

Popeth Pilates Limited

Annual Report and Unaudited Financial Statements
for the Year Ended 31 January 2023

Popeth Pilates Limited
(Registration number: 09936708)
Balance Sheet as at 31 January 2023

	2023 £	2022 £
Fixed assets	2,305	2,305
Current assets	-	33
Creditors: Amounts falling due within one year	(2,581)	(2,615)
Net current liabilities	(2,581)	(2,582)
Total assets less current liabilities	(276)	(277)
Accruals and deferred income	(496)	(496)
	(772)	(773)
Capital and reserves	(772)	(773)

1 General information

The company is a private company limited by share capital, incorporated in United Kingdom.

The address of its registered office is:

Keepers Lodge
Star
Gaerwen
Anglesey
LL60 6AS

These financial statements were authorised for issue by the director on 19 October 2023.

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime'.

2 Staff numbers

The average number of persons employed by the company (including the director) during the year, was 0 (2022 - 0).

For the financial year ending 31 January 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

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Balance Sheet as at 31 January 2023

Approved and authorised by the director on 19 October 2023

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Miss Nerys Jones
Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.