Registration number: 09893408

My Active Life Limited

Annual Report and Unaudited Financial Statements
for the Year Ended 31 March 2018

Composure Accounting & Taxation Limited
Chartered Accountants | Chartered Tax Advisers
Wildens
Coneyhurst Road
Billingshurst
West Sussex
RH14 9DE

My Active Life Limited

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My Active Life Limited

Company Information

Directors	KL Stanton NCS Stanton
Registered office	Fairlands Hayes Lane Slinfold Horsham West Sussex RH13 0SQ
Accountants	Composure Accounting & Taxation Limited Chartered Accountants | Chartered Tax Advisers Wildens Coneyhurst Road Billingshurst West Sussex RH14 9DE

My Active Life Limited

(Registration number: 09893408)
Balance Sheet as at 31 March 2018

	2018 £	2017 £
Fixed assets	1,039	1,516
Current assets	2,571	8,130
Prepayments and accrued income	64	46
Creditors: Amounts falling due within one year	(2,595)	(8,393)
Net current assets/(liabilities)	40	(217)
Total assets less current liabilities	1,079	1,299
Accruals and deferred income	(980)	(1,181)
	99	118
Capital and reserves	99	118

1 General information

The company is a private company limited by share capital, incorporated in England and Wales.

The address of its registered office is:
Fairlands Hayes Lane
Slinfold
Horsham
West Sussex
RH13 0SQ
United Kingdom

These financial statements were authorised for issue by the Board on 1 August 2018.

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime'.

These financial statements have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

For the financial year ending 31 March 2018 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

My Active Life Limited

(Registration number: 09893408)
Balance Sheet as at 31 March 2018

Approved and authorised by the Board on 1 August 2018 and signed on its behalf by:

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KL Stanton

Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.