REGISTERED NUMBER: 10936607 (England and Wales)

BRAIN BODY WEALTH LTD

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 AUGUST 2025

BRAIN BODY WEALTH LTD (REGISTERED NUMBER: 10936607)

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FOR THE YEAR ENDED 31 AUGUST 2025

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BRAIN BODY WEALTH LTD

COMPANY INFORMATION
FOR THE YEAR ENDED 31 AUGUST 2025

DIRECTOR:	G McLaven
REGISTERED OFFICE:	22 St Pauls Drive Chatteris Cambridgeshire PE16 6DG
REGISTERED NUMBER:	10936607 (England and Wales)
ACCOUNTANTS:	Thompson Balch Limited Chartered Accountants Sovereign House 15 Towcester Road Old Stratford Milton Keynes MK19 6AN

BALANCE SHEET
31 AUGUST 2025

	Notes	2025 £	£	2024 £	£
FIXED ASSETS					
Tangible assets	4		**2,636**		3,294
CURRENT ASSETS					
Debtors	5	**15,202**		6,334	
Cash at bank and in hand		**11,635**		8,495	
		26,837		14,829	
CREDITORS					
Amounts falling due within one year	6	**12,099**		7,257	
NET CURRENT ASSETS			**14,738**		7,572
TOTAL ASSETS LESS CURRENT LIABILITIES			**17,374**		10,866
PROVISIONS FOR LIABILITIES			**501**		626
NET ASSETS			**16,873**		10,240
CAPITAL AND RESERVES					
Called up share capital			**100**		100
Retained earnings			**16,773**		10,140
SHAREHOLDERS' FUNDS			**16,873**		10,240

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 August 2025 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The notes form part of these financial statements

BALANCE SHEET - continued
31 AUGUST 2025

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Statement of Income and Retained Earnings has not been delivered.

The financial statements were approved by the director and authorised for issue on 29 October 2025 and were signed by:

G McLaven - Director

The notes form part of these financial statements

1. STATUTORY INFORMATION

Brain Body Wealth Ltd is a private company, limited by shares , registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

The financial statements are presented in sterling which is the functional currency of the company and rounded to the nearest £.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements
These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover
Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 20% on reducing balance
Computer equipment	- 20% on reducing balance

Taxation
Taxation for the year comprises current and deferred tax. Tax is recognised in the Statement of Income and Retained Earnings, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Hire purchase and leasing commitments
Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits
The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was 1 (2024 - 1) .

4. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 September 2024 and 31 August 2025	**947**	**3,695**	**4,642**
DEPRECIATION			
At 1 September 2024	**267**	**1,081**	**1,348**
Charge for year	**136**	**522**	**658**
At 31 August 2025	**403**	**1,603**	**2,006**
NET BOOK VALUE			
At 31 August 2025	**544**	**2,092**	**2,636**
At 31 August 2024	680	2,614	3,294

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade debtors	**15,202**	6,334

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Taxation and social security	**10,101**	5,854
Other creditors	**1,998**	1,403
	12,099	7,257

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.