Registered number: 09856435

BETTER BODY TRAINING LIMITED
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 NOVEMBER 2024

Square Mile Accounting Limited

Better Body Training Limited
Balance Sheet
As At 30 November 2024

Registered number: 09856435

	2024	2023
	£	£
Fixed assets	313	578
Current assets	25,930	15,728
Creditors: Amounts Falling Due Within One Year	(5,256)	(5,374)
NET CURRENT ASSETS	20,674	10,354
TOTAL ASSETS LESS CURRENT LIABILITIES	20,987	10,932
Accruals and deferred income	(908)	(908)
NET ASSETS	20,079	10,024
CAPITAL AND RESERVES	20,079	10,024

Notes

1. **General Information**

Better Body Training Limited is a private company, limited by shares, incorporated in England & Wales, registered number 09856435 . The registered office is Barn Elms Rose Hill, Porthtowan, Truro, TR4 8GJ.

2. **Average Number of Employees**

Average number of employees, including directors, during the year was: 1 (2023: 1)

For the year ending 30 November 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

On behalf of the board

Mrs Joanne Everill-Taylor

Director

10th March 2025

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.