

Popeth Pilates Limited

Annual Report and Unaudited Financial Statements
for the Year Ended 31 January 2022

Popeth Pilates Limited
(Registration number: 09936708)
Balance Sheet as at 31 January 2022

	2022 £	2021 £
Fixed assets	2,305	2,305
Current assets	33	75
Creditors: Amounts falling due within one year	(2,615)	(2,081)
Net current liabilities	(2,582)	(2,006)
Total assets less current liabilities	(277)	299
Accruals and deferred income	(496)	(384)
	(773)	(85)
Capital and reserves	(773)	(85)

1 General information

The company is a private company limited by share capital, incorporated in United Kingdom.

The address of its registered office is:

Keepers Lodge
Star
Gaerwen
Anglesey
LL60 6AS

These financial statements were authorised for issue by the director on 31 October 2022.

Basis of preparation

These financial statements have been prepared in accordance with Financial Reporting Standard 102 Section 1A smaller entities - 'The Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland' and the Companies Act 2006 (as applicable to companies subject to the small companies' regime). The financial statements have been prepared under the historical cost convention and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime'.

2 Staff numbers

The average number of persons employed by the company (including the director) during the year, was 0 (2021 - 0).

For the financial year ending 31 January 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

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These financial statements have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Approved and authorised by the director on 31 October 2022

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Miss Nerys Jones

Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.