

**OUTLINE HEALTH & FITNESS LTD
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

Qayyum & Zain Limited
Chartered Certified Accountants
6-10 High Street
Bolton
Lancashire
BL3 6TA

Outline Health & Fitness Ltd
Balance Sheet
As At 31 December 2022

Registered number: 9912708

	2022	2021
	£	£
Fixed assets	10,894	11,997
Current assets	17,962	40,662
Creditors: Amounts Falling Due Within One Year	(8,292)	(36,083)
NET CURRENT ASSETS	9,670	4,579
TOTAL ASSETS LESS CURRENT LIABILITIES	20,564	16,576
Accruals and deferred income	(2,425)	(1,375)
NET ASSETS	18,139	15,201
CAPITAL AND RESERVES	18,139	15,201

Notes

1. General Information

Outline Health & Fitness Ltd is a private company, limited by shares, incorporated in England & Wales, registered number 9912708 . The registered office is Unit 11-14 Lever House, Lever House, Bolton, Lancashire, BL3 6NY.

2. Average Number of Employees

Average number of employees, including directors, during the year was as follows: 3 (2021: 3)

For the year ending 31 December 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

Mr Wasim Iqbal Raja

Director

10/11/2023

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.