
Transfers						
At 30 June 2022			382	987		1,369
Depreciation						
At 1 July 2021			72	247		319
Charge for year			95	247		342
On disposals						
Other adjustments						
At 30 June 2022			167	494		661
Net book value						
At 30 June 2022			215	493		708
At 30 June 2021			220	740		960

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Notes to the Financial Statements

for the Period Ended 30 June 2022

4. Debtors

	<i>2022</i>	<i>13 months to 30 June 2021</i>
	<i>£</i>	<i>£</i>
Other debtors	367	373
Total	<u>367</u>	<u>373</u>

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Notes to the Financial Statements

for the Period Ended 30 June 2022

5. Creditors: amounts falling due within one year note

	<i>2022</i>	<i>13 months to 30 June 2021</i>
	<i>£</i>	<i>£</i>
Taxation and social security	186	0
Accruals and deferred income	605	1,152
Other creditors		11
Total	<u>791</u>	<u>1,163</u>

COMMUNITY INTEREST ANNUAL REPORT

MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Company Number: 12640887 (England and Wales)

Year Ending: 30 June 2022

Company activities and impact

Mangang are the network of men who believe that it's not weak to speak. We provide a platform for men across Hampshire who struggle with the pressures of modern-day life. We break down the stigma surrounding mental health. Mangang host weekly peer support meetings for Men, these have helped remove the negativity around men talking about their issues and show how vital a simple conversation can be. In September 2021 Mangang hosted the 'Back into the light' night walk to raise funds and awareness of suicide prevention. We host weekly meetings in person and online. These are a mixture of activity workshops, walking and talking and community projects, eg gardening, assistance to less able members of the local community, talks and workshops with stakeholders such as local military units, veterans organisations and local businesses. At the end of the year Mangang had 454 members, held 260 in person meetings and 52 remote meetings and 56 social walking events.

Consultation with stakeholders

The stakeholders are:- The men that attend the meetings, these are members of the community.- families bereaved by male suicide. Follow ups occur after every meeting with each of the group facilitators. We undertake a consulting triage to ascertain the members needs (such as therapies or counselling). We issue a quarterly anonymous questionnaire to all our members and facilitators to receive feedback. The only negative feedback that has been received is that some meeting dates do not suit all the members availability. We work to offer alternative solutions for them such as meetings on the weekends and online - we currently offer four venues where meetings take place every week to all our members.- Lighthouse Club Construction Industry Charity- we work closely with the Lighthouse Club and worked in partnership to launch a national 'Beacon of hope' network with a focus on educating and supporting the construction industry.- We use our experience in the male peer support space to provide advice and guidance to other organisations who have a similar purpose to ours. We support the immediate families of our members by engaging with them to get involved with various projects and organised activities.- We offer counselling services and signposting to other support services for families of men who have died by suicide.

Directors' remuneration

No remuneration was received

Transfer of assets

No transfer of assets other than for full consideration

This report was approved by the board of directors on
28 March 2023

And signed on behalf of the board by:

Name: A Bishop

Status: Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.