

**PSYCHOLOGICALLY LTD.
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2026**

Psychologically Ltd.
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Psychologically Ltd.
Balance Sheet
As At 31 March 2026

Registered number: 10831721

		2026		2025	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible Assets	4		2,522		2,124
			2,522		2,124
CURRENT ASSETS					
Debtors	5	257	-		
Cash at bank and in hand		50,768	61,039		
		51,025	61,039		
Creditors: Amounts Falling Due Within One Year	6	(37,064)	(38,707)		
NET CURRENT ASSETS (LIABILITIES)			13,961		22,332
TOTAL ASSETS LESS CURRENT LIABILITIES			16,483		24,456
PROVISIONS FOR LIABILITIES					
Deferred Taxation			(479)		(337)
NET ASSETS			16,004		24,119
CAPITAL AND RESERVES					
Called up share capital	7		100		100
Profit and Loss Account			15,904		24,019
SHAREHOLDERS' FUNDS			16,004		24,119

Psychologically Ltd.
Balance Sheet (continued)
As At 31 March 2026

For the year ending 31 March 2026 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The company has taken advantage of section 444(1) of the Companies Act 2006 and opted not to deliver to the registrar a copy of the company's Profit and Loss Account.

On behalf of the board

Ms E C Warrilow

Director

29 April 2026

The notes on pages 3 to 4 form part of these financial statements.

Psychologically Ltd.
Notes to the Financial Statements
For The Year Ended 31 March 2026

1. General Information

Psychologically Ltd. is a private company, limited by shares, incorporated in England & Wales, registered number 10831721. The registered office is CHP Accountants Clifton House, Four Elms Road, Cardiff, CF24 1LE.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared under the historical cost convention and in accordance with Financial Reporting Standard 102 section 1A Small Entities "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

2.2. Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the rendering of services. Turnover is reduced for customer returns, rebates and other similar allowances.

2.3. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Plant & Machinery	25% reducing balance
Fixtures & Fittings	15% reducing balance

2.4. Taxation

Income tax expense represents the sum of the tax currently payable and deferred tax.

The tax currently payable is based on taxable profit for the year. Taxable profit differs from profit as reported in the statement of comprehensive income because of items of income or expense that are taxable or deductible in other years and items that are never taxable or deductible. The company's liability for current tax is calculated using tax rates that have been enacted or substantively enacted by the end of the reporting period.

Current and deferred tax are recognised in profit or loss for the year, except when they relate to items that are recognised in other comprehensive income or directly in equity, in which case current and deferred tax are recognised in other comprehensive income or directly in equity respectively.

3. Average Number of Employees

Average number of employees, including directors, during the year was: 1 (2025: 1)

Psychologically Ltd.
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2026

4. Tangible Assets

	Plant & Machinery	Fixtures & Fittings	Total
	£	£	£
Cost			
As at 1 April 2025	6,443	2,465	8,908
Additions	1,041	-	1,041
As at 31 March 2026	<u>7,484</u>	<u>2,465</u>	<u>9,949</u>
Depreciation			
As at 1 April 2025	5,231	1,553	6,784
Provided during the period	368	275	643
As at 31 March 2026	<u>5,599</u>	<u>1,828</u>	<u>7,427</u>
Net Book Value			
As at 31 March 2026	<u>1,885</u>	<u>637</u>	<u>2,522</u>
As at 1 April 2025	<u>1,212</u>	<u>912</u>	<u>2,124</u>

5. Debtors

	2026	2025
	£	£
Due within one year		
Other taxes and social security	257	-
	<u>257</u>	<u>-</u>

6. Creditors: Amounts Falling Due Within One Year

	2026	2025
	£	£
Trade creditors	105	101
Other tax and social security	4,283	6,342
Accruals and deferred income	1,300	1,200
Director's loan account	31,376	31,064
	<u>37,064</u>	<u>38,707</u>

7. Share Capital

	2026	2025
	£	£
Allotted, called up and fully paid		
100 Ordinary Shares of £ 1.00 each	<u>100</u>	<u>100</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.