MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Company limited by guarantee

Company Registration Number:
12640887 (England and Wales)

Unaudited statutory accounts for the year ended 30 June 2021

Period of accounts

Start date: 2 June 2020

End date: 30 June 2021

MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Contents of the Financial Statements

for the Period Ended 30 June 2021

MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Directors' report period ended 30 June 2021

The directors present their report with the financial statements of the company for the period ended 30 June 2021

Principal activities of the company

We provide a platform for men across Hampshire who struggle with the pressures of modern day life.The aim of Mangang is to show that no matter your background, you are not alone in suffering from poor mental health and youdefinitely do not have to feel alone when dealing with it.

Directors

The directors shown below have held office during the whole of the period from
2 June 2020 to 30 June 2021

A Bishop
O Martin
N Sparks

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on
1 March 2022

And signed on behalf of the board by:
Name: A Bishop
Status: Director

MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Profit And Loss Account

for the Period Ended 30 June 2021

	13 months to 30 June 2021
	£
Turnover:	**1,109**
Cost of sales:	**(1,245)**
Gross profit(or loss):	**(136)**
Administrative expenses:	**(11,463)**
Other operating income:	**12,373**
Operating profit(or loss):	774
Profit(or loss) before tax:	774
Profit(or loss) for the financial year:	774

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Balance sheet

As at 30 June 2021

	Notes	*13 months to 30 June 2021*
		£
Fixed assets		
Tangible assets:	3	**960**
Total fixed assets:		**960**
Current assets		
Debtors:	4	**373**
Cash at bank and in hand:		**604**
Total current assets:		**977**
Creditors: amounts falling due within one year:	5	**(1,163)**
Net current assets (liabilities):		**(186)**
Total assets less current liabilities:		**774**
Total net assets (liabilities):		**774**
Members' funds		
Profit and loss account:		**774**
Total members' funds:		**774**

The notes form part of these financial statements

MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Balance sheet statements

For the year ending 30 June 2021 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on 1 March 2022
and signed on behalf of the board by:

Name: A Bishop
Status: Director

The notes form part of these financial statements

MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Notes to the Financial Statements

for the Period Ended 30 June 2021

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

Tangible fixed assets depreciation policy

Tangible assets are included at cost less depreciation and impairment. Depreciation has been provided at the following rates inorder to write off the assets over their estimated useful lives:Plant & machinery 25% straight lineFixtures & fittings 25% straight lineComputer equipment 25% straight line

Other accounting policies

Basis of preparationThe accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.Presentation currencyThe accounts are presented in £ sterling.

Notes to the Financial Statements

for the Period Ended 30 June 2021

2. Employees

	13 months to 30 June 2021
Average number of employees during the period	1

MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Notes to the Financial Statements

for the Period Ended 30 June 2021

3. Tangible assets

	Land & buildings	Plant & machinery	Fixtures & fittings	Office equipment	Motor vehicles	Total
Cost	£	£	£	£	£	£
Additions			**292**	**987**		**1,279**
Disposals						
Revaluations						
Transfers						
At 30 June 2021			**292**	**987**		**1,279**
Depreciation						
Charge for year			**72**	**247**		**319**
On disposals						
Other adjustments						
At 30 June 2021			**72**	**247**		**319**
Net book value						
At 30 June 2021			**220**	**740**		**960**

Notes to the Financial Statements

for the Period Ended 30 June 2021

4. Debtors

	13 months to 30 June 2021
	£
Other debtors	**373**
Total	**373**

Notes to the Financial Statements

for the Period Ended 30 June 2021

5. Creditors: amounts falling due within one year note

	13 months to 30 June 2021
	£
Accruals and deferred income	**1,152**
Other creditors	**11**
Total	**1,163**

COMMUNITY INTEREST ANNUAL REPORT

MANGANG UK (ITS NOT WEAK TO SPEAK) CIC

Company Number: 12640887 (England and Wales)

Year Ending: 30 June 2021

Company activities and impact

Mangang are the network of men who believe that it's not weak to speak. We provide a platform for men across Hampshire who struggle with the pressures of modern day life.We break down the stigma surrounding mental health. Mangang host meetings for Men, these have helped remove the negativity around men talking about their issues and show how vital a simple conversation can be.In September 2020 Mangang hosted the 'Back into the light' night walk to raise funds and awareness of suicide prevention.We host weekly meetings in person and online.At the end of the year Mangang had 154 members, held 244 in person meetings and 350 zoom meetings.

Consultation with stakeholders

The stakeholders are:1. The men that attend the meetings, these are members of the community.After every meeting we undertake a consulting triage to ascertain the members needs (such as counselling). We issue a quarterly questionnaire that is anonymised to receive feedback. The only negative feedback that has been received is that some meeting dates do not suit all the members availability. We work to offer alternative solutions for them.2. Construction industry- we work closely with this industry as a 'Beacon of hope' for construction workers. 3. We use our experience to support other organisations who have a similar purpose.4.family of the members that we support, we seek to engage them to get involved with various projects and organised walks.

Directors' remuneration

A Bishop received £1,440 as remuneration.

Transfer of assets

No transfer of assets other than for full consideration

This report was approved by the board of directors on
1 March 2022

And signed on behalf of the board by:
Name: A Bishop
Status: Director