

PORTOBELLO HEALTH FOODS LTD
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2024

PORTOBELLO HEALTH FOODS LTD
UNAUDITED ACCOUNTS
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PORTOBELLO HEALTH FOODS LTD
COMPANY INFORMATION
FOR THE YEAR ENDED 31 DECEMBER 2024

Director	Cesar Manuel Nogueira Da Silva
Company Number	11729708 (England and Wales)
Registered Office	31 GREENWOOD TERRACE LONDON NW10 8PJ ENGLAND
Accountants	'Evolve Accounting and Tax Solutions Ltd' Congress House 14 Lyon Road Harrow Middlesex HA1 2EN

PORTOBELLO HEALTH FOODS LTD
STATEMENT OF FINANCIAL POSITION
AS AT 31 DECEMBER 2024

	Notes	2024 £	2023 £
Fixed assets			
Intangible assets	<u>4</u>	16,148	20,186
Tangible assets	<u>5</u>	15,000	16,367
		<u>31,148</u>	<u>36,553</u>
Current assets			
Inventories		2,050	1,750
Debtors	<u>6</u>	50,197	57,254
Cash at bank and in hand		86,778	183,742
		<u>139,025</u>	<u>242,746</u>
Creditors: amounts falling due within one year	<u>7</u>	(79,279)	(70,374)
Net current assets		<u>59,746</u>	<u>172,372</u>
Total assets less current liabilities		90,894	208,925
Creditors: amounts falling due after more than one year	<u>8</u>	(8,565)	(98,565)
Net assets		<u>82,329</u>	<u>110,360</u>
Capital and reserves			
Called up share capital	<u>9</u>	10	10
Profit and loss account		82,319	110,350
Shareholders' funds		<u>82,329</u>	<u>110,360</u>

For the year ending 31 December 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

The financial statements were approved by the Board and authorised for issue on 12 September 2025 and were signed on its behalf by

Cesar Manuel Nogueira Da Silva
Director

Company Registration No. 11729708

PORTOBELLO HEALTH FOODS LTD
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2024

1 Statutory information

Portobello Health Foods Ltd is a private company, limited by shares, registered in England and Wales, registration number 11729708. The registered office is 31 GREENWOOD TERRACE, LONDON, NW10 8PJ, ENGLAND.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

Tangible fixed assets and depreciation

Tangible assets are included at cost less depreciation and impairment. Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:

Plant & machinery	20% reducing balance
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Intangible fixed assets

Intangible fixed assets (including purchased goodwill and patents) are included at cost less accumulated amortisation. Goodwill is being amortised over 10 years

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes. Turnover from the sale of goods is recognised when goods have been delivered to customers such that risks and rewards of ownership have transferred to them. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Pension costs

The company operates a defined contribution scheme for the benefit of its employees. Contributions payable are recognised in the profit and loss account when due.

PORTOBELLO HEALTH FOODS LTD
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2024

4 Intangible fixed assets

Goodwill
£

Cost

At 1 January 2024 40,375

At 31 December 2024 40,375

Amortisation

At 1 January 2024 20,189

Charge for the year 4,038

At 31 December 2024 24,227

Net book value

At 31 December 2024 16,148

At 31 December 2023 20,186

5 Tangible fixed assets

**Plant &
machinery**
£

Cost or valuation

At 1 January 2024 49,580

Additions 2,200

At 31 December 2024 51,780

Depreciation

At 1 January 2024 33,213

Charge for the year 3,567

At 31 December 2024 36,780

Net book value

At 31 December 2024 15,000

At 31 December 2023 16,367

6 Debtors

2024

2023

£

£

Amounts falling due within one year

Trade debtors - 6,739

Accrued income and prepayments 17,254 16,250

Other debtors 32,943 34,265

50,197 57,254

PORTOBELLO HEALTH FOODS LTD
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2024

7 Creditors: amounts falling due within one year	2024	2023
	£	£
Bank loans and overdrafts	10,000	10,000
VAT	4,920	5,770
Trade creditors	7,019	11,131
Taxes and social security	2,006	6,143
Loans from directors	55,334	37,330
	<u>79,279</u>	<u>70,374</u>
	<u><u>79,279</u></u>	<u><u>70,374</u></u>
8 Creditors: amounts falling due after more than one year	2024	2023
	£	£
Bank loans	8,565	18,565
Other creditors	-	80,000
	<u>8,565</u>	<u>98,565</u>
	<u><u>8,565</u></u>	<u><u>98,565</u></u>
9 Share capital	2024	2023
	£	£
Allotted, called up and fully paid:		
10 Ordinary shares of £1 each	10	10
	<u>10</u>	<u>10</u>
	<u><u>10</u></u>	<u><u>10</u></u>

10 Average number of employees

During the year the average number of employees was 5 (2023: 5).

