

Registered Number 09855821

SLEEP AND BEYOND LIMITED

Abbreviated Accounts

30 November 2016

Abbreviated Balance Sheet as at 30 November 2016

	Notes	2016 £
Fixed assets		
Tangible assets	2	1,238
		<u>1,238</u>
Current assets		
Stocks		143,452
Cash at bank and in hand		78,420
		<u>221,872</u>
Creditors: amounts falling due within one year		<u>(253,966)</u>
Net current assets (liabilities)		<u>(32,094)</u>
Total assets less current liabilities		<u>(30,856)</u>
Total net assets (liabilities)		<u><u>(30,856)</u></u>
Capital and reserves		
Called up share capital	3	10
Profit and loss account		(30,866)
Shareholders' funds		<u><u>(30,856)</u></u>

- For the year ending 30 November 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 3 August 2017

And signed on their behalf by:

Nadeem Ashraf MALIK, Director

Notes to the Abbreviated Accounts for the period ended 30 November 2016

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents sales (net of vat).

2 Tangible fixed assets

	£
Cost	
Additions	1,238
Disposals	-
Revaluations	-
Transfers	-
At 30 November 2016	<u>1,238</u>
Depreciation	
Charge for the year	-
On disposals	-
At 30 November 2016	<u>-</u>
Net book values	
At 30 November 2016	<u><u>1,238</u></u>

3 Called Up Share Capital

Allotted, called up and fully paid:

	2016
	£
10 Ordinary shares of £1 each	10

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